

#### The Voice of Newcomers

Newcomers of Catawba Valley 2425 North Center St #169 Hickory, NC 28601

Web: www.newcomersofcv.org

June 2022



Cathi Montgomery Newcomers President

Hello Newcomers!

Seems like May just flew by and we're already in June. I hope the summer months slow down so we can enjoy all the wonderful things a North Carolina summer offers.

May was a very exciting month for activities and fun. The Kentucky Derby Party was a blast! All the hats and bowties were fantastic! The annual picnic, although hot, was a huge success with many members enjoying great food and

fellowship. There was also a informative field trip to the Shining Hope Farm, the monthly Beer, and Wine Tasting, and so many other activities. I hope you were able to partake in these wonderful events. Our newsletter highlights the fun with some great photos.

There is many more fun events scheduled for June. Murray's Mill is scheduled for June 2<sup>nd</sup>. Check the newsletter and Newcomer's calendar for more upcoming events. Amy Chizen will keep you informed.

If you would like to start a new event, or host a one-time event, please contact the Board of Director's. New events are always welcome.

Our next **General meeting** will be held on **Wednesday, June 8, 2022**, at 10:30 AM at the Hickory Airport meeting room. After our business meeting, we will be taking a tour of the Hickory Airport Aviation Museum.





Take a look at our activities for the month! We are a very active Newcomers organization with so much to choose from. We hope to have you join us!

June 2 Murray's Mill Trip

June 3 Stitch and Bitch

June 7 Canasta

June 8 General Meeting

June 9 Lunch Out

June 10 Iced Tea Day

June 19 Father's Day

June 21 Longest Day of the Year

June 23 Samba

June 24 Coffee & Conversation

June 28 The Outreach Center

July 7 Blueberry Picking

July 12 Trader Joe's Trip to W.S.

July 16 Annual Pool Party

July 27 Book Club

Sept 15 Pontoon Party

Please review our list of Sponsors and use them where you can. Also, when you use our SPONSORS, please let them know you are from Newcomers. This tells them that their sponsorship is worthwhile. If you know any businesses that could be Sponsors, please contact Kevin McCutcheon.

As always....stay safe and healthy.... Happy Summer! Enjoy the newsletter! Hope to see you soon!

Cathi Montgomery Newcomers of Catawba Valley President

### Volunteer Opportunities

Do you enjoy playing games? Are you willing to help organize the event? If so, please consider signing up to chair one of the following games!

**CANASTA AND GAMES DAY** 

**DOMINOES** 

MAH JONGG (IN-PERSON GAMES)

**SAMBA DAY (needed for May - September)** 

SAMBA AND GAMES NIGHT

Contact Cathi Montgomery at <a href="mailto:cathimontgomery@aol.com">cathimontgomery@aol.com</a> if willing to help!





#### Officers, Directors, Activity Chairs and Committees 2022

Position
President
Vice President
Treasurer
Secretary
Past President
Amy Chizen
Nancy Geiger
Adra Kryszczuk
Kathy Kuehn
Chair
Laura Moran
Vince LeGrand
Gloria Berg
* * * * * * Position Available * * * * *
Adra Kryszczuk, Addie and Lonny McSherley
Nancy Geiger
Sheri Binning
* * * * * * Position Available * * * * *
Amy Chizen (chair), Cyd Acolia, Chris Beckom, Dottie Demarest, Shari Kidd, Jon Kiser, Kevin McCutcheon, Audrey Rozzelle, Sharon Snellings and Paige Straley.
Bob Jones
Sharon Snellings, Carol Sawicki, Judy Dostall
Francine Gissy (May-Oct.), ***Position Available***(NovApr.)
* * * * * * Position Available * * * * *
Rob Herman
Sandi Johnson, Hazel Poppe
Susan Mata
Kathy Kuehn
Amy Chizen
Michele LeGrand
Elizabeth Strickland (AprSep.), ***Position Available***(OctMar.)
Audrey Rozzelle
Vince LeGrand
Kevin McCutcheon
Jon Kiser * (co-chair)
Adra Kryszczuk (site and calendar), Greg Gervasio (site advisor)

#### Flag Day June 14, 2022

Flag Day is observed on June 14 to honor and commemorate the adoption of the American flag which occurred on this day in 1777 by the Second Continental Congress. The United States Army also celebrates its birthday on this day. One year earlier the United States declared Independence from Great Britain with the signing of the Declaration of Independence on July 4, 1776.



On Father's Day, June 19, 2022 we celebrate our fathers with cards, gifts, brunches, and well wishes. The idea for a Father's Day started to take hold in the beginning of the 1900s when Sonora Smart Dodd wanted to celebrate her own father, who had been born in June, after hearing of the newly-minted celebration of mothers for Mother's Day. That first unofficial Father's Day celebration took place in Spokane, Washington, on June 19, 1910, but it would take another 62 years—when it was recognized as an official holiday by President Richard M. Nixon in 1972—before the holiday became a real American tradition.





In 2022, the summer solstice will take place on Tuesday, June 21. This will officially mark the beginning of this season in the Northern Hemisphere and will become the longest day of the year. However, this doesn't mean that the day will have more hours, but that there will be a bigger difference in duration between day and night.



### Greetings from the Special Events Committee

We are slowing down a bit for the summer! We are aware of the heat and humidity, so, our general rule for outdoor events regarding the weather is that if it will be over 90 degrees, or more than a 30% chance of rain, the outing will not happen. If you have signed up for an activity, you will receive an email if we need to cancel. Our list of activities includes some outside adventures as well as some inside visits and happenings. Pick and choose what is to your liking and we hope to see you over the next couple months.

The **Monthly Beer & Wine Tasting** will be taking a hiatus at this point. If someone else would like to take this on, I'd be happy to assist them.

Thursday, June 2<sup>nd</sup> – Road Trip to Murray's Mill and the Covered Bridge. See flyer below.

Thursday, July 7<sup>th</sup> – Rain Date Friday, July 8<sup>th</sup> - Blueberry Picking – Who can resist these plump, juicy,



sweet berries throughout the summer? Some of us freeze them and enjoy them for months to come! We are meeting at Campbell's Farm in Bethlehem at 9:00 AM. Besides Pick-Your-Own Blueberries, there's a variety of produce and specialty items to purchase. Watch your email as the date gets closer for all the details!

**Tuesday, July 12**<sup>th</sup> – **Trip to Trader Joe's** – Let's hit the road and do some shopping! Some of our members miss the Trader Joe's store they had to leave behind. Some of our members only had a rare opportunity to shop there. Unfortunately, there isn't a Trader Joe's in the Hickory area, but what's to stop us from driving about an hour to one? Let's do it! We will carpool to Winston-Salem, have lunch at a restaurant near the store, then head to Trader Joe's! Check out the attached flyer.



**Saturday, July 16<sup>th</sup> – Pool and Hot Tub Party** at the LeGrand's'! Join us around the pool, in the pool, or just around the picnic tables for an evening of fun and relaxation. Vince and Michele Legrand have a wonderful set-up for this event, and we are fortunate to have them open their home again this year. For those who have been before you know what a great time this is. For those of you who have missed it in

the past, or are newer members, plan to be there can join a group in the warm pool, or maybe try hot tub instead! Either way you are sure to enjoy also plenty of room around the pool to sit and chat with those who have taken the plunge. As always, there are picnic tables on the deck, plenty of good food, great music in the background, and lots of folks to catch up with or get to know. Look for the details coming soon but put this event on your calendar now, so you don't miss it!



#### Activities being worked on for August include:

**Catawba County Historical Museum tour** 

**Billy Graham Library Trip** 

**Wine & Paint Party** 





#### Other activities that are definite for this year include:

Tubing – September \*\*\* Pontoon Party – September 15 \*\*\* Afternoon Tea – October \*\*\* Soup/Chili Cook-off and a hike – November

If any of these activities sound like something you would be willing to help out with, please get in touch with me. We can always use help bringing items to a venue, checking folks in, accepting RSVPs, coordinating food, etc.

#### See you out and about!

Amy Chizen SEC Chair







### And it's already Memorial Day Weekend!! Our trip to Murray's Mill will be on Thursday, June 2nd, beginning at the Bunker Hill Covered Bridge.

IMPORTANT!!! The weather could be an issue on this one! Our policy on trips is that if the temperature is expected to be over 90 degrees, and/or there is more than a 30% chance of rain, an outdoor trip is cancelled. As of 11:30 AM today, May 28th, the predicted temperature in Catawba, NC, for that day is 92 degrees, with a 32% chance of rain. I'll keep my eye on the forecast and we'll see what happens.

Because of the nature of this activity, you are welcome to RSVP until 5:00 PM on Wednesday, June 1st. By that time, we will know if it's a go or no-go. For more information, please see the flyer below.

#### Take a trip back in time...

#### Bunker Hill Covered Bridge and Murray's Mill, Catawba, NC

On Thursday, June 2<sup>nd</sup> we will meet up at the Hickory Airport (side) parking lot



at 11:00 AM with a push off time of 11:15 AM, to begin our trek back in time. Our first stop will be Bunker Hill Covered Bridge, which is one of two covered bridges left in NC. It was built in 1895 by Andrew Loretz Ramsour in Claremont, NC, and crosses Lyle Creek.

After exploring the bridge, we will enjoy a picnic lunch in the shade by the Lyle Creek where there are plenty of picnic tables to use. Please bring your own lunch with you, including drinks.

From there, our caravan will continue to Murray's Mill, about 10 minutes down the road. The Murray and Minges General Store is also on the property and open.





Our group has a guided tour scheduled for 1:00 PM. The tour takes about an hourPlease note there are stairs and there will be a lot of standing, but not much
walking. The entrance fee is \$10 with the tour, or \$7 without, and veterans are
always free. Preserved intact are the 1913 mill itself, the 1890s Murray & Minges
General Store, the 1880s Wheathouse, and the 1913 John Murray House, furnished
to the period, and numerous outbuildings. Run by three generations of the Murray
Family, who closed operations in 1967, this is the last milling complex in the
county, meticulously preserved and interpreted by the Catawba County Historical
Association since 1980 when restorations began.

If you are up for a walk, there are 3 trails that wind around the area. None are more than 1 mile. You may want to try these out!

**To wrap up our day,** we'll take advantage of the ice cream parlor in the General Store! Enjoy an ice cream cone, the shaded seats, and the calming sound of the waterfall. What a delightful way to end the trip!

We should return to the Hickory Airport between 3:30 PM and 4:00 PM.

Please RSVP to <u>chizenamy@gmail·com</u> by 5:00PM Wednesday, June 1<sup>st</sup>, and let me know if you would be willing to be a driver, and how many could ride with you·

We are looking forward to sharing this slice of NC history with those of you who have recently moved to this area. If you have been here a while, and have maybe visited these sites already, you are welcome, too! It is a very quiet and peaceful spot to share with new friends.

# Stitch and Bitch will be at Deb Nielsen's home Friday, June 3<sup>rd</sup> at 10:00 AM. 2332 25th Ave Ct NE Hickory, NC

Please note that Deb has two cats in her home, and she wants to let everyone know just in case anyone has allergies. The cats will be out on the sun porch and not in the house. Coffee and iced tea (not sweet) and bottled water will be available. Snacks will also be available for everyone.

Please let Deb know if you will be able to attend.

Deb's phone # is 610-762-0597.

No extra chairs will be needed.

Just use GPS or call for future directions.





# Like the spring and summer flowers... Our membership continues to grow! Welcome to our newest members.



Linda Scott from Ohio

Mayur & Joy Patel from TX

Donna & Steven Meredith from VA





#### June Monthly Holidays and Observances

- Adopt a Cat Month
- African American Music Appreciation Month
- Candy Month
- Dairy Month
- Pride Month
- Great Outdoors Month
- Mango Month
- National Audio Book Month
- National Family Month
- National Fresh Fruit and Vegetables Month
- National Iced Tea Month
- Perennial Gardening Month
- PTSD Awareness Month
- Rebuild Your Life Month
- Rose Month
- Zoo and Aquarium Month







#### **CHARITY REPORT**



It's hard to believe we are in our 3<sup>rd</sup> month of the 2<sup>nd</sup> Quarter already! That means we just have June to continue to help the Outreach Center in Morganton.

Please consider cleaning out some more closets, drawers and the garage and bringing items for their thrift shop to the June General Meeting. They take pretty much anything! (If you can't be at the meeting, you can give your items to any board member, and we'll get them to the shop!)

I'm also planning another volunteer day there on the last Tuesday of June. It was fun and rewarding for those of us who participated in April – so email me if you are interested and I'll also have a sign-up at the General Meeting and send out a reminder email before that day.

If any of you want to go in smaller groups or even on your own – you can show up any Tuesday and tell them, you are with Newcomers, and they'll stick a name tag on you and show you what to do. Or go anytime Monday through Saturday between 9 am and 5 pm and help in the Thrift Shop. Again, just let them know you are with us! (And send me an email telling me about it!)

Here's a little about the organization again in case you forgot from last month's newsletter:

"The Outreach Center is a community-based, 501 (c) (3), nonprofit, relief organization serving Burke and its surrounding counties in Western North Carolina through our hunger relief, job training, education, and arts programs.

Our Mission is to empower children and their families to break the cycle of generational poverty.

Our Vision is to have a community where every individual has the opportunity to improve his or her quality of life through motivation, education, cultural opportunities, and enrichment experiences."

The Food Distribution occurs every Tuesday from 10 am until 5 pm or until they run out of food for that day.

The New2You thrift store is open Monday – Saturday from 9 am until 5 pm.

The physical address is The Outreach Center, 510 E. Fleming Drive, Morganton, NC 28655

Please call with any questions contact me at ng0425@gmail.com.

Nancy Geiger Newcomers Charity Chair

Charity is accepting ones differences, weaknesses, and shortcomings, having patience with someone.

Or resisting the impulse to become offended when someone doesn't handle something the way we would have hoped. Charity is refusing to take advantage another's weakness & be willing to forgive someone who has hurt us. Charity comes when we are kind to each other. When we don't judge or categorize someone else, and when we simply give each other the benefit of the doubt or remain quiet.



# Newcomers Annual Picnic at The Stump

















The next meeting of the Book Club will be held on Wednesday, July 27 at 1:30 PM at the Women's Resource Center in Hickory.

The book we will be discussing is **Caste: The Origins of Our Discontents by Isabel Wilkerson:** 

"As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power—which groups have it and which do not."

In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative and stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings.

Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people—including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others—she shows the ways that the insidious undertow of caste is experienced every day. She documents how the Nazis studied the racial systems in America to plan their out casting of the Jews; she discusses why the cruel logic of caste requires that there be a bottom rung for those in the middle to measure themselves against; she writes about the surprising health costs of caste, in depression and life expectancy, and the effects of this hierarchy on our culture and politics. Finally, she points forward to ways America can move beyond the artificial and destructive separations of human divisions, toward hope in our common humanity.

Beautifully written, original, and revealing, Caste: The Origins of Our Discontents is an eye-opening story of people and history, and a reexamination of what lies under the surface of ordinary lives and of American life today.

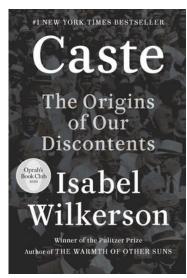
The Book Club meets every other month on the 4<sup>th</sup> Wednesday of the month except for November when we meet on the third Wednesday. The Book Club coordinator is Laura Moran, <u>moran.laura@att.net</u>. The rest of the books for 2022 are:

<u>Sept 28</u>: A Good Neighborhood by Theresa Anne Fowler Nov 16: Oona Out of Order by Margarita Montimore

July 27: Caste: The Origin of our Discontent by Isabel Wilkerson

Sept 28: A Good Neighborhood by Theresa Anne Fowler

Nov 16: Oona Out of Order by Margarita Montimore



#### SPONSORSHIP CORNER





Attitude is a full-service salon located in beautiful downtown Hickory. They opened January 2015. Attitude offers haircuts and styling for the whole family. At Attitude, they offer foil highlights, single process and multi-process color, perms, smoothing systems, formal

styles, and wedding hair services. They offer nail services that include shellac manicures, acrylic, Brisa, natural nail manicures and

pedicures. They also offer brow waxing, coloring, and braiding services. Attitude Salon has been voted the #1 Salon in the Catawba Valley for more than 4 years. They are a full-service salon. They offer all services in hair and nail care. They are located at 204 Union Square, NW in Hickory: (828) 327-9010.

Check out Attitude Salon and thank them for their contributions to our community and for their sponsorship.

www.facebook.com/AttitudeHairSalon/



#### JUNE PROGRAM NEWCOMERS FEBRUARY GENERAL MEETING JUNE 8<sup>TH</sup> - HICHORY REGIONAL AIRPORT — 10:30 AM

Our June 8, 2022, Program will be touring the Hickory Aviation Museum!

The interior of the Hickory Aviation has artifacts and memorabilia ranging from WWII to present day. Including a display about NC Natives Bill and George Preddy provided by the Preddy Foundation. Models are on display that show how aircraft design changed from the Wright Flyer to the F/A-18 Hornet. The Wall of Honor is inside the museum, honoring members of our organization and local people that are veterans and then our Memorial Wall for those that have passed. Take a close look at the ejection seats and flight suits.

We will also learn about carrier aviation in the Naval Aviation Annex. Various artifacts are on display including, an F-14 Camera Pod, two 20mm Vulvan cannons, one carried in an F-14, the other in an F/A-18. USN and USMC uniforms are on display along with models of a WWII era aircraft carrier and a modern Nimitz Class Carrier.

A few of the planes on display outdoors include: Blue Angel F-18, F-14, Cobra Super Helicopter, EA6 Prowler, 1 of 3 very rare 1948 XR-15C – which has a propeller and jet engines. Hope to see you there!

**Kathy Kuehn Newcomers Program Chair** 

Hickory Aviation
Museum
Hickory, NC



This month we will return to the Vault in Bethlehem. We had a good turnout last summer and decided to try it again. They have lunch, coffee, and beer. It will be the last Friday, of course, June 24th at 1:00 PM.



https://www.facebook.com/thevault.hky/?ref=page\_internal

#### Coffee beans come from a fruit.

Although they've always been called beans, they are seeds that come from a cherry-like berry that grows on a bush. At the center of the fruit is the pit, which is what we roast to make coffee.

#### Coffee was originally chewed

While most of us are used to sipping it, coffee was originally eaten by African tribes centuries ago. According to historians, coffee berries were ground and then mixed with animal fat to create energy-rich snack balls.

#### **Newcomers Lunch Out**



Lunch Out will be Thursday, June 9th at the Parkway House Restaurant, 1640 10th Ave NE (828-855-9189). They have reserved the back room for us, and this restaurant is all one level for easy access!

Please contact Deb Kelso by Tuesday, June 7th so she can notify the restaurant how many we'll be. R.S.V.P. to Deb at dkelso528@gmail.com.

#### **Shining Hope Farms Open House & Tour**

On May 21st members of the Catawba County Newcomers attended an Open House at Shining Hope Farms, a PATH International Premier Accredited Center. Milinda Kirkpatrick, Founder of Shining Hope Farms, lead a personal tour of the Conover farm and discussed the equine assisted activities and therapy services offered. These services, include mental health, reach a wide range of the population including special needs children and adults, as well as Veterans.











#### **BRIDGE**

Wednesday, June 1<sup>st</sup> Monday, June 6<sup>th</sup> Monday, June 13<sup>th</sup> Wednesday, June 15<sup>th</sup> Monday, June 20<sup>th</sup>

Gloria Berg Karen Schafer Barb Womack Gloria Berg Margie Dickey Bridge is at 1:00 PM in members' homes. If you're interested in subbing or learning about bridge, contact Gloria Berg, glomcberg@hotmail.com

#### **CANASTA AND GAMES - Afternoon**

Canasta and Games is held at the Hickory Regional Airport on Tuesday, June 7<sup>th</sup> at 11:30 AM. We are looking forward to seeing everyone at games this month, so come eat lunch and play the game of your choice. We offer Canasta, Rummikub, Dominoes and Pinochle. All game components are provided. Please bring any other game you want to play. I will confirm your request to play as we fill up tables of four. If you do not receive an email from me, call! Get your group together or just come on out and try a new game. Play includes a catered lunch of Chicken Salad Wraps with Broccoli Salad and Pasta Salad SERVED PROMPTLY AT 11:30 a.m., cost is usually \$11. If you don't want to each lunch, you can enjoy games and beverages for only \$5. Please note on your R.S.V.P. the game you wish to play, a second choice if possible and if you will be having the meal. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Sunday, you still must pay the \$11 charge! Reserve your spot with Adra Kryszczuk at adraellen@yahoo.com.

#### **SAMBA DAY**

#### Thursday, June 23rd at 5:30 PM

Samba Day is held at the Hickory Regional Airport on Thursday, June 23<sup>rd</sup> at 5:30 PM. Dinner and Samba begins at 5:30 PM. The meal of Mediterranean Spaghetti (pasta tossed in garlic olive oil with sundried tomatoes, feta cheese, black olives, baby spinach and grilled chicken), beverages and an evening of funfilled Samba is \$11. If you don't want to have dinner, you can enjoy cards and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members are welcome. *I will confirm your request to play as we fill up tables of four.* If you do not receive an email from me, call! We like to start playing the game right at 6:00 p.m., so please be considerate of others and get to the airport on time. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Tuesday, you still must pay the charge! To join in the fun, contact Adra at adraellen@yahoo.com.

#### A day at the Derby Run for the Roses





































June 5 Gail Meyer June 9 Carol Lundeen June 9 Ron Downs June 10 Karl Kuehn June 11 Stan Bumgarner June 13 **Betty Schwartz** June 17 Kenneth Pujdak June 18 June Chalk June 21 Doak Walker June 21 George Beckom June 22 Laurie Johnsen June 22 Bill Jones June 24 Gloria Berg June 24 Tricia French June 26 **Bev Forrest** June 27 Sandy Sigmon June 30 Carol Earl Happy Birthday to all the June Birthdays!

The birth flowers of June are the honeysuckle and the rose. Both of these flowers are symbols of all things relating to love, desire, generosity, and affection. If you were born in June, then there's a good chance you'll be a bit of a hopeless romantic!



#### Famous people born in the month of June

Marilyn Monroe – Morgan Freeman
Anderson Cooper – Angelina Jolie – Mark Walberg
Joan Rivers – Judy Garland - Anne Frank
George H Bush – Donald Trump - Paul McCartney
Meryl Streep – Helen Keller – Elon Musk
Frank Lloyd Wright - George Orwell

If you were born in the month of June, you are lucky enough to have three birthstones to call your own. June is one of only three months (the others are August and December) that has three birthstones, giving you a variety of beautiful birthstone choices.

The June birthstones are pearl, alexandrite and moonstone. With so many attractive options, individuals with June birthdays can have a birthstone that fits their mood or budget, due to the different colors and price points these gems offer.

#### **June Birthday Traits**

- 1. Attracts attention. People born in June are considered to have the best personality because they are often popular and are attractive and have various talents like singing and dancing.
- 2. Melting pot of ideas. People born in June have the greatest ideas. And the best part? They act on it! Yeah, you heard that right.
- 3. June birthday personalities are very conscious of their image and appearance.
- 4. Has many friends. One thing should be probably remembered that people born in June do not have enemies.
- 5. People born in June are known for their kindness.

























## Edward Jones

Chad Burel Financial Advisor

#### Sponsor's cont'd





















Kiser Eye Care
Dr. Melanie S. Kiser
Optometrist
In Valley Hills Mall



This newsletter was prepared by NCV Newsletter Editor Susan Mata.

If you have questions, additions, corrections etc. please send an email to <a href="mailto:susemata55@gmail.com">susemata55@gmail.com</a>.

I am always interested in adding photos from activities the Newcomers are doing. Please share with me so I can share in the newsletter.

Deadlines for submission are the 25<sup>th</sup> of each month. Please use Newcomers Newsletter in the subject line. Thank you!

