Newcomers of Catawba Valley
2425 North Center Street
#169
Hickory, NC 28601
newcomersofcv.com

MARCH 2021



President's Column

"In March winter is holding back and spring is pulling forward.."

Hello Newcomers!

Happy March - the month of expectations, a busy month indeed.

The BOD is discussing our club future and the reopening of activities. The COVID-19 guidelines are changing again and allowing later hours of operation for many businesses, and more and more folks are getting vaccinated. We believe it is time to get active again.....the best we can!

Next month you will receive another survey which will assist us in making decisions as we move ahead. You should receive the survey on or about <u>March 15</u>; please complete the survey immediately and send back. We will, of course, let you know the results and the plan forward. Thanks!

Some other March dates to remember:

March 14 - Spring Forward your clocks to enjoy more daylight in the afternoons.

March 17 - Brings in the luck of the Irish and everything green. Happy St. Patrick's Day!

March 20 - Spring is here.....and that means summer follows. Time for picnics, boating and warm sunshine. Birds singing, kites flying, flowers blooming, and hope for better days ahead! Happy Spring!

March is the last month of this quarter to support our charity, Exodus House. See Nancy Geiger's post in this newsletter. Exodus House will accept anything, as long as it is clean.

Please support the NCV sponsors, and when you do let them know you're a member of the Newcomer's

of Catawba Valley. This lets them know that sponsoring our group is worthwhile.

Spring is just around the corner and offers new hope. As always....stay safe and healthy....and happy!

Cheers,

Cathi Montgomery President, NCV



Special Events Committee

Top 'o the Morning!!

The SEC is in fine fettle this month because we're starting to get some warmer temps, lots of sunshine, and we are all feeling fine! Aaaaannnnndddd, we have something on our calendar!!



Thursday, April 15th at 12:00 noon (until ???) we are inviting y'all for Let's Do Lunch!

This picnic lunch will be held at Glenn C. Hilton Park, Hickory, Pavilion #2. You are to bring whatever you would like to eat and drink, or just stop by to say hello. The Club is not providing anything, so bring what you want, but please don't bring items to share

(COVID and all...) Bring along any games you may want to play like cards, dominoes, etc. and we will have the Corn Hole and Ladders set up. There are no RSVPs, or commitments, just come and have lunch with friends. Everyone will be expected to wear a mask unless eating/drinking. Hope to see you there!



Since we are expecting this to be a smash hit event, let's start talking about Let's Do Lunch in May! We would like to hold these picnics at various parks in the area, so the May picnic will be in Newton or Conover instead of Hickory. Give me some ideas on where to meet. We are looking for some place with a covered eating area, a grassy area to set up a couple games, easy parking and access, and restrooms would be a bonus! Send me ideas at chizenamy@gmail.com and I'll check them out. Look

for the announcement in the next Newsletter as to where we will be going in May!

I hope to actually see you soon!!

Amy Chizen

SEC Chair

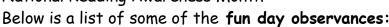
March FUN STUFF......from AMY

March is the third month of the year and named after Mars. It is the second of seven months to have 31 days. In the Northern Hemisphere, the meteorological beginning of spring occurs on the first day of March. The March equinox on the 20 or 21 marks the astronomical beginning of spring in the Northern Hemisphere and the beginning of autumn in the Southern Hemisphere. March's birthstone is the aquamarine, its flower is the daffodil, and the zodiac signs are Pisces (until the 19th) and Aries (the 20th onwards).

Here are some month-long observances for March:

Irish-American Heritage Month

Music in our Schools Month
National Celery Month
National Frozen Food Month
National Nutrition Month
National Reading Awareness Month



March 1: National Peanut Butter Day and National Pig Day (Interesting combo?)

March 2: Read Across America Day (An excuse to sit and read all day if I've ever heard one!)



March 5: National Cheez Doodle Day (What else is there to say here?)



March 8: National Potato Salad Day (Wouldn't you expect this to be in the summer?)



March 9: National Meatball Day (Get the spaghetti on!)



March 11: Johnny Appleseed Day (An "apple a day" and all!)

March 12: Girl Scout Birthday (Get your Girl Scout Cookies now folks!)



March 14: Pi Day (Pi = 3.14)

March 17: Saint Patrick's Day (The one day we're all Irish!)

March 23: National Chips and Dip Day (Oh yeah! Any excuse to eat these!)

March 26: Purple Day (Why not?)



EVENT !!!!!!

Bring Your Own Picnic Lunch!

To get things started again, let's do lunch! This is going to be a very informal meet up just to say hi.























Date: Thursday, April 15 (Rain date: Friday, April 16) Where: Glenn C. Hilton, Jr. Park, Hickory, Pavilion #2

Time: 12:00 noon until ???

Bring: Your own lunch including drinks (You don't have to make it yourself; stop on the

way and pick it up!)









There are no RSVPs, no commitments, nothing you have to provide except your own lunch. NOTHING will be provided by the club and we prefer that you not bring anything to be shared. Masks must be worn except when eating. If you don't want to do lunch, just stop by and say hello!









You are welcome to bring any activities you would like, such as dominoes, cards, and we'll have the Corn Hole.



"Additional Info needed"

A Story shared from "Toastmasters" by Sandi Shear Johnson

I am writing in response to your request for additional information in Block 3 of the accident report form. I put 'poor planning' as the cause of my accident. You asked for a fuller explanation and I trust the following details will be sufficient.

I am a bricklayer by trade. On the day of the accident, I was working alone on the roof of a new six-story building. When I completed my work, I found that I had some bricks left over which, when weighed later were found to be slightly in excess of 500lbs.

Rather than carry the bricks down by hand, I decided to lower them in a barrel by using a pulley, which was attached to the side of the building on the sixth floor. Securing the rope at ground I went up to the roof, swung the barrel out and loaded the bricks into it. Then I went down and untied the rope, holding it tightly to ensure a slow descent of the bricks.

You will note in Block 11 of the accident report form that I weigh 135 lbs. Due to my surprise at being jerked off the ground so suddenly, I lost my presence of mind and forgot to let go of the rope. Needless to say, I proceeded at a rapid rate up the side of the building.

In the vicinity of the third floor, I met the barrel, which was now proceeding downward at an equally impressive speed. This explained the fractured skull, minor abrasions and the broken collar bone, as listed in section 3 of the accident report form. Slowed only slightly, I continued my rapid ascent, not stopping until the fingers of my right hand were two knuckles deep into the pulley.

Fortunately by this time I had regained my presence of mind and was able to hold tightly to the rope, in spite of beginning to experience pain. At approximately the same time, however, the barrel of bricks hit the ground and the bottom fell out of the barrel.



Now devoid of the weight of bricks, that barrel weighed approximately 50 lbs. I refer you again to my weight. As you can imagine, I began a rapid descent, down the side of the building. In the vicinity of the third floor, I met the barrel coming up. This accounts for the two fractured ankles, broken tooth and several lacerations of my legs and lower body. Here my luck began to change slightly. The encounter with the barrel seemed to slow me enough to lessen my injuries when

I fell into the pile of bricks and fortunately only three vertebrae were cracked. I am sorry to report, however, as I lay there on the pile of bricks, in pain, unable to move, I again lost my composure and presence of mind and let go of the rope and I lay there watching the empty barrel begin its journey back down onto me. This explains the two broken legs.

I hope this answers your inquiry.

Great Story.....Thanks, Sandi





BOOK CLUB

The next meeting of the Book Club will be held on Wednesday, March 24 at 1:30 PM. Please contact Mary Bucy at mebucy@hotmail.com to be put on the list to receive the Zoom invite. New members are always welcome. The book to be discussed is American Dirt by Jeanine Cummins.



Lydia Quixano Perez lives in the Mexican city of Alcapulco where she runs a bookstore. She has a son, Luca, the love of her life, and a wonderful husband who is a journalist. And while there are cracks beginning to show in Alcapulco because of the drug cartels, her life is, by and large, fairly comfortable. Even though she knows they'll never sell, Lydia stocks some of her all-time favorite books in her store. And then one day a man enters the shop to browse and comes to the register with a few books he would like to buy - two of them her favorites. Javier is erudite. He is charming. And, unbeknownst to Lydia, he is the jefe of the newest drug cartel that has gruesomely taken over the city. When Lydia's husband's tell-all profile of Javier is published, none of their lives will ever be the same.



Patrick Roddin, author of our January book, Say Nothing: A True Story of Murder and Memory in Northern Ireland will be in the Visiting Writers Series at Lenoir Rhyne University on March 19. Call VWS at Lenoir Rhyne to register.

The Book Club meets every other month on the 4^{th} Wednesday of the month at 1:30 PM. The Book Club coordinator is **Mary Bucy**.

BOWLING

Newcomers Bowling returned to the lanes at Pin Station as of September 2020. Just as last year the cost is \$8.00 per person for 3 games of bowling. We will start bowling at 6:30pm with a 10 minute practice session starting at 6:20pm.



We currently only have 8 people signed up to bowl which means we will only be reserving one pair of lanes. If you wish to bowl, please let me know ASAP so that I can request a second pair of lanes. Vince LeGrand LaGravin@gmail.com

Bowling Dates for 2021 are as follows:

March 10, 2021 March 24, 2021

<u> April 7, 2021 April 21, 2021</u>

COVID-19 advisory: Please make note that Pin Station has revised their Covid-19 protocol they now require MASKS to be worn.



MAH JONGG



Many members of the Mah Jong group have continued to play Online Mah Jongg. https://realmahjongg.com/

The photos here are what the opening page and sign in/up page looks like. Just like in the old days - pre-Covid 19 - Newcomers' mah jongg enthusiasts play every Tuesday and Friday. But instead of playing at Pinecrest

retirement center, we play in our own homes online. Look for other Newcomers, many who have used Hickory in front of their name, hickorybrenda, hickorydianne, hickorychris, hickoryhoover...(we have several Carol's..lol)...come online and join us!!



















MEMBERS HELPING MEMBERS



Members Helping Members is a way that we can help each other during any particular hard time. I'm not just talking about the Corona 19 virus. I am speaking about any time that someone needs help with a day-to-day activity or a once in a month activity. For example, we're just going to the store for groceries or prescriptions. Please reach out and contact me for whatever you might

need. If you need someone to walk your dog or you need a ride to the doctor or if you need a house cleaner . . . anything that you might need help for, we're here for you. You don't have to worry we don't charge for our services sometimes some of the people that end up doing the work may charge but you'll be fully aware of that if that should occur. For the most part if it's one of our members helping another member I don't expect there'll be a charge. So, let's see what we can do to help each other in times of need. It's hard enough to be alone or sick during this period that we don't want you to have to suffer not being able to achieve something that you need done.

My phone number is 828-228-4016. Please feel free to contact me by phone, text or email at ncvalegirl@gmail.com. I look forward to speaking with you and even if it's just to say "hi."

St. Patrick's Tradition Story......shared by Barbara Beck

St. Patrick's Day

In 1979, Al and I started playing bridge in a group with 3 other couples in the Chicago suburbs. We had all gone to Northern Illinois University, but we didn't all know each other then. We started meeting every month for bridge. On or near St. Patrick's Day, it became a tradition to get together at the home of the couple with Irish heritage for a wonderful corned beef and cabbage dinner. We had great food, appropriate green drinks, and lots of good conversation and laughter. We continued this tradition until 2010 when Al and I moved to North Carolina.

Sweet Memory.... Thanks, Barb.....



Quarterly CHARITY EXODUS HOMES

I can't believe we have only 1 month left in the first quarter of 2021!



That means we only have one month left to support our Charity: Exodus Homes. But March is really a good time to support them! Aren't you thinking about getting your yard in shape for spring? Members of Newcomers of Catawba Valley Charity can support Exodus Homes by hiring them for moving, landscaping,

gutter cleaning, pressure washing, debris removal, hauling and other kinds of general labor. Our certainly you are ready to start spring cleaning! They also need donated furniture and household accessories in good condition for their thrift store and donated vehicles for their transportation services. Donation pick up is free and tipping for their volunteer workers is appreciated.

They also have volunteer opportunities in their thrift store to help clean and measure items to post for sale online as well as work the cash register when the manager needs help.

You may call Exodus Works to schedule their workers or to ask for a pickup for your donation. Or you may as always send a check to our treasurer: Kathy Rozea at 2425 N Center Street #169

Hickory, NC 28601. Your check should be made out to Newcomers of Catawba Valley with Exodus Homes written in the memo line.

If you have any questions for the executive director, you may email Susan Smith at revsusansmith@gmail.com

**If you hire Exodus workers please consider sending me (Nancy Geiger) an email (ng0425@gmail.com) telling me what you had

them do and how they did so I can share it in another newsletter with the group. (I'd also like to keep track of what the club does for our charity, so if you volunteer over there, please let me know that too!)

Nancy

EXODUS HOMES WISH LIST

Bring your donations to Exodus Works at 610 4thSt. SW Hickory, NC 28602 SW or call 828-324-2390 for pick-up. All donations are tax deductible.

Financial support for residents too sick to work

Adopt a location for the annual or monthly utility expenses

Financial support for residents who are unemployed

Financial support for transportation services – gasoline, vehicle maintenance

Tools and equipment for Exodus Works

Donation of cars, trucks, vans in fairly good condition

Volunteers who can do vehicle and building maintenance.

Twin beds, bunk beds, full size beds

Linens, pillows, comforters for beds

Clothing in good condition, including x-large sizes for men and women

Household items of all kinds in good condition

Furniture in good condition – living room, dining room, bedroom, bathroom

Dishes, silverware, cups, glasses, pots, pans, other kitchen items, etc

Washers and dryers

Microwave ovens

Cleaning supplies

Welcome packets with personal hygiene items of all kinds for men and women

First aid supplies

Latex gloves

Laundry detergent and bleach

Office supplies

Bibles and inspirational materials

Other seasonal/recreational/inspirational items we could use in supportive housing

Kindle/Nooks readers

DVD players

Recreational equipment/games/board games









BIRTHDAYS

Debbie Robinson 3/1 Andy Bucy Chuck Bethany 3/3 Kym Armstrong Debbie Elias 3/5 Carmen Barnett Harriet Bates 3/7 Judy Dostall Peggy Meyer 3/7 Mike Caudill Nancy Jones 3/8 Sharon Hilliker Richard P. Taft 3/8 Rebecca Alt Corwin "Kip" Kippenhan 3/10 John Almeida Janet Rudisill 3/10 Harold W. Mason Judy Fahrenholz 3/11 Don Baldwin Lori Gervasio 3/12 Margie Dickey Monty Matthews 3/12 Donna McDermott Carol Hoover 3/13 William Waldron	4/1 4/1
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Lori Gervasio 3/12 Margie Dickey Monty Matthews 3/12 Donna McDermott	4/9
Monty Matthews 3/12 Donna McDermott	4/10
·	4/10
Carol Hoover 3/13 William Waldron	4/10
	4/11
Linda Fedder 3/16 Debbie Dalton	4/13
Betty A. Houser 3/17 Susan Leininger	4/13
Jim Peppers 3/18 Jon Kiser	4/14
Kathy Mersinger 3/18 Al Cobb	4/15
Brenda Panella 3/20 Bob Jones	4/15
Dennis Donahue 3/21 Dianne Straley	4/17
Harlan Chizen 3/22 Ruth Siskind	4/17
Diana W. Earnest 3/22 Joe Durand	4/18
Greg Gervasio 3/22 Deborah Wood	4/19
Nancy Churchwell 3/22 Lisa Burel	4/20
Addie McSherley 3/23 Lori Martin	4/22
Joe Longo 3/28 Gail Feldman	4/25
Helen Pope 3/28 Nancy Geiger	4/25
Ann Waldron 3/28 Chad Burel	4/26
Sharon Snellings 3/29 Raymond Osterer	4/26
Greg Conrad 3/30 Naomi East	4/27
Debbie Longo 3/30 Susan Perkins	4/27
Susan Sanders 3/31 Delilah Bragg	4/29
Craig Hines	4/29

















NEW MEMBERS

WELCOME

4/30

4/30



Debora and Paul Nielsen from Naperville, ME



Bert Perkins

Susan Turner

COVID-19 Fraud Warnings and other Important Info

To all Newcomers

Please be sure to get all your information about the Covid-19 Virus and what is happening in our State and our area from FACTUAL and RELIABLE sources. There have been numerous misleading articles on social media and even sent through emails and texts that are just plain wrong and harmful.

Below are some websites with accurate and timely information on the corona virus:

https://www.cdc.gov/

https://www.fda.gov/emergency-preparedness-and-response/counterterrorism-and-emerging-

threats/coronavirus- disease-2019-covid-19

https://www.nih.gov/health-information/coronavirus

https://www.wfae.report/breakingnews/

https://www.wbtv.com/news/catawba-county/

All these websites have the ability for you to sign up for regular updates

For all CURRENT North Carolina Vaccine info

https://covid19.ncdhhs.gov/vaccines

If you leave home, know your 3 Ws!







@NCDHHS

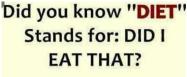
#StayStrongNC

FUNNNNNIES















I have 5 fingers for a reason:

My pinky finger.

for my best friend, and the promises i will never break.

My ring finger.

for that special boy, when the time is right.

My middle finger.

for that b"tches who pushes me to far...

My pointer finger.

to pick out my dearest family members.

My thumb:

to show the rest of the world i'm going to be okay.







U Ν T D Κ Z Χ Т Y В В \mathbf{E} C D B Т J K Α P N R U IJ Ν N V E C C F. 0 Y K Y C D z $_{\rm L}$ P Ε Η Ι Д Ζ С D В X V M Α Х \mathbf{E} z \mathbf{E} KPRM D A J M N G N Ρ Q NLEEJDI E P Α M X ODRZEMHQYMM V H

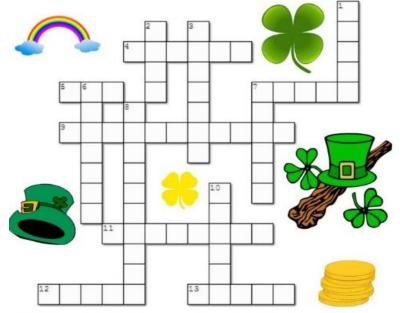
BLARNEY CHARM CLOVER DANCE DUBLIN **EMERALD**

GOLD GREEN IRELAND ISLE LEPRECHAUN LIMERICK

LUCK MARCH PARADE RAINBOW SHAMROCK







- 4. capital of Ireland
- 5. a type of Irish dance
- 7. if you do not wear green on March 17 this will happen
- 9. the day St. Patrick's Day falls on
- 11. the national emblem of Ireland
- 12. yellow and blue make 13. from Ireland

- - 1. the 3rd month of the year
 - 2. good fortune
 - 3. nonsense or misleading talk
 - 6. called the Emerald Isle
 - 7. a starchy vegetable
 - 8. a sprite
- 10. 4 leaf





SPONSOR SPOTLIGHT Heaven's Best Carpet Cleaning

Frank and Donna Coletto have been in business in Hickory and Catawba County since 2011 and have been Sponsors for Catawba Valley Newcomers since 2012.

Their web address is https://hickorync.hbcarpetcleaning.com/ They provide numerous cleaning services such as Carpet and Upholstery Cleaning, Duct and Dryer Vent Cleaning and Sanitizing, Tile and Grout Cleaning and Sealing, Hardwood Floor Polishing, and Marble Polishing. They use environmentally friendly and proprietary cleaning products, safe for children, babies and pets! Call them at 828-759-5225 and get an estimate for your cleaning needs!!

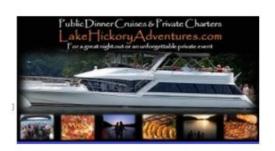
Our Sponsors



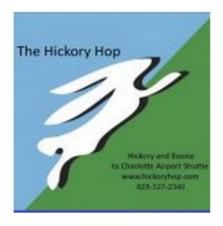




















Edward Jones MAKING SENSE OF INVESTING

Chad Burel Financial Advisor

Sponsor's cont'd

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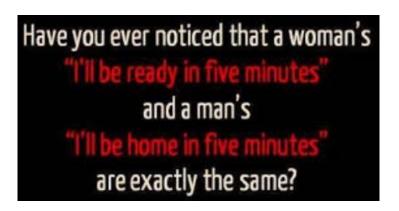








MORE FUNNNNNNNNNNNNIES!!!



5 Rules To Remember In Life

- Money can't buy you happiness, but it's more comfortable to cry in a Mercedes than on a bicycle...
- 2. Forgive your enemy but remember the bastard's
- Help someone when they are in trouble and they will remember you when they are in trouble again..
- Many people are alive only because it's illegal to shoot them..
- Alcohol does not solve problems but neither does milk...











Officers, Directors, Activity Chairs and Committees 2021

Officers	Position
Cathi Montgomery	President
Rob Herman	Vice President
Kathy Rozea	Treasurer
Chris Beckom	Secretary
Delilah Bragg	Past President
Directors	
	Amy Chizen
	Nancy Geiger
	Adra Kryszczuk
	Addie McSherley
Activity	Chair
-	
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg * * * * * * Position Available * * * * * *
Canasta and Games Day	
Canasta and Games Night	Adra Kryszczuk, Addie and Lonny McSherley
Charity Coordinator	Nancy Geiger
Coffee & Conversation	Sheri Binning
Dominoes	* * * * * Position Available * * * * *
Events Committee	Amy Chizen (chair), Chris Beckom, Dottie Demarest, Shari Kidd, Jon Kiser, Kevin McCutcheon, Audrey Rozzelle, Sharon Snellings and Paige Straley.
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Carol Sawicki, Judy Dostall
Lunch out	Chuck Bethany, Francine Gissy
MahJongg	Dianne Straley
Membership	Rob Herman
Members Helping Members	Sandi Johnson, Hazel Poppe
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	* * * * * * Position Available * * * * * *
Samba and Games Night	Paige and Dianne Straley, Audrey Rozzelle
	Paige and Diamie Straley, Addrey Rozzelle
Shooting Practice	Vince LeGrand
Shooting Practice	Vince LeGrand







