# Newcomers of Catawba Valley 2425 North Center Street #169 Hickory, NC 28601

AUGUST 2020





#### **President's Column**

#### "STAY POSITIVE, GOOD THINGS WILL HAPPEN."

Hello Newcomers!

Positive vibes.....we need to keep our positive vibes! COVID-19 is still causing havoc and interrupting our lives. I am sure there is light at the end of the tunnel! Gov. Cooper issued an executive order (#15) on July 15th that requires people to wear face coverings and extends current Phase 2 restrictions three weeks. The order requires everyone to wear a face covering when out in public — indoors or outdoors — when distancing is not possible. The extension goes until August 7, which means we will likely hear from Cooper around August 5<sup>th</sup>. We shall wait and see.

At the most recent BOD meeting, we decided to put together a survey to see how NCV members feel about COVID-19 and NCV activities. Vice-President Rob Herman is heading this activity and you will hear more from him. NCV is using Monkey Survey for this action. The Survey will be sent on or about August 10<sup>th</sup>. Please take a few minutes to respond. Thanks!

I want to remind members that you are welcome to attend our NCV BOD meetings. At this time, we are meeting via ZOOM. If you would like to "attend" via ZOOM, please contact Adra Kryszczuk (adraellen@yahoo.com) for information to access ZOOM and our meetings.

I am happy to report that NCV will be sponsoring two holes for the Marine Corps League, Catawba Valley Detachment 1163, 11<sup>th</sup> Annual Marine Cup Classic Golf Tournament. The tournament will be held September 26, 2020 at Lake Hickory Country Club, Catawba Springs Golf Facility. This tournament supports several area charities.

We are happy to announce we have a new sponsor this month. Alan Elrod, Owner and Hair Stylist, Attitude Salon, Union Square, Hickory. Welcome Alan!

Whatever you do, or are doing, please take good care of yourselves, stay healthy, and be happy!

Don't forget to use our Sponsors if you need services. Hope to be seeing you all at some activities/events soon!

Warm regards,

**Cathi Montgomery**President, NCV









# Survey of membership on Restarting Activities.

An online survey will be taken **August 5** to provide input to the Board of Directors on memberships desires to get back to our activities and what precautions will they want in place prior to attending a Newcomers function. The survey is only 9 questions and should take less than 3 minutes to fill out.

Gathering the opinions of everyone helps the board plan the timing and activities that are in demand during this ongoing Covid Crisis. Participation is easy. You will receive an email from Vice President Rob Herman on August 5, 2020 with a URL to click on or paste into your browser. You are requested to provide your email to answer the questions to ensure the survey doesn't get outside our club. Just answer the questions and they will automatically be sent to Rob for tallying. This survey was developed by Survey Planet and its logos and information is on the survey. SurveyPlanet is certified as a trusted site and every single HTTP request is made through a Secure Socket Layer (SSL). Your information is confidential. Thanks for your help.



# **Special Events Committee**

Helloooo from the Special Events Committee!

We are still here!!! We keep working on future outings and events, even if the dates keep changing! We will get everything worked out, adjustments made, and comfort levels reached at some point and we'll be ready to rumble!!! In the meantime, let's start with the good news!



AN OUTING IS IN THE WORKS!!! Last month I mentioned possibly going to the Hanes Outlet Mall in Winston-Salem. However, there are very few stores open there and getting lunch is a bit tricky since most places only do take-out and delivery. So, we're changing the mall to the Concord Mills Mall in

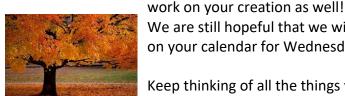
Concord, NC. They are open from 11 AM to 7 PM with lots of stores and plenty of air conditioning. We'll meet at the Hickory Airport no later than 9:45 AM so we can be on the road by 10 AM. It's just over an hour away so we'll get there as they are opening up. Keep in mind, the stores will be requiring masks. Carpooling will be arranged and all will be expected to comply with wearing a mask during the car ride. Watch this space for the September date!

Last month we decided to postpone the Pool Party at Michele and Vince LeGrand's, but don't lose heart. Summer temps continue well into September, and even October, so we may get it in yet. Keep that swimsuit handy!

The Catawba County History Museum tour could still be in the works for September or October. At the moment, they will be closed at least until August 7<sup>th</sup>, so maybe in September. We would still check out restaurants around the Museum to make reservations for lunch after



a tour. We would have to let them know ahead so we can be included in the 50% count if that's still applicable. Yes, the Kentucky Derby is on for September 5<sup>th</sup> but our party is postponed until the Running of the Roses 2021. The logistics of a party with the current restrictions was just too much to work around. So, ladies, this will give you more time to work on your special, original Kentucky Derby hat! Check out ideas on line, and tune in to this year's Kentucky Derby for ideas, and then get creative! Gentlemen, we haven't forgotten you. One tradition of the Kentucky Derby is for the men to wear bow ties. We are twisting this tradition a bit because we don't feel the men need to be dressed up for our party. We will be looking for creative bow ties AND creative ways/places to wear them. Now you'll have time to



We are still hopeful that we will be able to do our Leaf Peeping Trolley trip in October. Pencil it in on your calendar for Wednesday, October 21<sup>st</sup> and we'll supply more details later.

Keep thinking of all the things you have to look forward to! Amy Chizen, Chair, SEC

#### **Book Club**

Book Club is reading <u>The Island of Sea Women by Lisa See</u>. Mi-ja and Young-sook, two girls living on the Korean island of Jeju, are best friends who come from very different backgrounds. When they are old enough, they begin working in the sea with their village's all-female diving collective, led by Young-sook's mother. As the girls take up their positions as baby divers, they know they are beginning a life of



excitement and responsibility but also danger. Despite their love for each other, Mi-ja and Young-sook's differences are impossible to ignore. *The Island of Sea Women* is an epoch set over many decades, beginning during a period of Japanese colonialism in the 1930s and 1940s, followed by World War II, the Korean War, and its aftermath, through the era of cell phones and wet suits for the women divers. Throughout this time, the residents of Jeju find themselves caught between warring empires. Mi-ja is the daughter of a Japanese collaborator, and she will forever be marked by this association. Young-sook was born into a long line of *haenyeo* and will inherit her mother's position leading the divers in their village. Little do the two friends know that after surviving hundreds of dives and developing the closest of bonds, forces outside their control will push their friendship to the breaking point.

Book Club meets every other month on the 4th Wednesday of the month, except for this November. Our next meeting is September 23, at Women's Resource Center (probably, if not we will Zoom) at 1:30 PM Cindi Williamson will facilitate our discussion.

The Book Club Coordinator is Mary Bucy at <a href="mailto:meeting">meeting</a> meeting in the month, except for this November. Our next meeting is September 23, at Women's Resource Center (probably, if not we will Zoom) at 1:30 PM Cindi Williamson will facilitate our discussion.









# **Mah Jongg**



Many members of the Mah Jong group have continued to play Online Mah Jongg. <a href="https://realmahjongg.com/">https://realmahjongg.com/</a>



The photos here are what the opening page and sign in/up page looks like.

Just like in the old days - pre-Covid 19 - Newcomers' mah jongg enthusiasts play every Tuesday and Friday. But instead of playing at Pinecrest retirement center, we play in our own homes online.

And now we have a new player with us who is the reason we have such a thriving mah jongg group - Sonja Bridgwood. Sonja learned mah jongg from her mother and has been playing for decades.

When she was a member of Newcomers, she taught about 10 of us how to play this challenging game. And those players taught other players and today we have more than 20 players on our roles.

Then five years ago, Sonja and husband Fred moved to Murrells Inlet, SC. No more games with Newcomers.

But now that we are online, Sonja has recently rejoined us. We all talk on conference calls during our game so we hear all those familiar voices, including our mentor.

Look for username hickorysonja and you will find her - ready for another game.

Look for other Newcomers, many who have used Hickory in front of their names...hickorybrenda, hickorydianne, hickorychris, hickoryhoover...(we have several Carol's..lol)...come online and join us!!

## **Members Helping Members**



Hello everyone, My name is Sandy (Shear) Johnson and I'm the new coordinator of **Members Helping Members**. I've been a member of the club for about two years and I've enjoyed it very much. I live in Vale, about half an hour from Hickory. This club has offered many opportunities for me to meet some wonderful people who I became friends with. I served as vice president in 2018 and got married last year so I did not run for another office. I'm taking on the role of **Members Helping Members** so that I can still be involved with the club.

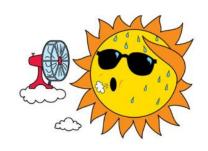
Members Helping Members is a way that we can help each other during *any* particular hard time. I'm not just talking about the Corona 19 virus. I am speaking about any time that someone needs help with a day-to-day activity or a once in a month activity. For example, we're just going to the store for groceries or prescriptions. Please reach out and contact me for whatever you might need. If you need someone to walk your dog or you need a ride to the doctor or if you need a house cleaner . . . anything that you might need help for, we're here for you. Just let me know what you're looking for and when you need someone and myself and other members of the club will do our best to find someone or a company or whatever you need to help you out during your circumstance. You don't have to worry we don't charge for our services sometimes some of the people that end up doing the work may charge but you'll be fully aware of that if that should occur. For the most part if it's one of our members helping another member I don't expect there'll be a charge. So, let's see what we can do to help each other in times of need. It's hard enough

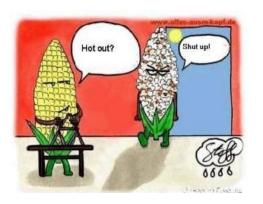
to be alone or sick during this period that we don't want you to have to suffer not being able to achieve something that you need done.

My phone number is 828-228-4016. Please feel free to contact me by phone, text or email at <a href="mailto:ncvalegirl@gmail.com">ncvalegirl@gmail.com</a>. I look forward to speaking with you and even if it's just to say "hi."

.....since it's been sooooo HOT lately.....







#### **NOT Your NORMAL Newsletter**

#### **Fifth Edition**

Thank you to all of you who have been sending some of your favorite photos to share, photos of what you are doing to get thru these "social distancing" times.

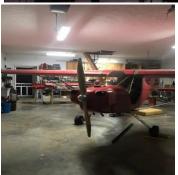
Kathy Rozea sent in these beautiful pics and their captions.....



← "This is a picture of the sunset on Christmas night. It's one of the best I've ever seen in the whole world."

"Picture of Mount Rainier taken at sunset last February on our trip back from Alaska." →



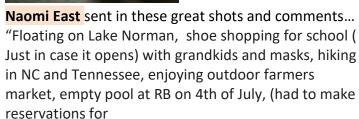


#### From Paige Straley.....

"After 20 months of many varied tasks, finally today flew my little red airplane again. The Jabiru engine is an excellent improvement over the old VW -- climb performance is excellent. Slicker, too. I have to re-adjust my personal settings for landing, it doesn't want to shed speed on final!

Anyway, a bit of a red letter day for me."

JP Straley



2 hour shift for pool with cleaning after every 2 hour). Lots of baking with grandkids...Crazy times!!"

















Patricia "Patsy" Lang sent in these great photos!!

"Pulled my old pathway up....going to redo it! At 77 years young!"



YOU GO GIRL!!!











**Not Your NORMAL Newsletter** con't

Adra Kryszczuk sent us a picture of her FIRST CARROTS from her garden.











A few pictures from your

Editor...Brenda Ireland On a walk thru Geitner Park, I came across this lil Land Turtle. I have also been doing a "Quilt Along" from an online site and here are a few of the blocks I have made so far. There have been 12 blocks so far and I have made 3 versions of each with my "Dr. Seuss" themed fabrics!! The Quilt Along as also incorporated embroidery squares...and those were a blast from the past!!The last photo are our Hibiscus that exploded this last month!! Just Amazing!!

#### **AMY CHIZEN** shared in this great piece.....

When this pandemic quarantine began, I started the process of getting some outside areas ready to paint. Since April or May, there has been some scraping done, a lot of sanding, some washing and other prep work. So once that was done, it was too hot and humid to paint! Oh well, once it cools off, I'll be all ready to go!

I do counted cross stitch and find that getting them actually finished can take longer than the actual stitching sometimes. I like when the work is professionally framed, if it merits the expense, and sometimes will frame pieces myself. I also like to try new and creative ways to display the work. Finding just the right thing to make this all come

together takes quite a bit of thinking, figuring, re-thinking and re-figuring, sometimes some

painting, and sometimes some ingenuity. Included here are 3 pieces that I have stitched and recently finished in different

ways.

We have been binge watching a series on CSPAN3 called





"Landmark Cases" from 2015 covering 12 Supreme Court decisions. These have included cases such as Dred Scott, Brown v. Board of Education, Miranda v. Arizona, and Roe v. Wade. We are currently recording the second series of 12 cases that they put together in 2018. It may sound dull, but we are really enjoying discovering how these cases came to be in the first place, how they were decided, and how that decision has affected America since. Now that Harlan is retired, he has found that watching an action or sci-fi movie mid-afternoon is a great way to beat the heat. It may not be high class viewing, but he enjoys it!

Amy Chizen

# And now a word from George and Chris Beckom.....



Hi, Chris and I certainly appreciate all the cards and emails from Newcomers we have received due to my illness. I'm doing much better after the second hospitalization and round of treatments for myasthenia graves. We sure do miss our Newcomers friends along with cards and other activities and are looking forward to getting back together

when this virus is put out of commission.

George Beckom







# **City of Hickory City Walk**

# **Tours offered by Dianne and Paige Straley**

Are you curious about City Walk and the four other hiking and bicycle trails that the City of Hickory has under construction or in design?

Club members Dianne and Paige Straley lead small group tours of the construction sites of City Walk and River Walk and the future paths of Book Walk, Aviation Walk and Old Lenoir Walk.

The Straleys walk 3 miles on City Walk each day and have talked with construction supervisors and city officials, learning a lot about the five projects. And they will share what they have learned with you.

Here's how it works. They lead a three-car caravan that visits each of the five sites. Everyone stays in their own car and hears the tour narration by cell phones in the speaker mode. Participants get out twice to see the two pedestrian bridges under construction.

You should bring cell phones and a mask. The tour lasts one hour and is usually held at 5 pm on Sundays. If you are interested, email Dianne at <a href="mailto:dfwhit@gmail.com">dfwhit@gmail.com</a>.



Photo cutlines: Workers with Dane Construction prepare to lift a 50-foot piling that was later pounded into the ground as part of the abutment for the pedestrian bridge over NC 127. This iconic bridge will be part of City Walk.

On Friday, a crane lifted a prefabricated bridge over 3rd Street in downtown Hickory. It also is part of City Walk.





# **CHARITY** .....meet our new Coordinator, Nancy Geiger

Greetings!

I'm **Nancy Geiger, the new Charity Chairman** for the club. My husband John and I have been lucky enough to live in Hickory most of our adult lives, but just this spring finally joined the Newcomers Club.

I know there are a lot of other new members this year so I wanted to take this opportunity to tell you what the club does charity wise. Every quarter we support a different charity by sending those items from their wish list or checks and sometimes volunteering. With Covid-19 hitting us this year the club hasn't met to collect donated items or volunteer so our 2<sup>nd</sup> quarter charity, Robin's Nest, has been extended through the 3<sup>rd</sup> quarter until September 30<sup>th</sup>.

Below is information about Robin's Nest and their wish list. If you want to donate items, since we aren't meeting in the near future, you could bring them to me, or if you live in Lenoir and want to drop them off at Robin's Nest, either would be great. What might be easier for you is to write a check. And if you would like to donate that way, please mark it as a donation to Robin's Nest and mail it to our treasurer, **Kathy Rozea** at:

Newcomers of Catawba Valley 2425 N Center Street #169 Hickory, NC 28601







# **QUARTERLY CHARITY**

Robin's Nest is a nationally accredited Children's Advocacy Center. Child victims of sexual and severe physical abuse are provided child specific services that include compassionate forensic interviews, medical examinations, counseling and advocacy services. Providing these services at a single site helps decrease the trauma these children face, speed the healing process, and increase the likelihood of conviction of offenders.

Robin's Nest



#### Wish List

#### **GIFT CARD**

\$10 Wal-Mart Gift Cards

\$10 Grocery Store Gift Cards (Fair Value, Food Lion)

\$10 Gas Cards

#### **SNACKS**

Juice Boxes

Individual Size Snack Packs - Chips, Cookies, Gummy Snacks,

Applesauce, Crackers, Little Debbie Cakes

#### **GENERAL SUPPLIES**

Copy Paper 81/2 x 11

Paper Towels & Toilet Tissue

13 Gallon Tall Kitchen Trash Bags

Antibacterial Cleaning Wipes & Spray Cleaner

Air Freshener Spray

Heavy Duty PAPER Plates & Plastic Forks, Knives, Spoons

12oz Disposable Coffee Cups, K-cups for Keurig, Flavored Creamer Cups/Powdered Creamer/Sugar Lysol

<u>ALFIE'S WISH LIST</u> (Robin's Nest received Alfie through the Canine Companions for Independence Program in February 2020)

<u>Alfie can only accept the following items</u>. This is a mandate through the Canine Companions program Dog Food: Eukanuba Large Breed, Kong toys, Lint rollers, Oatmeal Pet Shampoo, Mango Tango Cleansing wipes for dogs.



#### SPONSOR SPOTLIGHT

#### **Crosswinds Cafe**

Since 1997 Crosswind Café owner Teresa Rozzelle has delighted customers with superior restaurant dining and formal and informal catering. Teresa opened Crosswind Café at the Hickory Regional Airport in September 2010. She and her team serve delicious breakfasts and satisfying lunches six days a week. She also caters special events, such as fly-ins and aviation seminars, held at the airport. Her other restaurants include, Wingos in Hickory, 10th Street Restaurant in Conover and Legends Wings & Things in Morganton. Through her Crosswind Café facilities, Teresa caters daily with deliveries to Charlotte, Asheville, Shelby, Boone, Hickory and all points in between. Crosswinds is located at 3101 9th Avenue Drive NW • Hickory, NC, 28601 • 828-324-7800 • <a href="mailto:two.crosswinds.com">two.crosswinds.com</a>

When you click on any sponsor's ad, you will automatically be taken to that sponsor's web page. I also want to remind you that if you use one of our sponsors, *please* make sure to thank them for sponsoring the Newcomers of Catawba Valley.











# Birthday's

Birthdays in August	
Suzie Matthews	8/2
Phyllis Kane	8/4
Dennis Chalk	8/6
Bob Wolgemuth	8/6
Cheri Poulos	8/7
Ed Stewart	8/7
Josette Kippenhan	8/10
Linda Meares	8/13
Judy Young	8/15
Jim Earl	8/19
Brenda Ireland	8/19
Patricia Mozgala	8/19
Martha Conrad	8/21
Richard Dickey	8/21
Dawn Remus	8/24
Greg Dostall	8/25
Jon Snellings	8/25
Helen Woodyard	8/25
Sallie Townsend	8/26
Bob Remus	8/27
Joanie Taliaferro	8/27
Carol Sawicki	8/29
Chuck Fahrenholz	8/30
Steve Sanders	8/31

Birthdays in September	
Rose McLaughlin	9/5
Cherie Stewart	9/6
Lisa Travis	9/7
Beth Osbahr	9/8
Bob Dennis	9/7
Priscilla Carney	9/11
Elizabeth Strickland	9/13
Adra Kryszczuk	9/14
Therese Winslow	9/14
Debbie Wrigley	9/15
Paige Straley	9/16
Lori Allen	9/17
Jane Duralia	9/17
Nancy W. Prushinski	9/17
Richard Wagman	9/17
Dell Liggett	9/18
Carole Reising	9/19
Walter Murawski	9/20
Victoria Staton	9/22
John Schafer	9/23
John Bates	9/24
Haydee Pujdak	9/25

Mary Bucy

Ron Glover

Francine Gissy

Lynne Montgomery







9/26

9/26

9/28

BIRTHDAYS ARE GOOD FOR YOUR HEALTH. STUDIES SHOW THAT PEOPLE WHO HAVE MORE BIRTHDAYS LIVE THE LONGEST.





## **COVID -19 Safety Information Websites and Services**

Please be sure to get all your information about the Covid-19 Virus and what is happening in our State and our area from FACTUAL and RELIABLE sources. There have been numerous misleading articles on social media and even sent through emails and texts that are just plain wrong and harmful.

Below are some websites with accurate and timely information on the corona virus:

https://www.cdc.gov/

https://www.fda.gov/emergency-preparedness-and-response/counterterrorism-and-emerging-

threats/coronavirus- disease-2019-covid-19

https://www.nih.gov/health-information/coronavirus

https://www.wfae.report/breakingnews/

https://www.wbtv.com/news/catawba-county/

https://covid19.ncdhhs.gov/

All these websites have the ability for you to sign up for regular updates.

# Staying apart brings us together. Protect your family and neighbors.

Stay home if:



You are sick.



You are at higher risk of serious illness from COVID-19.

# If you leave home, know your Ws!









#StayStrongNC

Learn more at nc.gov/covId19.



#### Our Sponsors











2155 N Center Street - Hickory



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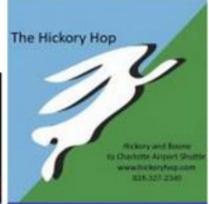






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# Edward Jones

Chad Burel Financial Advisor



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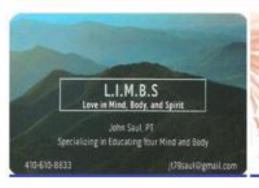


REALTORS' 127 First Asenue, NE Bickery, NC 28601

www.cbbb.com/lindameares











# Some FUNNNNNNNNIES....The PRIZE for reading through the Newsletter!

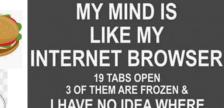
"You are strong. You are fast. And you WILL catch that squirrel tomorrow."





Wouldn't it be nice if you read a medicine bottle that says... Warning: May cause permanent weight loss, remove wrinkles, and increase energy.





19 TABS OPEN 3 OF THEM ARE FROZEN & I HAVE NO IDEA WHERE THE MUSIC IS COMING FROM



The three hardest things to say are: 1. I was wrong

2. I need help

3. Worcestershire Sauce

I miss the 90s when bread was still good for you, and no one knew what kale was.



Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom.





SAVORY BEEF, MOUTHWATERING

SALMON OR LUSCIOUS CHICKEN?



Police came round last night and told me my dogs were chasing people on bikes.

My dogs don't even have bikes.



I DON'T CARE HOW MUCH YOU LIKED THE SOAP... NEVER WALK OUT OF A PUBLIC RESTROOM SMELLING YOUR FINGERS.

Officers, Directors, Activity Chairs and Committees 2020

Officers	Position
Cathi Montgomery	President
Rob Herman	Vice President
Kathy Rozea	Treasurer
Chris Beckom	Secretary
Delilah Bragg	Past President
Directors	
	Amy Chizen
	Nancy Geiger
	Adra Kryszczuk
	Addie McSherley
Activity	Chair
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Canasta and Games Day	* * * * * * Position Available * * * * * *
Canasta and Games Night	Zig and Adra Kryszczuk, Addie and Lonny McSherley
Charity Coordinator	Nancy Geiger
Coffee & Conversation	Sheri Binning
Dominoes	* * * * * * Position Available * * * * * *
Events Committee	Amy Chizen (chair), Chris Beckom, Dottie Demarest, Mary Ellen Glover, Shari Kidd, Jon Kiser, Kevin McCutcheon, Audrey Rozzelle, Sharon Snellings and Paige Straley.
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Carol Sawicki, Judy Dostall
Lunch out	Chuck Bethany, Francine Gissy
MahJongg	Dianne Straley
Membership	Rob Herman
Members Helping Members	Sandi Johnson, Hazel Poppe
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	* * * * * * Position Available * * * * * *
Samba and Games Night	Paige and Dianne Straley, Audrey Rozzelle
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	Chris and John Almeida, Jon Kiser and Rob Herman
Webmaster Team	Adra Kryszczuk (site and calendar), Greg Gervasio (site advisor)

.....and last....but NOT least.....

Paranoia has reached absurd stages...

I sneezed in front of my laptop and the anti-virus started a scan on its own

#### P.S. xoxoxoxoxoxox

Thank you to all Members who have helped with the making of this Newsletter. I appreciate all shared INPUT and heartfully encourage all (who have even read this far...lol) to share (words and photos) what makes you happy and keeps you sane during these crazy days!!