

**Newcomers of Catawba
Valley**

2425 North Center Street #169

Hickory, NC 28601

newcomersofcv.com

JUNE 2020



FATHER
KIND trust
nurturing friend
WISDOM
family man
thoughtful
STRONG patient
LOVE
Father's Day, June 21
Summer Solstice, June 20

President's Column

"Everything will fall into place, just be patient."

Hello Newcomers!

It appears that we can start coming out of the fog. Phase II NC guidelines are making it possible, at your discretion, to enjoy some life outside our homes.

FAQs & guidelines are available at: <https://files.nc.gov/governor/documents/files/Phase-2-FAQ.pdf>

The BOD met virtually on May 27th, and we have decided to begin to move forward in reopening the activities/events of the NCV. To this end, I am sending a message to all the Committee Leaders and asking them to look at their activity and figure out what/where/how/when, within the NC guidelines, we can begin enjoying activities again. There will be more details to follow, once we hear back from the Leaders. Remember you can choose to participate, or not, in any activity or event. Many activities will be attendance limited, as we move forward in a safe and structured way. I hope to have more information out to you within the next few weeks.

Thank you for your support and patience during this period. It will take time to get things back to normal. Slow and steady.

Take good care of yourselves, stay healthy and be happy!

Hope to be seeing you all at some activities/events very soon!

Best regards,

Cathi Montgomery
President, NCV



In Memory of Larry Parkerbeloved longtime Newcomer

Lawrence "Larry" Alton Parker, 80, passed away Tuesday, May 12, 2020, at his home following a battle with cancer. He was born in Georgia and raised in Florida. Larry lived in Hawaii until his retirement in 2007. After retiring to Hickory, Larry enjoyed gardening and served as a Master Gardener for the City of Hickory. He was an avid card player and nationally ranked cribbage player. He is survived by his wife of 58 years, Carol; daughters, Karen and Dian, Eugene; and three grandchildren, Chris, Jett, and Leila. Larry and Carol were members of Newcomers of Catawba Valley for more than a dozen years. A celebration of life will be held at a later date. In lieu of flowers, memorials may be sent to Carolina Caring (Hospice) or your favorite charity.



Richard Allen Dickey has provided this passage: My thoughts on Larry:

Uncoiling his long and lanky body from his little white sedan, our friend Larry arrived at the Ole Still cafe each Friday morning to join his friends for Friday Morning Men's Bridge. He enjoyed gathering around the table to sharpen his skill at this game, a relatively new one for him. Larry loved card games of all sorts and had great card sense.

His constant smile and hearty laugh belied the struggle he and his family and friends were facing as the relentless growth inside seemed destined to keep his many friends from bringing about their plans to celebrate his eightieth birthday. Then, as the plans for the great celebration took shape a new challenge emerged: the corona pandemic. His friends' plans for celebrating his birthday were not to be stopped, but in an abundance of caution, Larry stayed home for what was to be his last

birthday. Carol transported the hugs and gifts for Larry to their home where he celebrated later with his family wearing the King's crown.

Larry, we all loved you and will never forget your broad smile, your positive attitude, your friendship and your wonderful humor.

Richard

Zig Zryszczuk has provided his passage: I met Larry about 8 years ago. We played cribbage and poker together almost every week for those 8 years. As time went on we added hearts, euchre, canasta, and samba.

Some of my fondest memories of Larry were going to weekend cribbage tournaments together in the area. We roomed together. We'd play cards all day Saturday, usually go out for a steak dinner, return to the hotel to see if Larry made

the cut for Sunday morning (I never did), then back to our room; Larry with a bottle of red wine or an IPA (or both) and me with my vodka. First we'd rehash the days' play, deciding where we'd made our mistakes. Then we'd start telling stories of times gone by. His were usually of his times in Vegas; mine were just random experiences from my youth. This would go on until his wine or beer was finished. I never ran out of vodka.

As time went on he got to the point where he couldn't drive at night any more so I usually picked him up for either cribbage and/or poker. At first these were normal guy talks but as things got worse for Larry, they became outlets for him to discuss his situation. Amazingly during this entire time his attitude never changed; he was still the funny, considerate person he'd always been. It amazed me how his spirits were that high because I know he had to be hurting inside.

He had generated an eating 'bucket list' which he unfortunately was never able to even start. I had offered to take him to the Standard Oyster Company for all you can eat crab legs like his daughter



had once done, which was second on his list to a ribeye steak. Also on that list was \$40 of sushi at China Buffet. When we played poker at my place, I tried to have banana cream pie. He could eat the cream.

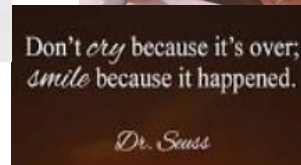
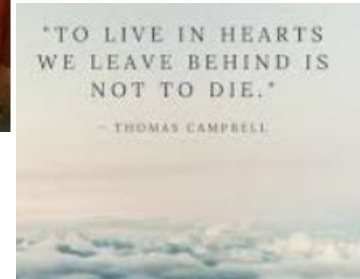
It's just a shame this virus stopped him from playing those last few hands of cards. One more 29 hand at cribbage, one more 5 aces or a Straight flush poker hand (which never won), one more game of canasta or samba or one more loner at euchre.

I'll miss you Larry. Those rides to cribbage will never be the same.

Zig Kryszczuk

Pictures of Larry getting 28 hands at Cribbage

Picture provided my Newcomer Naomi East
From a Chinese New Year Celebration



Greetings from the Special Events Committee!

Special Events Committee?? Yes, we still exist, even if we are much more low-key right now. But, no need to fear! We are still working on future outings and events and checking out places (albeit on-line) for us to visit! This will all be over at some point and we'll be ready!!

Our Annual Picnic, currently scheduled for June 22nd is still under consideration. If we do go ahead with it, we will be following the maximum 25 persons rule. We are working on making this a safe environment which would possibly mean bringing our own chairs, sitting no more than 4 to a table, and all be responsible for bringing our own lunches. No food would be served or shared. By waiting until June 5th to make the final decision, we will be able to see how the governor's Phase II plan is working out. Please watch your email for an update on or around June 5th.



Because we are all still looking forward to the possibility of Michele and Vince LeGrand's Pool Party on July 18th, don't overdo on the snacks and cookies! Swimsuit season will be upon us before we know it! I've heard that

the "19" in Covid-19 stands for the 19 lbs. we will gain during quarantine! Don't let that be you! More details as we work our way through "Phase II."

Also depending on how "Phase II" goes, we may be able to reschedule the **Catawba County History Museum tour in July or August**. They are an air-conditioned facility so let's take advantage of that! Maybe we can even make reservations at a restaurant for lunch afterward. We will let them know ahead so we can be included in the 50% count if that's still applicable.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Speaking of air-conditioning, how about a trip to the **Hanes Outlet Mall in Winston-Salem in August or September**? It's an open-air shopping center, but the stores are comfy! I know I have plenty of items to look for after this quarantine, so start making your lists now. And, why not get an early start on Christmas shopping?

Remember we had talked about doing a Food Tour in Asheville? Well, maybe we can try for late September or early October.



We are still hopeful that we will be able to do our Leaf Peeping Trolley trip in October. Pencil it in on your calendar for Wednesday, October 21st and we'll supply more details later.

The plans for the 2020 Holiday Party are beginning, so please let Cathi Montgomery, Rob Herman or myself know of a hall you are aware of or any suggestions for entertainment. Maybe there was a particular entertainer you enjoyed in the past and it's time to bring them back. Did you hear someone before the quarantine that you would like to perform for us? The more ideas the better!



Keep thinking of all the things you have to look forward to!

Amy Chizen, Chair, SEC



Book Club

Book Club discussed The Only Woman in the Room by Marie Benedict in a zoom meeting on May 27.

The next book on our list is The Women of the Copper Country by Maria Doria Russells. This book tells the story of 25 year old Annie Clements who spent her life in the copper-mining towns of Calumet Michigan where men risked their lives for meager salaries and had barely enough to put food on the table and clothes on their backs. The women labor in the houses of the elite and send their husbands and sons deep underground each day dreading the fateful call of the company man telling them their loved ones aren't coming home. When Annie decides to stand up for herself and the entire town of Calumet, nearly everyone believes she may have taken on more than she is prepared to handle.

Book Club meets every other month on the 4th Wednesday of the month, except for this November. Our next meeting is July 22, at Women's Resource Center at 1:30 p.m. Amy Chizen will facilitate our discussion. The Book Club Coordinator is Mary Bucy at mebucy@hotmail.com



Online Games to Play....with the "computer" or with other Newcomers who sign up!

I have picked ones my computer antivirus/Norton, says were SAFE SITES. BUT, as always check for yourself and if you are not comfortable...pick another site. All I did was "GOOGLE" the different games we all play using the Game Name and "play online FREE"

Games that you can play online, against the computer, or with other you know who sign up on the same website:

Canasta sites:

<https://www.playok.com/en/canasta/>

<https://zone.msn.com/en/canasta/default>

<https://apps.apple.com/us/app/canasta-online-offline/id1059474530> for APPLE devices only

For members who are Face Book users

Rummikub and Canasta FB Pages:

<https://www.facebook.com/TheOriginalRummikub/>

<https://www.facebook.com/handandfootcanasta/>

Rummikub sites:

<https://rummikub.com/>

Dominoes sites:

<https://www.dominoblock.com/>

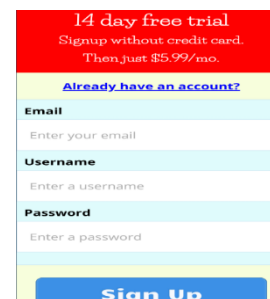


Mah Jongg.....great ONLINE Mah Jongg game!!



After two weeks of no games, mah jongg was gotten much more interesting. Not only has the 2020 card arrived in the mail (did you sanitize it?), but many of us have discovered an excellent online version called Real Mah Jongg. You download the app from your app store and play on the internet.

<https://realmahjongg.com/>



The photos here are what the opening page and sign in/up page looks like

We can play against computer opponents, other humans or your friends. Players have their choice of using the newest card or an older version, as well as the speed of the game.

The first two weeks are free, with no need to give your credit card number. After that, you can opt for a monthly subscription of \$5.99 or \$59.99 a year. It is realistic, easy to use and lots of fun.

Several of our players added another feature: We started a conference call on our cell phones and chatted and kitized as we played. It was so fun to hear familiar voices.

Dianne will still stick to our normal schedule: 1:30 p.m. Tuesdays and 10:30 a.m. Fridays -just **not** at Pinecrest but online. When you open the app online, you can search "hickory" in the SEARCH box. Many of us who have signed up for this app have made hickory----- part of our user name, such as hickorybrenda or hickorychris, or hickorydianne...etc!! So it's easy to find a "table" to join in on!! Don't worry if you see the game is in progress. If there are less than 4 names showing, the other player(s) are the computer...and you take that place...JUMP ON IN a game when you can!! If you have questions, contact Dianne Straley dfwhit@gmail.com



Committee Position Available

The board is asking for help from our membership. There is a need for a person or persons to cover our Members Helping Members committee. The position coordinates support for members with short term needs and would not require a lot of time and just a minimum of computer and telephone work. Please put your thinking caps on if you would be willing to consider this position and contact Adra Kryszczuk, temporary chair at adraellen@yahoo.com



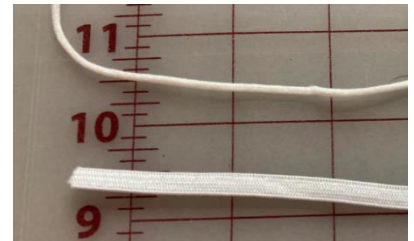
"Not Your Normal Newsletter"

third Edition

A note from Addie McSherley: I ordered elastic for making face masks and finally got it 6 weeks later. So, if any of our members are still making masks and need elastic I will share. It's. 1/4 in. black elastic. They can call, text, or email me and I can meet them with the elastic. Cell phone 419-565-7085; email amcsherley@gmail.com Thanks, Addie

I will add, that I, too, have some elastic that I can share...it is the same elastic that is on this thin disposable masks...its rounded and smaller than 1/4".

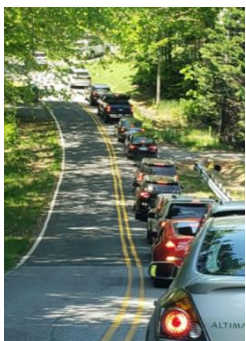
See picture.



Naomi East and her Corona Birthday Parade of cars!!



Betty Ann Williams and Gail Miller orchestrated a corona birthday parade for me!! They had everyone meet at bargain hunt (the police got called since there were too many people loitering around! They thought it was coffee bus guy that complained since his customers couldn't get to him.) Once the cops found out it was a birthday parade they let them go! I was told to wear my mask and gloves and sit in my rocker on my front porch for a surprise and what a great surprise It was!! I hadn't seen my mahjong, tennis, Dinner club and samba friends in such a long time and it was great to see everyone!! All 32 carloads of friends! Also got some extra toilet paper, and lots of wine. and My son created "looking fabulous at 72" posters for the yard. Our family then had a sushi/sashimi dinner in the driveway! What an unique way to celebrate a year around the sun!!



I loved it! Thank you to all the newcomers who were able to come!!



KABAM-O = Keeping a Brain and Mind, OK.....Susan Reese (:>)

As we go deeper into the areas of our mind and brain during this quarantine, *let's just say... There are some scary, scary areas of my brain that haven't been examined for YEARS!! LOL Thank GOD, I found podcasts!* I have been a lifelong learner, and I knew about podcasts and that's about it prior to COVID-19. Considering KABAM-O, I got on my iPhone and signed up with the provider and started to really look at all the various kinds of podcasts that are available. *(Go to YouTube, if you need to get smart on PODCAST installation and such). You can find out how to do everything on YouTube! ☺* Podcasts come in all manner of genres. I've compiled the ones that I'm currently listening to. I add and remove as I think of things of interest to me. Here's my current list.

WOW! Podcasts are like you have your favorite radio subjects in your ears anytime you want and with little or no commercials. Enjoy!

- BEST CLASSICAL MUSIC (****) I listen with a glass of something in the evenings on the deck... so nice.
- THE WRITER'S ALMANAC
- JOIN US IN FRANCE TRAVEL (*****) This is one of my most favorite, I feel like I'm back in France with these one.
- NPR-FRESH AIR (*****) Who doesn't like Fresh Air!!
- TED RADIO HOUR (*****) Interesting subjects, lots to think about.
- GET SLEEPY (****) Having a hard time falling asleep, try this one, it's good.
- StarTalk RADIO (*****) OMG, I love science and space, this is so good!
- BBC – GREAT LIVES (****) OMG, I love this one, great short bio's that peak your interest to dig deeper.
- NPR – CAR TALK (*****) Okay, who does love Tommy and Ray!!! Love, Love, Love!
- BEN FRANKLINS WORLD (****) Interesting insight into this time period.
- LEGACY (****) Again short bio's that peak your interest to dig deeper.
- BBC – IN OUR TIME: CULTURE (****) Again short bio's that peak your interest to dig deeper.
- FRENCH FOR BEGINNERS
- BBC – DESERT ISLAND DISCS
- THE GREAT TV (****) FUN!
- OUR MISS BROOKS (*****) OH MY! I am a HUGE Eve Arden fan! Can't get enough of this one.
- THE JEREMY BRETT SHERLOCK HOLMES (****) He's my favorite Sherlock ever!!!
- I HEAR SHERLOCK EVERYWHERE (*****) BIG FAN OF SHERLOCK!!

If you find a cool podcast please share it with me, I'd love to know what y'all are listening to. J
ENJOY!

Best Wishes, Susan Reese

Naomi East...shares her Porch Garden, and a Prayer Garden in her Neighborhood

I told my daughter that the flowers on my porch were simply gorgeous this year and she said it was because I was home to water my plants!! I also discovered a prayer garden that my neighbors' mother created and nurtured over a period of 10 years. I've been enjoying the serenity and peace as I walk her garden. She welcomes everyone to it, so if interested, let me know and I will take u there! First few pictures of my porch, the rest the prayer trail....





For all of us DOG Owners.....from Virginia Charlton



Margie Dickey....bonding and cooking over FaceTime



My grandson, Jakob, and I are cooking together via FaceTime. We both make the same thing in our respective kitchens. What a bonding experience, and so fun. (:>)
Margie tells us that her Grandson, Jakob, lives in Pennsylvania.

Delilah Bragg and Karen Mills.....Painting a PEACE pole

During this quarantine time, Karen (Mills) has been painting a Peace Pole to go in our yard with our house number on it. It has abstract designs on all four sides. Now the fun part.... Digging the hole and pouring the concrete!



Suzie Matthews....One DAY at a TIME

I am taking one day at a time and reflecting on my aging process. I am spending more time remembering my friends that have been part of my life for so many years. I am finding photos of my daughters and grands who mean so very much to me. I am seeing that the road gets shorter every day. I realize I miss my card buddies so much! I miss the faces and voices and laughter of all my newcomer friends. Some who count me as friend and some as an acquaintance. The world has quit spinning and I sit on my back patio and listen to birds. And I hear the birds. I did not use to hear them. But I hear their little songs. And I watch my flowers unfold and dance in the sun. And then bow as they disappear for another year. But the next morning a new and different flower opens up for its brief time on the stage. I am marveling at life itself. The good good and the bad. The highs and the lows. And I feel more connected the more isolated I become. Life. It is a beautiful thing.

Suzie

Barb Beck....busy, busy...transferring Photos.

I have transferred about 5000 photos from my computer to a flash drive and gotten them well organized. It has been very time consuming but worthwhile! I have also read 10+ books during the last couple months. I finally read Pillars of the Earth by Ken Follett which I've always wanted to do. Very long but good. Listened to most of it on audio but read the last 200 pages in a paperback. I haven't read Outlander but am watching it on Netflix!!

Carol Hoover.....Heartfelt Message

Hello Newcomers,

I hope this letter finds you well. I miss so many of you. I have heard that some of you gather via Zoom and share a glass of wine. Good Idea! I know some of you are laughing your way through games of Mah, bridge and other activities now on line. Way to go!

Most recently I have seen some of our newcomer members who are also my neighbors. We have developed a good system for social distance yard parties and fire circles. It is always BYOE. Bring your own everything; chairs, drinks, snacks, masks. We keep over six feet apart and share only good conversations. It has helped me from going crazy these last two months.

One of my newcomer neighbors set up a crochet game. It was super fun. He cleaned the set and we each handled only own ball and mallet. After each play we sat back down on our lawn chairs about 12 feet apart and laughed at how bad were all played after so many years.

There was sweet birthday parade organized for one of our newcomer members. It was heartwarming to see the huge line of cars with people waving and cheering from a far and safe distance to the surprised birthday girl on her porch. It was very thoughtful and creative.

Like many of you, my family gathers using Zoom. I think Zoom will be the word of the year. Yes, I hear you, it's not as good as being in person but think of the bright side. If you are like me, our family Zoom involve people from many different states and counties. It would be rare for all of us from so many faraway places to gather for an evening. I see this as a win win.

One of my most meaningful activities I am doing during the stay at home order is reading a chapter book to my great niece via FaceTime. We have bonded over the story of a Korean American pre-teen just like her. I have connected with this child in a special way as we discuss the book and life. Perhaps you might also enjoy games over FaceTime with young family members? I have done scavenger hunts and other games with great nieces and nephews in Virginia and Colorado. It has been a joy to hear them squeal in delight and race off to collect items for the scavenger hunt. If you

are interested, email me and I could share the details for several other easy games you might like to play with children you may miss.

I am sorry we have not been able to get together for club activities. I am saddened to think some of our newest members have not gotten a proper welcome to learn about our amazing area and all it has to offer. Sorry, hang in there.

For me, for now, it's about being cautious and I will continue to be for a great while. We each may have different styles, health situations, and tolerance to risk. We will need to find a way to move forward and make sense of our new reality. I hope we can develop respectful social manners that allow us to interact while respecting the decisions we each must make regarding our own health.

I am grateful we live in a beautiful place, that most of us can get outside and clear our heads.

I hope you are finding joy in your gardens, reading, movies, and learning something new. I need to practice some social distances from my refrigerator but having time to try new recipes has been good. I am grateful for all of you that have called or reached out to say hello. Good luck to each of you. I miss you.

Carol Hoover

....and a smile or three!!

You never realize
what you have
until it's gone.
Toilet paper is a
good example.

Laundry Schedule

Sort - today
Wash - later
Fold - eventually
Iron - ha, ha, ha

I'm sweet, kind,
lovable and
innocent...
shhhhh stop
laughing.
you're blowing
my cover !



NEW MEMBERS

WELCOME



John and Nancy Geiger
From Chicago, Il.



To All our NCV Members:

Please be sure to get all your information about the Covid-19 Virus and what is happening in our State and our area from **FACTUAL and RELIABLE** sources. There have been numerous misleading articles on social media and even sent through emails and texts that are just plain wrong and harmful.

Below are some websites with accurate and timely information on the corona virus:

<https://www.cdc.gov/>

<https://www.fda.gov/emergency-preparedness-and-response/counterterrorism-and-emerging-threats/coronavirus-disease-2019-covid-19>

<https://www.nih.gov/health-information/coronavirus>

<https://www.wfae.report/breakingnews/>

<https://www.wbtv.com/news/catawba-county/>

All these websites have the ability for you to sign up for regular updates.

How to Protect Yourself and Others

Know how it spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
 - » Between people who are in close contact with one another (within about 6 feet).
 - » Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - » These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - » Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Everyone should

Clean your hands often



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact



- **Stay home if you are sick.**
- **Avoid close contact** with people who are sick.
- **Put distance between yourself and other people.**
 - » Remember that some people without symptoms may be able to spread virus.
 - » This is especially important for **people who are at higher risk of getting very sick.** www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html

Cover your mouth and nose with a cloth face cover when around others



- **You could spread COVID-19 to others** even if you do not feel sick.
- **Everyone should wear a cloth face cover when they have to go out in public,** for example to the grocery store or to pick up other necessities.
 - » Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- **The cloth face cover is meant to protect other people** in case you are infected.
- Do **NOT** use a facemask meant for a healthcare worker.
- Continue to **keep about 6 feet between yourself and others.** The cloth face cover is not a substitute for social distancing.

Cover coughs and sneezes



- **If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect



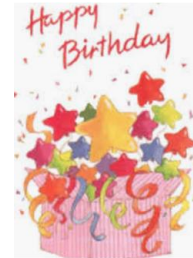
- **Clean AND disinfect frequently touched surfaces** daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** You can see a list of [EPA-registered household disinfectants here.](https://www.epa.gov/pesticide-registration/epa-registered-household-disinfectants)

June Birthdays



Birthdays in June

Neil Forrest	6/2	Dennis Vulkanoff	6/24
Amanda Black	6/3	Bev Forrest	6/26
Bill McLaughlin	6/4	Sandy Sigmon	6/27
Gail Meyer	6/5	Carol Earl	6/30
Verna McDowell	6/8	Birthdays in July	
Carol Lundeen	6/9	Mike Baretsky	7/2
Stan Bumgarner	6/11	Rose Arant	7/6
Kris Bowman	6/13	Audrey Rozzelle	7/8
Jeffrey McDermott	6/13	Bob Williams	7/9
Muriel Galluzi	6/13	John Geiger	7/9
Betty Schwartz	6/13	Barbara Womack	7/11
Kenneth Pujdak	6/17	Kitty Clark	7/15
June Chalk	6/18	Helen Cobb	7/16
Cass Taliaferro	6/18	Bernadette Coffey	7/16
George Beckom	6/21	Jane Woodward	7/18
Doak Walker	6/21	Yung Holtzman	7/20
Laurie Johnsen	6/22	Cindy Donahue	7/21
Bill Jones	6/22	Marvin Yokum	7/30
Gloria Berg	6/24		



happy,
happy
birthday
to you!

KINDNESS.....and other stuff like that!!!



Kindness...
A good thing to share!

Hold open a door for someone. Clean up a neighbor's yard.
Listen. Hold a hand.
give a flower. Visit a friend. smile. SAY THANKS.
Send a card. pay for a meal. give a compliment.
Do a favor. give up your seat.



NEWCOMERS OF CATAWBA VALLEY----SPONSORS



Hickory Community Theatre



Heaven's Best Carpet Cleaning



Trent Jolley, Farm Bureau Insurance



Lake Hickory Adventures



Chad Burel, Edward Jones Investing



Hickory Real Estate Group



Viewmont Healthsmart Pharmacy



Crosswind Café



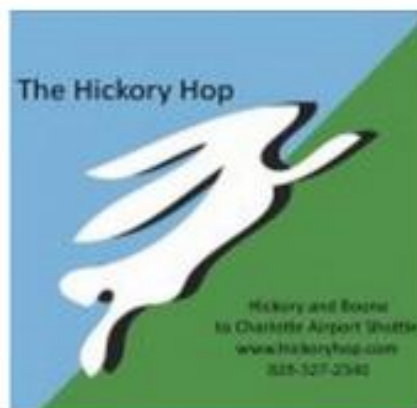
Catawba County Chamber of Commerce



Catawba Valley Comm College



Marine Corps League



Hickory Hop



Select Tech Repairs



Granite Falls Brewery



Van Fleet Aviation





The UPS Store



Linda Meares, Coldwell Banker



Allen Tate Realty - Mortgage

Gary West's Power Washing and Steam Cleaning

Business Residential
Commercial Vinyl Siding
Tractor & Trailers
Heavy Equipment
Decks, Driveways, Roofs, Etc.



3252 Pooh Place
Lenoir, NC 28645
828-754-8072
(Cell) 396-0323

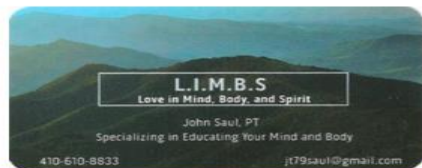
Gary West's Power Wash



Life Enrichment Travel



Auto Fitness Center



LIMBS Physical Therapy



Hickory Heat & Cool



Olde Tavern

Charity **ROBIN'S NEST**

Robin's Nest is a nationally accredited Children's Advocacy Center. Child victims of sexual and severe physical abuse are provided child specific services that include compassionate forensic interviews, medical examinations, counseling and advocacy services. Providing these services at a single site helps decrease the trauma these children face, speed the healing process, and increase the likelihood of conviction of offenders.

Wish List

GIFT CARD

- \$10 Wal-Mart Gift Cards
- \$10 Grocery Store Gift Cards (Fair Value, Food Lion)
- \$10 Gas Cards

SNACKS

- Juice Boxes
- Individual Size Snack Packs - Chips, Cookies, Gummy Snacks, Applesauce, Crackers, Little Debbie Cakes

GENERAL SUPPLIES

- Copy Paper 8 1/2 x 11
- Paper Towels & Toilet Tissue
- 13 Gallon Tall Kitchen Trash Bags
- Antibacterial Cleaning Wipes & Spray Cleaner
- Air Freshener Spray
- Heavy Duty PAPER Plates & Plastic Forks, Knives, Spoons
- 12oz Disposable Coffee Cups, K-cups for Keurig, Flavored Creamer Cups/Powdered Creamer/Sugar
- Lysol

ALFIE'S WISH LIST (Robin's Nest received Alfie through the Canine Companions for Independence Program in February 2020)

Alfie can only accept the following items. This is a mandate through the Canine Companions program

Dog Food: Eukanuba Large Breed, Kong toys, Lint rollers, Oatmeal Pet Shampoo, Mango Tango Cleansing wipes for dogs.



Officers, Directors, Activity Chairs and Committees 2020

Officers	Position
Cathi Montgomery	President
Rob Herman	Vice President
Kathy Rozea	Treasurer
Chris Beckom	Secretary
Delilah Bragg	Past President
Directors	
	Amy Chizen
	Adra Kryszczuk
	Suzie Matthews
	Addie McSherley
Activity	Chair
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Canasta and Games Day	Linda and Royce Dunn, Adra Kryszczuk
Canasta and Games Night	Zig and Adra Kryszczuk, Addie and Lonny McSherley
Charity Coordinator	Suzie Matthews
Coffee & Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri & Ed Stewart
Events Committee	Amy Chizen (chair), Chris Beckom, Dottie Demarest, Mary Ellen Glover, Shari Kidd, Jon Kiser, Kevin McCutcheon, Audrey Rozzelle, Sharon Snellings and Paige Straley.
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Carol Sawicki, Judy Dostall
Lunch out	Chuck Bethany, Francine Gissy
MahJongg	Dianne Straley
Membership	Rob Herman
Members Helping Members	Position available
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	Chris and George Beckom, Hedy Paussa
Samba and Games Night	Paige and Dianne Straley, Audrey Rozzelle
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	Chris and John Almeida, Jon Kiser and Rob Herman
Webmaster Team	Adra Kryszczuk (site and calendar), Greg Gervasio (site advisor)

.....and last, but not least.....

*“Be the kind of
 woman that when
 your feet hit the floor
 each morning the
 devil says,
 “Oh crap, she’s up!”*

.....I KNOW I am “that kind” of woman!!! lol