

Newcomers of Catawba Valley

2425 North Center Street #169

Hickory, NC 28601

www.newcomersofcv.com

March 2020

well hello,
march



Presidents Message

Hello Newcomers! Thank you for choosing me as your new President!

I am excited to be a part of this amazing organization and to be working with the new Board. And I am proud to be following Delilah Bragg as president, and want to thank her, the previous Board, and all the volunteers for their energetic efforts to maintain and grow this successful club. My husband, John, and I moved from the Washington DC area almost five years ago and love the small town feel here in the Catawba Valley. We enjoy the Newcomer's group very much, especially the people! There are so many activities to do and enjoy. But we couldn't have the success that we have without our volunteers. I am very impressed with the number of volunteers we have and all they do to keep this club the "well-oiled machine" that it remains.

We can always use more volunteers (and it's fun!). Contact me (cathimontgomery@aol.com), or a board member, and we can get you hooked up to join our fantastic group of volunteers. **Volunteers are the heartbeat of this organization.** I look ahead to a year that is filled with exciting activities and camaraderie. Your comments and suggestions are necessary to keep this incredible group strong and meaningful, so please share them with me and the board.



I look forward to meeting you all!

Warm Regards,
Cathi Montgomery
NCV President



It's Membership Renewal time!!!!

RENEW NOW AND SAVE \$\$\$



Newcomers Annual Renewal Time!!

For current members we are offering a discount if you pay your dues before 3/31/20, the end of our fiscal year.

Discounted Rate: \$12.50 per person
(Rate after 3/31/20 is \$15.00 per person)

Mail your check to:

Newcomers of CV
2425 N. Center Street
Box #169
Hickory, NC 28601



Thanks everyone, Kathy Rozea, Treasurer
(If you see me around at "activities", you can pay me directly.)

March Program and General Meeting

Come hear our March 11 speaker talk about the Miracle of Hickory - how a city with no hospital in 1944 dealt with a polio outbreak. Within in 54 hours, a hospital of tents was erected near what is now the Hickory water treatment plant. That extraordinary effort involved doctors, nurses, volunteers, plumbers, carpenters and even prison workers. In the year that the hospital operated, it treated 454 children from the region. The speaker, representing the Catawba County History Museum, will talk with us at 10:30 a.m. Wednesday, March 11, at the Hickory Regional Airport. We don't have a speaker's name to share with you yet, but please come hear about the Miracle of Hickory.

History Museum of Catawba County Tour

At the General Meeting on Wednesday, March 11th, NCV will have a speaker from the History Museum to talk about "The Miracle of Hickory." The following Wednesday, March 18th, join us for a tour of the History Museum of Catawba County in Newton.

Our tour will start at 10:00AM and last about an hour. The cost for the tour is \$10.70 per person, payable at the Museum that day.

After our tour we will plan to have lunch at the Whisk & Barrel across the street.

Please RSVP to Amy Chizen at chizenamy@gmail.com or (860) 428-6786. Let us know if you wish to carpool and if you will be joining us for lunch.

Special Events

and

NEWS from the Special Events Committee

The first Special Events Committee (SEC) Quick Trip was held on Monday, February 10th when 8 of our members gathered at Bisque n Beads in downtown Hickory to glaze a ceramic item. We had a great time and are looking forward to getting our pieces back in a week or so. Most of us were anxious to do it again because we had such a hard time deciding which item to do! So we are thinking of doing another Quick Trip there over the summer in the evening. It takes about 2 hours, and with the sun up longer, we could get in and out while it's still light out. Let me know if you'd be interested. Also, the owner, Katie, offers classes in jewelry-making. Maybe we'd rather do that next time. Let me know your preferences at chizenamy@gmail.com.



Your Special Events Committee has a proposed outing for May 15th or 16th. It would be a Food Tour in downtown Asheville. Cost would likely be \$65 per person and it would involve a two mile, three hour (facilitated) tour of food and drink at various restaurants.

We will work on a carpool if there is enough interest.

Here are a couple of links for you to review. If you are interested, which tour would you prefer? We will select the tour that generates the most interest. Please let us know by 3/5, since advance purchase will be critical. We will let you know which tour we select and which date we select. At that time, you will go on-line and make your payment. *It is a rain or shine tour.*

<https://ashevillefoodtours.com/>

<https://ashevillefoodtours.com/buy-tickets/>

Thank you,

Jon Kiser (jaydeekay59@gmail.com) Special Events Committee member



POPCORN! GET YOUR POPCORN!



We are on the road for our first full-day trip of 2020!

We are travelling to **Yadkin Valley Popcorn at Shallowford Farms** in Yadkinville
on **Thursday, April 2nd**.

There will be free samples!

We will meet at the Hickory Regional Airport at 8:30 AM and carpool to Yadkinville.
It will take just over an hour to get there. Our tour is at
10:00 AM and is about 1 hour of standing and walking.

There will be free samples!

The cost for the tour is \$5 per person.

There will be free samples!

Later there will be time for shopping at their Gourmet Popcorn Store filled with various
flavors of popcorn and popcorn products.

Did I mention free samples?

When we finish there, we will head 3 minutes away to the Battle Branch Café for
lunch on your own.

RSVP how many are coming and if you would be willing to drive to Amy Chizen
at chizenamy@gmail.com or (860) 428-6786.

Overnight trip to the Land of Waterfalls. Tuesday May 5 - Thursday May 7th, 2020.

Tuesday May 5: Day One

Car pool caravans begin our adventure with lunch in at the **Never Blue Restaurant. Hendersonville NC.**

<http://www.theneverblue.com>

After lunch we will drive to the **Pisgah National Forrest** to see **Looking Glass Falls**, one of the most photographed waterfalls in the Country. There is a short walk to observation deck. Steps take you to the bottom of the falls. Our group will then drive to **Slick Rock Falls**, which is a picturesque waterfall approximately 35 feet high. There is a 200 foot walk from the gravel access road. We will walk up steps and go 25 yards up the trail. The falls are on the right. Wear good walking or hiking shoes.

By late afternoon we will check in at the **Holiday Inn Express in Brevard**. Members will be responsible to book their own hotel rooms for one or two night stay. Dinner reservations will be made for the **Falls Landing Restaurant**. (<https://www.thefallslanding.com>) at 7pm. Members will be responsible for costs of meals, tax and tips appropriate for a large group.

Wednesday May 6 Day Two:

Everyone will make their own choices for the days activity. Relax, use the exercise room, and explore Brevard, shopping museums and more. Breakfast, lunch and dinner on own. Some members may choose to check out of room and return to Hickory if desired. For those staying a second night, Samba games will be offered in the late afternoon and evenings if interested. BYOB, snacks and your boards.

Thursday May 7 Day Three:

After breakfast provided by the hotel, everyone checks out. We drive to the **Dupont State Forrest**. Visit **Hooker Falls** which are easily accessible. The falls are at the site of a former grist mill, where Little River drops off 13-foot high ledge before flowing into Cascade Lake. **Triple Falls** is a 125-foot waterfall. You will find stepping stones and descent to the Little River on the opposite side of the bridge and parking lot. Take the trail running parallel to the river and hike upstream about 1000 feet on level ground. The trail then bends to the right and ascends another 1000 feet up a steep slope. High Falls is another 15 minute walk further upstream. Our group will meet up for lunch at the **Cedar Mountain Cafe. 10667 Greenville Hwy, Cedar Mountain, NC 28718 www.cedarmountaincafe.com**

If you want to be included in any of the restaurant reservations or Samba games, Please RSVP to by no later than **Monday April 27, 2020** and indicate which restaurant reservations you wish to be included.

Please contact Carol Hoover for details on how to get the hotel manager's rate of \$109 per night. Then make your own hotel reservations. Holiday Inn Express 2228 Asheville Hwy. Brevard NC 28712. 1-828-862-8900 AAA, AARP and ING discounts offered.

Carol Hoover. 828-514-1766. carolh.home@gmail.com

Committee Position Available!

The board is asking for help from our membership. There is a need for a person or persons to cover our *Members Helping Members* committee. The position coordinates support for members with short term needs and would not require a lot of time and just a minimum of computer and telephone work. Please put your thinking caps on if you would be willing to consider this position and contact club president, Cathi Montgomery at cathimontgomery@aol.com.

Monthly Activities

Do you like Strategic Challenging Board Games?

Do you like board games that are challenging, more strategic then random, more varying then repetitive? Do you find "Monopoly" boring or "Risk" too dependent on the roll of the dice, or "Sorry" is a good name for a sorry board game. Then, consider learning to play some of the newest Challenging board games. Have you heard of **PANADEMIC**? A game where all the players collaborate attempting to save humanity from spreading contagious viruses. Either everyone wins the game or everyone loses. Or, **SPLENDOR**, where your strategy is constantly changing as the game conditions and opponents change on you. We are determining if there is any interest in having a Strategic Board Game night? **If interested, email Rob Herman at Rob6Herman@gmail.com and indicate your interest and what strategic games are your favorites.**



THE PANADEMIC GAME BOARD.

SCRABBLE anyone?????

Some REQUESTS for playing Scrabble on GAME NIGHTS/GAME DAYS has come up, and if there are others interested, Please contact the Administrator for the Samba and Games (day or night) or Canasta and Games(day or night) once the invite email arrives.

Book Club

Book Club is currently reading *Educated: A Memoir* by Tara Westover. Born to survivalists in the mountains of Idaho, Tara was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home.



Book Club meets every other month on the 4th Wednesday of the month, except for this November. Our next meeting is March 25, at Women's Resource Center at 1:30 p.m. Donna McDermott will facilitate our discussion.

Several book club members plan to attend Lenoir Rhyne's Visiting Writers Series on March 5, 7PM, when Min Jin Lee (the author of *Pachinko*) is scheduled to speak. A ticket is required but is free and can be obtained by calling (828) 328-7206. A few of our members are interested in meeting for dinner prior to the talk. If you would like to meet at Panera Bread at 5:15 PM please let Mary Bucy know at mebucy@hotmail.com or (828)514-4290.

The Book Club Coordinator is Mary Bucy at mebucy@hotmail.com

Bowling

March Bowling Dates are March 12 and 26 from 6:30pm to 9pm @ Pin Station, 525 W A St, Newton, NC 28658



Newcomers bowl on alternate Thursdays beginning October 10th and ending on April 23rd, 2020.

There will be 10 minutes of practice beginning at 6:20 pm with the games beginning at 6:30 pm. We are not a sanctioned league; there are no teams. We bowl for fun, socialization, and to get a little exercise.

Maybe you haven't bowled in 20, 30 or more years; don't be shy. We have bowlers of all abilities and

levels of experience. The cost is \$8.00 per person for 3 games. If you don't have bowling shoes, they can be rented for \$1.50. **Contact Vince LeGrand for more information at legravin@gmail.com**



Bridge

I LOVE BRIDGE



March 2020

Monday, Mar 2nd	Margie Dickey
Wednesday, Mar 4th	Peg Baldwin
Monday, Mar 9th	Pett Brands
Monday, Mar 16th	Laurie Johnsen
Wednesday, Mar 18th	Kathy Rozea

April 2020

Wednesday, Apr 1st	Phyllis Kane
Monday, Apr 6th	Barb Beck
Monday, Apr 13th	Barb Womack
Wednesday, Apr 15th	Susan Perkins
Monday, Apr 20th	Carolyn Eanes

Coffee and Conversation



An informal gathering over a cup of coffee, tea, etc., and a pastry or meal. We are introducing Newcomers to the different coffee and tea places in the area. Usually the last Friday of each month.

Fri, March 27, 2pm – 4pm we'll go to the Local Bean, 536 Central St in Hudson at 2 pm. If anyone wants lunch, there are a few good places within a short walk, including Vintage Cafe and Blanca's which are next to it. Let Sheri Binning know if you can come or just show up, ronald.binning@gmail.com

Dominoes

Tuesday March 3rd, Hickory Airport @ 6 PM (Plan to arrive by 5:45)

We will be playing Chicken Foot!! The cost is \$8.00 per person, plus \$1.00 for the “kitty” (Optional). >> F thru K << will be asked to provide desserts. The dinner menu will be: Meat Loaf, Real Mashed Potatoes, Gravy, Green Peas, rolls & butter. Tea, coffee, and ice water will be provided. >> Please email Bob Jones at itsmerbj@charter.net

Once you make your reservation, you will be obligated to pay the caterer for your meal—whether you attend or not, unless you cancel before the deadline of Sunday March 1st at 6:00 PM.

Bob Jones and Ed & Cheri Stewart



Games Days and Games Nights

Canasta and Games Days

Thu, March 5, 11:30am – 3:00pm Join us for lunch and games at 11:30 a.m. at the Hickory Airport for canasta, rummikub, dominoes, euchre, pinochle, mah jongg or other games suggested by members. SAMBA IS NOT OFFERED. Canasta players will be assigned to tables on a first-come, first-play basis. I will confirm your request to play, as we fill up tables of four. Players for all games should plan on arriving by 11:30 so we can have lunch and start playing at 12:00 noon. Cost will be \$8.00 for lunch of Roasted Pork Loin, Roasted Red Potatoes and Garden Salad, decaf coffee, iced tea and water. No desserts are offered or required however members may choose to bring a dessert to share if they desire. R.S.V.P. with your choice of game no later than 10:00 a.m. Tuesday of the same week. If a member cancels after the R.S.V.P. deadline they are still expected to pay for the meal that had been ordered. R.S.V.P to Adra Kryszczuk at adraellen@yahoo.com.



Samba and Games Night

Wed, March 11, 6pm – 9pm Hickory Regional Airport ([map](#))

Samba and Games Night is generally held on the second Wednesday of each month at the Hickory Regional Airport. All games are welcome. We will play your choice of games - Samba, Dominoes, Rummikub, Cribbage, Mah Jongg, Euchre, Bridge or your choice. CANASTA IS **NOT** OFFERED. Cards and dominoes will be provided. Please bring any other game you want to play. We are looking forward to another fun-filled evening this month. Cost: \$8, includes a catered dinner SERVED PROMPTLY AT 6:00 P.M! **Players last name L-R will bring desserts.** We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Tuesday, you still must pay the \$8 charge! Please bring exact change. Reserve your spot with Paige Straley at jpstraley@gmail.com

Samba Day

Thu, March 19, 11:30am – 3:30pm Hickory Regional Airport, 3101 9th Avenue Dr NW, Hickory, NC 28601 ([map](#))

Samba Day is the Third Thursday of each month. Lunch and Samba begins at 11:30 a.m. CANASTA IS **NOT** OFFERED. Lunch, dessert, beverages and an afternoon of fun-filled Samba is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for

those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please call Chris Beckom on her cell A.S.A.P. at 1-254-285-1611. To join in the fun, contact Chris at beckomgc@outlook.com

Canasta and Games Night



Wednesday, March 25th at 6:00 p.m. at the Hickory Regional Airport.

We are looking forward to seeing everyone this month, so come eat dinner and play the game of your choice. We offer Rummikub, Bridge, Canasta, Mah jongg, Dominoes, or any game you choose! SAMBA IS NOT OFFERED AT CANASTA AND GAMES NIGHT. Cards, Rummikub and Dominoes will be provided. Please bring any other game you want to play. I will confirm your request to play as we fill up tables of four. We are looking forward to another fun-filled evening this month. Get your group together or just come on out and try a new game. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner SERVED PROMPTLY AT 6 p.m., cost is \$8. Players E-K will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. the Tuesday before play, you still must pay the \$8 charge! Please bring exact change. Reserve your spot with Zig Kryszczuk at zkryszczuk@yahoo.com

Lunch Out

March 'Lunch Out' will be at the Olde Tavern in Hickory. March 12th @ 11:30am
The Olde Tavern, 2710 North Center Street, Hickory, N.C. 28601 (Highway 127)
(828) 322-3323 theoldetavern.com

Olde Tavern serves lunch with a selection of salads, sandwiches, hamburgers, wings and entrees. An Express Lunch is also offered for \$7.99, which includes soup or sandwich with one side.

In addition to their basic menu (www.TheOldeTavern.com), they also have daily specials.

Thursday Specials:

- \$7.50 Build Your Own Burger (with choice of side). Regular hamburger prices are \$10.00 - \$11.00
- \$2.00 PBR Draft - \$3.00 Select Domestic Bottle - \$4.00 House Liquors

Join us on March 12th. *Lunch is in their private dining room - we can eat and visit in a relaxed atmosphere.*

You may enter through the main door or the door to the left of the main door. The door to the left of the main entrance leads directly to the private dining room. There is plenty of parking and no steps to enter the restaurant.

RSVP to: Francine Gissy (828) 578 – 8488 fgissy32@gmail.com DEADLINE to RSVP: March 9th (Monday)

Mah Jongg

Club members play at 1:30 p.m. on Tuesdays and 10:30am on Fridays at Pinecrest, 915 29th Ave NE, Hickory, NC 28601, USA ([map](#)) at Pinecrest Retirement Center, 915 29th Ave. NE, Hickory. We play the American version, it's more challenging than canasta and less mentally taxing than bridge. Contact me and we will arrange a time for you to take lessons or just watch several of us play. Lots of fun! Dianne Straley, dfwhit@gmail.com



If you're an on-again, off-again mah jongg player, you will want to take a note of this date: March 27. Maybe you think the game is too complicated and has too many rules.

Not on **March 27**. That's when the club will hold its annual Bend the Rules Mah Jongg Potluck and Game. This is one of the last time we will play with the 2019 card and we will celebrate by ignoring those rules we all hate. On **March 27**, you can use jokers with pairs.



You can call for a tile in a closed hand. Heck, you can even use hands on old cards - if that gives you a win. **Come play at 10 a.m. at the home of Brenda Ireland, 2025 10th St. Blvd. NW, Hickory. Watch for more details about the potluck.**

- Dianne Straley dfwhit@gmail.com



Rummikub

Tue, March 17, 6:00pm – 9:30pm Location to be announced

Rummikub is a fast moving rummy tile game for everyone ~ male and female, beginner or experienced player, young and old. Players make sets of tiles with the same numbers in different colors or build runs of tiles in the same color. The game is a combination of luck and strategy, but it is very easy to learn.

Shooting

Tuesday, March 10th from 6:30pm to 8:30pm and Thursday, March 26th from 12pm to 3pm

Springs Road Gun Club, 3462 Springs Rd NE, Hickory, NC 28601, USA ([map](#))

We shoot at the Springs Road Gun Club on Springs Road in Hickory. Their website is www.springsroadgunclub.com They offer gun rentals and a wide variety of training classes. If you are a shooter or are interested in learning to shoot, we would love to have you join us. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. For more information, contact Vince LeGrand at legravin@gmail.com

Team Cuisine

As founders of and the current administrators for Team Cuisine, Jon Kiser and I have worn many hats in trying to bring another enjoyable and worthwhile experience to the Newcomers Club of Catawba Valley. We were totally interested in working with gracious hosts who wanted to have a Kentucky Derby party at their house that could accommodate many participants all at once. Consequently their plan will come to life on Saturday, April 25. We will have a specific posting with full details very soon.

The first thing to know now is that the ladies are encouraged to literally wear a Derby style hat to the party! The second thing to know is that after the Derby all Team Cuisine dinners will be around a small table at many different homes.

Jon and I discovered that the dinner-at-home concept is our passion and bigger group events belong under purview of the Special Events Committee.

We look forward to seeing 36 of you at the Derby Party and sitting as a group of six to eight (or nine or ten in a special circumstance) at Team Cuisine dinners in all future dinners.

Happy eating always! Chris Almeida Jon Kiser

Sponsor Spotlight

Trent Jolley / Farm Bureau

Trent Jolley and Farm Bureau have been a sponsor of Newcomers of Catawba Valley since 2017. He brings years of experience dealing courteously and professionally with people to Farm Bureau. He is active in church and with local organizations. He is also a graduate of Liberty University, with a B.S. in Criminal Justice and Psychology.

Farm Bureau offers Home, Life, Health and Auto insurance and a wide array of other commercial, farm, crop and personal liability policies, as well as a variety of banking products.

Trent's office is at 1310 4th St. Drive NW, Hickory, NC 28601. Phone 828-324-9993.

BIRTHDAYS

Birthdays in March				Birthdays in April			
Debbie Robinson	3/1	Jim Peppers	3/18	Andy Bucy	4/1	Dianne Straley	4/17
Chuck Bethany	3/3	Kathy Mersinger	3/18	Judy Dostall	4/4	Ruth Siskind	4/17
Debbie Elias	3/5	Brenda Panella	3/20	Mike Caudill	4/5	Joe Durand	4/18
Harriet Bates	3/7	Dennis Donahue	3/21	Sharon Hilliker	4/6	Deborah Wood	4/19
Peggy Meyer	3/7	Harlan Chizen	3/22	Rebecca Alt	4/6	Lisa Burel	4/20
Nancy Jones	3/8	Diana W. Earnest	3/22	John Almeida	4/9	Lori Martin	4/22
Richard P. Taft	3/8	Greg Gervasio	3/22	Harold W. Mason	4/9	Chad Burel	4/26
Corwin "Kip" Kippenhan	3/10	Addie McSherley	3/23	Don Baldwin	4/10	Raymond Osterer	4/26
Janet Rudisill	3/10	Joe Longo	3/28	Margie Dickey	4/10	Naomi East	4/27
Judy Fahrenholz	3/11	Helen Pope	3/28	Donna McDermott	4/10	Susan Perkins	4/27
Lori Gervasio	3/12	Ann Waldron	3/28	William Waldron	4/11	Delilah Bragg	4/29
Monty Matthews	3/12	Sharon Snellings	3/29	Debbie Dalton	4/13	Craig Hines	4/29
Larry Parker	3/12	Greg Conrad	3/30	Susan Leininger	4/13	Bert Perkins	4/30
Carol Hoover	3/13	Debbie Longo	3/30	Jon Kiser	4/14	Susan Turner	4/30
Linda Fedder	3/16	Susan Sanders	3/31	Al Cobb	4/15		
Betty A. Houser	3/17			Bob Jones	4/15		



Quarterly Charity / Safe Harbor



Safe Harbor
Anchoring Lives Through Christ

Safe Harbor is a nonprofit, non-government funded Christ-centered community for rebuilding, renewing and recovery for women who have been abused and are in a TRANSITIONAL stage of their lives having completed programs regarding their addiction or offense. The programs provide evidence-based, faith-inspired resources for success.

Safe Harbor offers a three-prong approach to helping these women:

NEW DAY PROGRAMS: classes, groups and programs that are especially geared toward women and children of all walks of life. Programs include NOW (New Opportunities for Women Experiencing poverty); MINnows (Mothers and Infants Nurturing); Greenleaf Transitional Living (16 transitional apartments); On Purpose (Classes for women of all walks of life to learn their purpose in life); The Bridge (an Outreach to those in sex trafficking.)

THRIVE RECOVERY PROGRAMS: Many families and individuals in our community who find they are barely surviving due to substance use disorders. Programs include: Whole Women (residential for women); Thrive Recovery Community-Coed classes support groups and events.

RESOURCE WAREHOUSE AND GALLERY: Social Experience. A creative reuse center on Highway 70 that provides work skills training for program participants, while generating income and raising awareness for Safe Harbor.

Winter Wish List

TRASH BAGS-30 Gallon	DISENFECTANT WIPES
PAPER TOWELS	FACIAL CLEANSER & MOISTURIZER
TOILET PAPER	UNDERWEAR - SIZES 5-13 Cotton briefs or bikini cut
LAUNDRY PODS HE (high efficiency)	PRE WRAPPED SNACKS: Breakfast Bars, Granola Bars, Nut Bars, Crackers, Etc.
SMALL DISPOSABLE BOWLS	Non Alcohol Cold and Flu medication
BLACK EYELINER & MASCARA	Cough drops, Vitamin C
Disenfectant toilet cleaner without bleach	Zinc
Twin size bedding neutral colors	Mitol
Bath Towels	Multivitamins
Brooms and Dust Bins	Tylenol
Pots and Pans	Ibuprofen
Vacuum Cleaners	8 OZ DISPOSABLE CUPS
Baking sheets	
To go plates	Non Breakable dishes and glassware
Scrub Free bathroom cleaner without bleach	
Coffee (ground and K cups)	SCENTED BODY SPRAY
Donation Drop-off: 112 2nd Avenue, Downtown Hickory ~ 828-326-7233	
Wish list items free up funding for other important programing needs	

New Members

Debbie Robinson, Newton, NC

Carolyn Shoemaker, Colorado

Carol Lundeen, Kane, Pa.



NEWCOMERS OF CATAWBA VALLEY----SPONSORS



Hickory Community Theatre



Heaven's Best Carpet Cleaning



Trent Jolley, Farm Bureau Insurance



Lake Hickory Adventures



Chad Burel, Edward Jones Investing



Hickory Real Estate Group



Viewmont Healthsmart Pharmacy



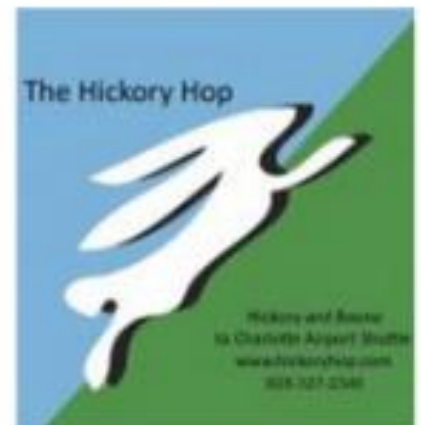
Crosswind Café



Catawba County Chamber of Commerce



Marine Corps League



Hickory Hop



Catawba Valley Comm College



Granite Falls Brewery



Select Tech Repairs



Van Fleet Aviation

The UPS Store

The UPS Store



Linda Meares, Coldwell Banker

LINDA MEARES
Broker, REALTOR®
818-653-7588 Mobile
818-332-8905 Business
818-527-7199 Fax
linda.meares@coldwellbanker.com
www.coldwellbanker.com
COLDWELL BANKER
BUTTS REALTY, INC.
BLARNEY
1111 Elm Street, Apt.
Hickory, NC 28601



Allen Tate Realty - Mortgage

Gary West's Power Washing and Steam Cleaning

Business
Residential
Commercial
Vinyl Siding
Tractor & Trailers
Heavy Equipment
Decks, Driveways, Roofs, Etc.



3252 Pooh Place
Lenoir, NC 28545
828-754-8072
(Cell) 396-0323

Gary West's Power Wash

Life Enrichment, Inc. TRAVEL

Mike Sigmon
President
mcsigmon69@gmail.com
404-277-7369 - Cell
226 44th Avenue NW
Hickory, NC 28601

Life Enrichment Travel

AUTO FITNESS CENTER INC

828-326-4003
autofitnesscenter@gmail.com
434 10th Ave Dr NE
Hickory, NC 28601
AUTOFITNESSCENTER.NET

Auto Fitness Center

L.I.M.B.S.
Love in Mind, Body, and Spirit
John Saul, PT
Specializing in Educating Your Mind and Body
410-610-8833
j79saul@gmail.com

LIMBS Physical Therapy

HICKORY HEAT & COOL

Todd Hagee
828-612-4986
828-679-1887
hickoryheatingandcooling@gmail.com
hickoryheatingandcooling.com

Hickory Heat & Cool

JUST FOR FUN



Saint Patrick's Day

March 17

J	Q	Y	E	S	H	A	M	R	O	C	K	G	B	I
S	J	E	L	U	N	T	D	K	Z	R	X	T	I	V
M	L	W	I	Y	K	B	B	E	C	L	O	V	E	R
M	E	B	M	D	Y	B	I	X	J	D	I	U	Q	A
B	P	B	E	K	A	P	N	R	U	U	L	R	E	I
B	R	H	R	G	U	N	N	V	E	B	T	L	G	N
Y	E	A	I	E	O	C	C	Y	K	L	S	S	L	B
Q	C	Y	C	D	Z	L	P	E	H	I	A	U	V	O
G	H	Q	K	A	Z	C	D	E	B	N	C	N	L	W
H	A	I	A	R	X	V	M	Y	L	K	E	C	D	B
F	U	B	B	A	X	E	Z	F	A	E	B	H	J	H
V	N	E	K	P	R	M	L	B	R	P	R	A	C	E
J	Z	P	D	A	J	M	N	G	N	P	Q	R	J	R
P	P	N	L	E	E	J	D	I	E	P	A	M	X	B
Q	O	D	R	Z	E	M	H	Q	Y	M	M	V	H	I

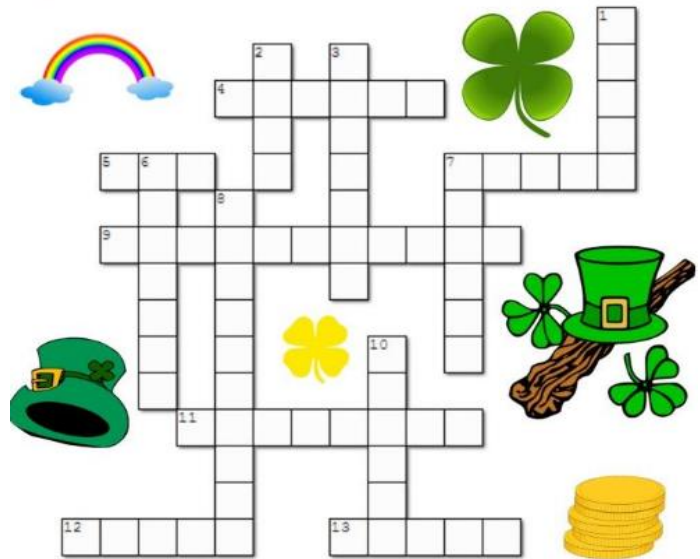
BLARNEY
CHARM
CLOVER
DANCE
DUBLIN
EMERALD

GOLD
GREEN
IRELAND
ISLE
LEPRECHAUN
LIMERICK

LUCK
MARCH
PARADE
RAINBOW
SHAMROCK



ST. PATRICK'S DAY CROSSWORD PUZZLE



Across

- capital of Ireland
- a type of Irish dance
- if you do not wear green on March 17 this will happen
- the day St. Patrick's Day falls on
- the national emblem of Ireland
- yellow and blue make _____
- from Ireland

Down

- the 3rd month of the year
- good fortune
- nonsense or misleading talk
- called the Emerald Isle
- a starchy vegetable
- a sprite
- 4 leaf _____



Officers, Directors, Activity Chairs and Committees 2020

Officers	Position
Cathi Montgomery	President
Rob Herman	Vice President
Kathy Rozea	Treasurer
Chris Beckom	Secretary
Delilah Bragg	Past President
Directors	
Amy Chizen	
Adra Kryszczuk	
Suzie Matthews	
Addie McSherley	
Activity	Chair
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Canasta and Games Day	Linda and Royce Dunn, Lori Gervasio
Canasta and Games Night	Zig and Adra Kryszczuk, Addie and Lonny McSherley
Charity Coordinator	Suzie Matthews
Coffee & Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri & Ed Stewart
Events Committee	Amy Chizen (chair), Chris Beckom, Dottie Demarest, Mary Ellen Glover, Shari Kidd, Jon Kiser, Patsy Lang, Kevin McCutcheon, Audrey Rozzelle, Sharon Snellings and Paige Straley.
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Carol Sawicki, Judy Dostall
Lunch out	Chuck Bethany, Francine Gissy
MahJongg	Dianne Straley
Membership	Rob Herman
Members Helping Members	Position available
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	Chris and George Beckom, Hedy Paussa
Samba and Games Night	Paige and Dianne Straley, Audrey Rozzelle
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	Chris and John Almeida, Jon Kiser and Rob Herman
Webmaster Team	Adra Kryszczuk (site and calendar), Greg Gervasio (site advisor)



.....and Last, But not Least.....

.....I don't let my age define me.....

.....But the side effects are getting harder to ignore!!!!!!

