



**Newcomers of Catawba
Valley**
2425 Norths Center St #169
Hickory, North Carolina 28601
<https://newcomersofcv.org/>
JANUARY 2020

PRESIDENTS COLUMN

Hello Newcomers,

Happy New Year! It's a new year with new beginnings. I gave up making New Year's resolutions a long time ago. Something about resolutions just stressed me out, so now I jot down one (no more) new goal (no carry overs allowed) to work toward. **New** and **toward** are the key words here. I don't even have to accomplish it, only to work towards it until a better goal comes along to replace it.

We will pass the leadership for the Newcomers of Catawba Valley to the new officers in February. It has been an honor to have been the president of this organization and I will continue to be involved in the Newcomers in 2020. I would like to thank all the Board Members and Activity Chairs/Coordinators that have kept this club humming along through 2019. You all have done a great job to make this club what it is, but there are a two people that I would especially like to recognize as I end my term.

Someone who keeps this club going, knows what's going on and where to find things, always seems to be up on policy and rules, is a marvelous multitasker, has resilience when things are hectic, is a behind the scenes wonder and basically is a know it all. Of course, I'm talking about Adra Kryszczuk. Thanks, Adra for all the things you do!

The other person is someone who gathers information, steps up and shows up when needed, provides interesting speakers for the meetings, enjoys the comradery and outings of the club and has great ideas. That would be Dianne Straley. Dianne is a wiz at searching out people to speak at our meetings. She provides speakers that inform, entertain and give us new insights. Thanks, Dianne, for all the things you do! Wishing you all the healthiest and happiest 2020!



Delilah



January Program and General Meeting

Newcomers will tour the simulated hospital - a teaching lab using robotic patients - at Catawba Valley Community College on Wednesday, Jan.8. This will replace the club's usual meeting at the airport. The ValleySim hospital is the largest facility of its kind on the East Coast and has a capacity for 16 "patients," who are robotic mannequins in critical care, acute care and ob-gyn beds.

We will meet at 9:45 in the lobby of CVCC's Cuyler Dunbar Building for our 10 a.m. tour. The tour was arranged by club member Naomi East, who was head of CVCC's nursing program before her retirement.

For a map of the campus, showing the Dunbar building, go to <http://cvcc.edu/mapprint.htm>.

We will the option of having lunch on campus afterwards.

Watch for emails setting up carpools for those who want a ride.

News from the Special Events Committee

We are all looking forward to a very busy, on-the-go 2020 and we hope you will be joining us at any and all events that interest you! There is no limit!

There are so many places within a one- to two-hour drive that need to be explored by anyone who is a newcomer to this area! So, let's go!! We are thinking of historical houses, museums and cities/towns to visit as well as activities at shops (painting, ceramics). For good measure let's throw in some car racing, fairs, shopping and festivals!

Our committee has lots of ideas, but we would also love to hear from any members with suggestions. Was there somewhere you visited that you think the group would enjoy? Did you have to miss a previous trip with Newcomers that you'd like to see repeated? Have someplace in mind that you'd love to go to, but not alone? We're here for you! Call or text me at (860) 428-6786 or send me an email at chizenamy@gmail.com.

Watch this newsletter for our plans and we hope you will be able to join us!

Special Events



Newcomers' Party



(Without the game, the car fumes, or the cold)

Saturday, January 25th, from 6pm – 9pm

Hickory Regional Airport

Games – Trivia Challenges – Great Food!

Bring your best tailgate food (plan on enough to serve 12)

Appetizers, Salads, Mains, Brats, Dogs, Burgers, Desserts

We'll have coffee, tea and water.

Bring your own beer, wine, whatever!

RSVP to Chris Beckom at beckomgc@outlook.com

• How many are coming and what food you are bringing?

Schedule:

6:00 Dinner

7:00 Games

8:00 Trivia winners announced and Bingo

9:00

Clean up ■



Book Club

The Book Club celebrated the holiday with our annual luncheon. We were hosted by Cindi Williamson at her lovey home where she decorated with a beautiful and creative 'Book Tree' and treated us to a variety of Santa gifts of books that she had collected. A delicious lunch was catered by Chris Almeida's family owned The Hickory Sandwich Shop (1050 Old Lenoir Rd). Afterwards, we watched My Sister's Keeper a movie from an author we had read earlier the past year.

Book Club is currently reading Pachinko by Min Jin Lee. This is the story that follows the family of young Korean girl through the 1900's. She meets a wealthy stranger from Japan and, in time finds she is pregnant. She accepts the offer of marriage from a gentle, sickly minister passing through on his way to Japan. Her decision to abandon her home in Korea and reject her son's true and powerful father sets of a dramatic set of events through the years that follow.

Min Jin Lee will be presenting at the Lenoir Visiting Writers Series in March. You can check their website for information on obtaining tickets. We will meet at 1:30 PM at the Women's Resource Center in Hickory on January 22 where Chris Almeida will lead our discussion. Book Club meets every other month on the last Wednesday of the month (except for November when we move the date so as not to be close to Thanksgiving). Our 2020 reads should be posted on the Newcomer's website. If you would like to join the Book Club please come to our book discussion or contact Mary Bucy (828-514-4290 or mbucy1@gmail.com).



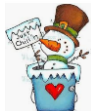
Bowling

There will be 3 sessions of Newcomers Bowling in January: January 2nd, January 16th and January 30th. **Time:** 6:20 **Location :** Pin Station, 525 W A St, Newton, NC 28658, USA

Newcomers bowl on alternate Thursdays beginning October 10th and ending on April 23rd, 2020. There will be 10 minutes of practice beginning at 6:20 pm with the games beginning at 6:30 pm. We are not a sanctioned league; there are no teams. We bowl for fun, socialization, and to get a little exercise. Maybe you haven't bowled in 20, 30 or more years; don't be shy. We have bowlers of all abilities and levels of experience. The cost is \$8.00 per person for 3 games. If you don't have bowling shoes, they can be rented for \$1.50. Contact Vince LeGrand for more information at legravin@gmail.com

Bridge

January 2020		February 2020	
Wednesday, Jan 1st	NEW YEARS DAY	Monday, Feb 3rd	Karen Schafer
Monday, Jan 6th	Peg Baldwin	Wednesday, Feb 5th	Phyllis Kane
Monday, Jan 13th	Kathy Bethany	Monday Feb 10th	Pett Brands
Wednesday, Jan 15th	Carol Parker	Monday, Feb 17th	Betty Stone
Monday, Jan 20th	Karen Schafer	Wednesday, Feb 19th	Kathy Durand



Coffee and Conversation

An informal gathering over a cup of coffee, tea, etc., and a pastry or meal. We are introducing Newcomers to the different coffee and tea places in the area. Usually the last Friday of each month. Let Sheri Binning know if you can come or just show up, ronald.binning@gmail.com
Let's try someplace new to us this month. We will meet at **Fresh and Delicious Bakery in Lenoir on Friday the 31st at 1 pm**. We'll meet a bit early since people like lunch when we go to Lenoir. It is located at 458 Harper Ave. That is before downtown. Look for the bright blue awning on your right. It's hard to miss.

Dominoes

When: Tue, January 7, 2020, 6pm – 9pm **Where:** Hickory Regional Airport, 3101 9th Avenue Dr NW, Hickory, NC 28601, USA ([map](#))

Description: Dominoes is usually held at **6:00 p.m. on the 1st Tuesday of each month**. This is a fun game for ALL ~ male and female, beginner or experienced player, young and old. Please bring \$1 for the kitty. Crosswinds Cafe will cater dinner for \$8, SERVED PROMPTLY AT 6:00 P.M! Players will bring desserts (please label ingredients!). We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 6 p.m. the Sunday before the game, you still must pay the \$8 charge! Correct change will be greatly appreciated. For information, please contact Bob Jones at itsmerbj@charter.net

Games Days and Nights

Canasta and Games Days

When: Thu, January 2, 2020, 11:30am – 3:00pm

Description: Canasta and Games. Join us for lunch and games at 11:30 a.m. at the Hickory Airport for canasta, rummikub, dominoes, euchre, pinochle, mah jongg or other games suggested by members. SAMBA IS NOT OFFERED. Canasta players will be assigned to tables on a first-come, first-play basis. I will confirm your request to play, as we fill up tables of four. Players for all games should plan on arriving by 11:30 so we can have lunch and start playing at 12:00 noon. Cost will be \$8.00 for lunch of Monterey Bake with salad, iced tea, decaf coffee and water. No desserts are offered or required however members may choose to bring a dessert to share if they desire. R.S.V.P. with your choice of game no later than 10:00 a.m. Tuesday of the same week. If a member cancels after the R.S.V.P. deadline they are still expected to pay for the meal that had been ordered.

R.S.V.P to Royce Dunn at royce4084@gmail.com.

Samba and Games Day

When: Thu, January 23, 2020, 11:30am – 3:30pm

Where: Hickory Regional Airport, 3101 9th Avenue Dr NW, Hickory, NC 28601 ([map](#))

Description: Samba Day is the Third Thursday of each month. Lunch and Samba begins at 11:30 a.m. CANASTA IS **NOT** OFFERED. Lunch, dessert, beverages and an afternoon of fun-filled Samba is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please call Chris Beckom on her cell A.S.A.P. at 1-254-285-1611. To join in the fun, contact Chris at beckomgc@outlook.com.

Samba and Games Nights

When: Wed, January 15, 2020, 6pm – 9pm

Where: Hickory Regional Airport ([map](#))

Description: Samba and Games Night is generally held on the second Wednesday of each month at the Hickory Regional Airport. All games are welcome. We will play your choice of games - Samba, Dominoes, Rummikub, Cribbage, Mah Jongg, Euchre, Bridge or your choice. CANASTA IS **NOT** OFFERED. Cards and dominoes will be provided. Please bring any other game you want to play. We are looking forward to another fun-filled evening this month. Cost: \$8, includes a catered dinner SERVED PROMPTLY AT 6:00 P.M! Players will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Tuesday, you still must pay the \$8 charge! Please bring exact change. Reserve your spot with Paige Straley at jpstraley@gmail.com.

Canasta and Games Nights

Canasta and Games Night will be held on **Wednesday, January 29th at 6:00 p.m.** at the Hickory Regional Airport. We are looking forward to seeing everyone this month, so come eat dinner and play the game of your choice. We offer Rummikub, Bridge, Canasta, Mah jongg, Dominoes, or any game you choose! SAMBA IS **NOT** OFFERED AT CANASTA AND GAMES NIGHT. Cards, Rummikub and Dominoes will be provided. Please bring any other game you want to play. I will confirm your request to play as we fill up tables of four. We are looking forward to another fun-filled evening this month. Get your group together or just come on out and try a new game. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner SERVED PROMPTLY AT 6 p.m., cost is \$8. Players **A-D** will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. the Tuesday before play, you still must pay the \$8 charge! **Please bring exact change.** Reserve your spot with Zig Kryszczuk at zkryszczuk@yahoo.com.

Lunch Out

When Thu, January 9, 2020, 11:30am – 1:30pm

Description: 'Lunch Out' is JANUARY 9th (11:30am) at Coach's Neighborhood Grill in Hickory, NC.

RSVP to: Francine Gissy @ fgissy32@gmail.com or (828) 578 - 8488.

DEADLINE: January 8, 2020 (Wednesday)

COACH'S NEIGHBORHOOD GRILL

<http://www.coachsneighborhoodgrill.com>

2049 Catawba Valley Boulevard

Hickory, NC 28601

Phone (828) 358 - 1658

Coach's is located in the former Buffalo Wild Wings on Catawba Blvd. It is next to Wild Wok and directly behind Belk. The chain opened its 10th location in Hickory in June 2019.

Coaches started in Asheboro as Coach's Cheese Burger & Cheese Steak. In addition to specializing in burgers and Philly Steak sandwiches, the menu offers a large variety of salads, sandwiches, and pasta ***Lunch specials range from \$5.99 - \$8.99. Thursday specials are .65 wings.***

Looking forward to visiting with you at 'Lunch Out', Francine Gissy @ fgissy32@gmail.com



Mah Jongg

Club members play at 1:30 p.m. Tuesdays and 10:30 a.m. on Fridays at Pinecrest Retirement Center, 915 29th Ave. NE, Hickory. We play the American version, it's more challenging than canasta and less mentally taxing than bridge. Contact me and we will arrange a time for you to take lessons or just watch several of us play. Lots of fun! Dianne Straley, dfwhit@gmail.com

Rummikub

When: Tue, January 21, 2020, 6:00pm – 9:30pm **Location:** TBA

Description: Rummikub is a fast moving rummy tile game for everyone ~ male and female, beginner or experienced player, young and old. Players make sets of tiles with the same numbers in different colors or build runs of tiles in the same color. The game is a combination of luck and strategy, but it is very easy to learn. Please contact Michele LeGrand if you have questions, exermom@gmail.com. Will usually meet at member's homes. The hostess will provide a dessert and drinks. Everyone is welcome. Please R.S.V.P. to the hostess by 10 p.m. the night before the game so that they are sure to have enough tables, etc.

Shooting Practice

Shooting will be held on Tuesday, January 14th at 6:30 pm and on Thursday, January 30th at noon

Where: Springs Road Gun Club, 3462 Springs Rd NE, Hickory, NC 28601, USA ([map](#))

Description: We shoot at the Springs Road Gun Club on Springs Road in Hickory. Their website is www.springsroadgunclub.com. They offer gun rentals and a wide variety of training classes. If you are a shooter or are interested in learning to shoot, we would love to have you join us. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. For more information, contact Vince LeGrand at legravin@gmail.com

Team Cuisine

It is time again to ring in a New Year!

As you may have read in the NCV newsletter, Team Cuisine has meal planners all set for 2020!

We now need to line up host homes. **Our first gathering will be February 1st, and the theme will be, “Dr. Zhivago.”** Rob Herman has built a menu (revealed at the end of this email) that is a tribute to that classic film. Hosts provide the vitally important tables and chairs for our gatherings! RSVPs cannot be guaranteed until we all have a seat at a table. All of us participants thank you in advance for your caring! If you are interested in participating as a host or participant. We will send out a second email on January 9 to confirm committed participants. Soon thereafter we will randomly assign participants to host homes. If your New Year's Resolutions include trying out Team Cuisine, we can answer any questions that will ease your way into these wonderful gatherings!

Our contact information is as follows:

Jon Kiser – jaydeekay59@gmail.com

Chris Almeida - cd10a28@yahoo.com

All the best for the New Year, Jon and Chris

“Dr. Zhivago” MENU:

Moscow Mule, Smoked Salmon on Rye, Shchi (Cabbage Soup)

(Stolichny) Potato Salad, Beef Stroganov, Sweet Cream with Berries



Sponsor Spotlight

Edward Jones Investing

Edward Jones Financial in Morganton has been a sponsor for Newcomers since 2017 and has been a generous contributor to Newcomer events during their Sponsorship. Newcomers own, Chad Burel, is the Financial Advisor for this location, and provides a wide range of financial services for all of us that live in this area. Edward Jones, and Chad, can help plan retirements, savings for college for children and/or grandchildren, help with estate planning, and many more services.

You can contact Edward Jones, and speak to Chad by calling 828-433-5377. Check out the Edward Jones/Morganton office website:

<https://www.edwardjones.com/financial-advisor/index.html?CIRN=XxKPIUsZf%2BmupwMLrG75Tz60qdfZrzbGb%2FFFIhKo9QOaztZFG4QRtraAeRZr4jL8>

Birthdays

Birthdays in January

Lee Wagoner	1/1
John Montgomery	1/2
Becky Thomas	1/2
Patricia Lang	1/4
Eric Koch	1/7
Wil Mullins	1/7
Hedy Paussa	1/7
Miki Valkanoff	1/10
David Martin	1/16
Kevin McCutcheon	1/16
Gail L. Miller	1/17
Barb Beck	1/21
Millie Broselow	1/22
Bryan Wood	1/22
Sue Bumgarner	1/23
Royce Dunn	1/23
Betty Stone	1/23
Sue Asp	1/27
Bob Connor	1/28
Ginny Heinrich	1/29
Steve Womack	1/29
Edie Ashman	1/30
Carolyn Eanes	1/30
Mary Ellen Glover	1/30

Birthdays in February

Christi Austin	2/1
Larry Laufer	2/1
Vicki Mullins	2/6
Mike Rozea	2/6
Susan Fontyn	2/8
Marje Wells	2/9
Donna Berger	2/10
Barbara Laufer	2/11
Butch Dunlap	2/15
Ron Kapnick	2/16
Bill Lane	2/18
Peg Baldwin	2/19
Steven Berg	2/20
Sheila Cooke	2/21
Joyce Walker	2/21
Cathie Lane	2/24
Beth Keane	2/28



WELCOME To Our New Members

Helen Baker from Panama City, Florida

Hazel Poppe from Brownsville, Texas

Quarterly Charity

SAFE HARBOR



Safe Harbor
Anchoring Lives Through Christ

Safe Harbor is a nonprofit, Christ-centered community

recovery for women who have been abused and are in a TRANSITIONAL stage of their lives having completed programs regarding their addiction or offense. The programs provide evidence-based, faith-inspired resources for success.

non government funded for rebuilding, renewing and

Safe Harbor offers a three-prong approach to helping these women:

NEW DAY PROGRAMS: classes, groups and programs that are especially geared toward women and children of all walks of life. Programs include NOW (New Opportunities for Women Experiencing poverty); MINnows (Mothers and Infants Nurturing); Greenleaf Transitional Living (16 transitional apartments); On Purpose (Classes for women of all walks of life to learn their purpose in life); The Bridge (an Outreach to those in sex trafficking.)

THRIVE RECOVERY PROGRAMS: Many families and individuals in our community who find they are barely surviving due to substance use disorders. Programs include: Whole Women (residential for women); Thrive Recovery Community-Coed classes support groups and events.

RESOURCE WAREHOUSE AND GALLERY: Social Experience. A creative reuse center on Highway 70 that provides work skills training for program participants, while generating income and raising awareness for Safe Harbor.

Suzie Matthews plans to organize a tour of the facility with complimentary lunch provided by Hannah's Barbeque in March for interested Newcomer members.

Fun Stuff



NEWCOMERS OF CATAWBA VALLEY----SPONSORS



Hickory Community Theatre



Heaven's Best Carpet Cleaning



Trent Jolley, Farm Bureau Insurance



Lake Hickory Adventures



Chad Burel, Edward Jones Investing



Hickory Real Estate Group



Viewmont Healthsmart Pharmacy



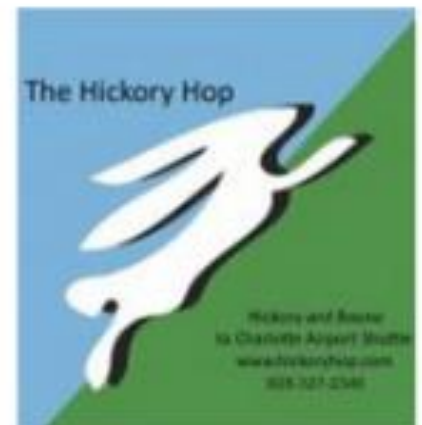
Crosswind Café



Catawba County Chamber of Commerce



Marine Corps League



Hickory Hop



Catawba Valley Comm College



Granite Falls Brewery



Select Tech Repairs



Van Fleet Aviation

The UPS Store

The UPS Store



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818-332-8845 Business
818-527-7199 Fax
linda.meares@coldwell.com
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Gary West's Power Washing and Steam Cleaning

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(Cell) 396-0323

Gary West's Power Wash

Life Enrichment, Inc.
TRAVEL
Mike Sigmon
President
mcsigmon69@gmail.com
404-277-7369 - Cell
226 44th Avenue NW
Hickory, NC 28601

Life Enrichment Travel

AUTO FITNESS CENTER INC
828-328-4003
autofitcenter@gmail.com
434 10th Ave Dr NE
Hickory, NC 28601
AUTOFITNESSCENTER.NET

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John Saul, PT
Specializing in Educating Your Mind and Body
410-610-8833
j75saul@gmail.com

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Todd Hagee
828-612-4986
828-679-1887
hickoryheatingandcooling@gmail.com
hickoryheatingandcooling.com

Hickory Heat & Cool

More.....Fun Stuff

HAPPY NEW YEAR
Wordsearch
Search for the words going up, down, left and right.

C	S	L	L	X	N	O	I	T	U	L	O	S	E	R
A	Z	N	A	G	A	V	A	R	T	X	E	I	Q	I
G	G	A	T	H	E	R	I	N	G	W	Z	N	P	N
A	F	O	T	S	W	O	S	D	R	W	L	O	L	V
D	I	D	R	O	Z	T	H	G	I	N	D	I	M	I
H	R	T	A	H	F	Y	T	R	A	P	W	S	E	T
F	E	B	D	F	B	I	N	H	M	G	Y	E	U	A
N	W	Q	I	Q	A	Z	F	G	D	C	G	M	S	T
N	O	I	T	A	R	B	E	L	E	C	Q	A	J	I
L	R	M	I	Y	R	A	U	N	A	J	L	K	H	O
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I	S	K	N	X	V	J	O	I	B	U	E	R	Z	N
Y	Z	P	H	C	O	U	N	T	D	O	W	N	S	M
H	W	W	J	M	U	H	N	U	X	X	O	U	Q	R
L	F	A	A	H	S	E	Q	S	I	O	C	O	F	G

CELEBRATION	COUNTDOWN	EXTRAVAGANZA
FIREWORKS	GATHERING	INVITATION
JANUARY	MIDNIGHT	NOISEMAKER
PARTY	RESOLUTION	TRADITION

DOMESTICMOMMYHOOD.COM

Officers, Directors, Activity Chairs and Committees



Officers	Position
Cathi Montgomery	President
Rob Herman	Vice President
Kathy Rozea	Treasurer
Chris Beckom	Secretary
Delilah Bragg	Past President
Directors	
Amy Chizen	
Addie McShirley	
Adra Kryszczuk	
Suzie Matthews	
Activities chair	
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Charity Coordinator	Suzie Matthews
Coffee and Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri and Ed Stewart
Events Committee	Amy Chizen (chair), Chris Beckom, Mary Ellen Glover, Dottie Demarest, Jon Kiser, Kevin McCutcheon, Patsy Lang, Audrey Rozzelle, Sharon Snelling, and Paige Straley
Canasta and Games Day	Lori Gervasio, Linda and Royce Dunn
Canasta and Games Night	Zig and Adra Kryszczuk, Lonnie and Addie McShirley
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Judy Dostall, Carol Sawicki
Lunch out	Chuck Bethany, Francine Gissy
Mahjongg	Dianne Straley
Members Helping Members	Patsy Lang and Martha Conrad
Membership Package	Rob Herman
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	Chris and George Beckom, Hedy Paussa
Samba and Games Night	Audrey Rozelle, Dianne and Paige Straley
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	John and Christine Almeida, Rob Herman and Jon Kiser
Webmaster Team	Greg Gervasio, (site), Adra Kryszczuk (calendar)

And.....last but not least.....I have finally reached the age where I can't function without my glasses.....
especially if they are empty!!! (:>) (:>) (:>) (:>)

