



## **Newcomers of Catawba Valley**

[www.newcomersofcv.com](http://www.newcomersofcv.com)

**2425 North Center Street #169**

**Hickory, NC 28601**



**2019**

### **President's Column**

**Hello Newcomers!**

I am full of anticipation in getting to experience the fall season in North Carolina. I'm looking forward to cooler weather, the changing colors of the trees, the smell of wood smoke and apples (apple butter, apple cider and apple pies).

It's a refreshing change and fall really feels like a new beginning. The excitement of the holidays is just around the corner and that always involves a lot of good food and gathering with friends and family. In addition to all the Newcomers ongoing activities, October brings an opportunity to hike at Riverbend Park, and the bowling folks will be resuming their fun. (See the calendar for specific dates). Groups are going to Hart Square, community theatres and sharing meals. We are fortunate to have such a variety of events available for our participation! Join in the activities and enjoy this wonderful season.



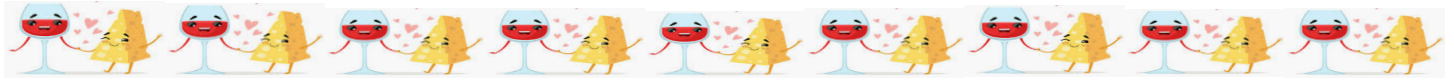
***Delilah Bragg***

**President**

**NCV**



## Oh, go take a hike! – No, really!



## YOU'RE INVITED

### To Newcomers **WINE & CHEESE TASTING**

Newcomers is having a Wine and Cheese tasting - a time to meet new members and catch up with old friends. Look for whites and reds and a little bubbly, plus an assortment of finger foods at the Old Hickory Station. We'll gather at 6 p.m. Wednesday, Nov. 6, in the restaurant's rear enclosed porch. Cost is \$10 per person. (It's really \$15, but the club is picking up part of the cost.) **The event is limited to 40 people because of the room capacity, so send your check, made out to the club, to:**



**Newcomers of Catawba Valley**

**2425 N. Center St., # 169, Hickory, NC 28601**

**We must have your "Yes - I'll be there" by noon on Monday, Oct. 28.**



## **MOUNT AIRY AUTUMN LEAVES FESTIVAL**

**DATE:** October 11, 2019 (Friday)

**TIME:** Leave Hickory at 9am

**MEET UP LOCATION:** TBD

**RSVP to:** Shari Kidd @ [kidd915sl@gmail.com](mailto:kidd915sl@gmail.com)

**DEADLINE:** October 9, 2019 (Wednesday)

Mount Airy Autumn Leaves Festival is recognized as one of the *Top 20 Events* in the Southeast by the Southeast Tourism Society. This year marks 53 years of celebration in the town known as Mayberry - Andy Griffith grew up in Mount Airy.

Enjoy browsing and shopping at the 200+ vendors and enjoy local foods and live music throughout the day. <http://www.autumnleavesfestival.com>

Entrance and parking is free. Shuttles are available for easy access to the festival. Dogs are not allowed. The festival started to celebrate harvest of apples and tobacco. It is now an event to enjoy autumn and friends.

## **October Program and General Meeting**

**Wednesday October 9<sup>th</sup> at 10:30am at the Hickory Regional Airport**



Hickory Mayor Hank Guess will update Newcomers on Wednesday, Oct. 9, about work that has begun on City Walk, part of the \$40 million bond projects approved by city voters.

The meeting starts at 10:30 a.m. in the Hickory Regional Airport's terminal building.

The city broke ground on the trail on Sept. 23 and has already completed the center portion, in downtown Hickory.

The 10-foot wide paved City Walk trail will run for 1.7 miles, from near the campus of Lenoir-Rhyne University, along Main Avenue, with a bridge across NC 127, through downtown and ending at 9th St. NW.

Other grants will allow the city and N.C. Department of Transportation to connect City Walk by way of Old Lenoir Road to the future Riverwalk, a stretch totaling 5.2 miles.

## **TABLE TALK**

Streaming video .....Member Sheri Binning conducted a Table Talk program on streaming video at our Sept. 11 meeting, concentrating on how TV viewers can find programming on their TV sets using an internet connection - either wireless or hardwired. Some programming is free, some have a charge. She explained how the Roku device works for a wireless connection. You can learn some of her tricks by going to the club website, [www.newcomersofcv.org](http://www.newcomersofcv.org), and opening the pull-down tab that's labeled "Resources." Look for Roku Setup. **Newcomers is looking for other members who can lead a discussion group after our monthly meeting to talk about applying technology to our lives. Contact Dianne Straley, [dfwhit@gmail.com](mailto:dfwhit@gmail.com), if you want to lead a Table Talk later this year.** So far we have had Table Talk discussions on the extras that come with Amazon Prime, how to use ride-sharing services such as Uber and Lyft and now video streaming.

**What do you want to talk about next?**



## MONTHLY ACTIVITIES

### Book Club

Book Club is currently reading **Southernmost by Silas House**. In the aftermath of a flood that washes away much of a small Tennessee town, evangelical preacher Asher Sharpe offers shelter to two gay men. In doing so, he starts to see his life anew, and risks losing everything: his wife, locked into her religious prejudices; his congregation, which shuns Asher after he delivers a passionate sermon in defense of tolerance; and his young son, Justin caught in the middle of what turns into a bitter custody battle. With no way out but ahead, Asher takes Justin and flees to Key West where he hopes to find his brother, Luke, whom he'd turned against years ago after Luke came out. And it is there, at the southernmost point in the country, that Asher and Justin discover a new way of thinking about the world, and a new way of understanding love.



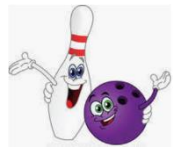
**Book Club meets every other month on the 4th Wednesday of the month, except for this November. Our next meeting is November 20th, at Women's Resource Center at 1:30 p.m.** Karen Mills will facilitate our discussion. The Coordinator is Mary Bucy at [mebucy@hotmail.com](mailto:mebucy@hotmail.com)

### Bowling

**BOWLING IS BACK.....come on over and toss a few balls!!!**

**Thu, October 10<sup>th</sup> and Oct 24<sup>th</sup> 6:30pm – 9:00pm**

**Pin Station, 525 W A St, Newton, NC 28658, USA** ([map](#))



Newcomers bowl on alternate Thursdays beginning October 10th and ending on April 23rd, 2020. There will be 10 minutes of practice beginning at 6:20 pm with the games beginning at 6:30 pm. We are not a sanctioned league; there are no teams. We bowl for fun, socialization, and to get a little exercise. Maybe you haven't bowled in 20, 30 or more years; don't be shy. We have bowlers of all abilities and levels of experience. The cost is \$8.00 per person for 3 games. If you don't have bowling shoes, they can be rented for \$1.50. Contact Vince LeGrand for more information at [legravin@gmail.com](mailto:legravin@gmail.com).

### Bridge

October		November	
Wednesday, Oct 2nd	Carol Parker	Monday, Nov. 4th	Peg Baldwin
Monday, Oct. 7th	Margie Dickey	Wednesday, Nov. 6th	Peg Baldwin
Monday, Oct. 14th	Helen Woodyard	Monday, Nov. 11th	Addie McSherley
Wednesday, Oct. 16th	Susan Perkins	Monday, Nov. 18th	Laurie Johnsen
Monday, Oct 21st	Laurie Johnsen	Wednesday, Nov. 20th	Peg Baldwin



### Coffee and Conversation

**Friday, Oct. 25<sup>th</sup> 2:00pm to 4:00pm**

An informal gathering over a cup of coffee, tea, etc., and a pastry or meal. We are introducing Newcomers to the different coffee and tea places in the area. Usually the last Friday of each month.

Let Sheri Binning know if you can come or just show up, [ronald.binning@gmail.com](mailto:ronald.binning@gmail.com)

We will be going back to **Buffalo Cove Mercantile and Cafe** by request. We will meet on Friday the 25th at 1 pm. Hopefully, we will see lots of colored leaves on that pretty drive. If you have never been there before, you are missing out. This is a little hidden gem for our area. <https://www.facebook.com/buffalomercantilecompanyandcafe>  
Also, if you want to car pool, let me know.



## Dominoes

### Dominoes : Tuesday Oct 1<sup>st</sup> @ 6pm at the Hickory Airport

We will be playing Chicken Foot!! The cost is \$8.00 per person, plus \$1.00 for the "kitty" (Optional).

>> J thru R << will be asked to provide desserts. The dinner menu will be : Wraps, and crispy pub chips. Tea, coffee, and ice water will be provided. Please email Bob Jones at [itsmerbj@charter.net](mailto:itsmerbj@charter.net) OR call 828-228-0506. Once you make your reservation, you will be obligated to pay the caterer for your meal—whether you attend or not, unless you cancel before the deadline of Sunday September 29th at 6:00 PM.

Bob Jones and Ed & Cheri Stewart



## Games Days @ Hickory Airport

### Canasta and Games Day. Thursday, Oct. 3<sup>rd</sup> 11:30am to 3:00pm

Join us for lunch and games at 11:30 a.m. at the **Hickory Airport** for canasta, rummikub, dominoes, euchre, pinochle, mah jongg or other games suggested by members. **SAMBA IS NOT OFFERED**. Canasta players will be assigned to tables on a first-come, first-play basis. I will confirm your request to play, as we fill up tables of four. Players for all games should plan on arriving by 11:30 so we can have lunch and start playing at 12:00 noon. Cost will be \$8.00 for lunch of Monterey Bake, salad, decaf coffee, iced tea and water. No desserts are offered or required however members may choose to bring a dessert to share if they desire. Please R.S.V.P. no later than 6 p.m. Monday, September 30th R.S.V.P. with your choice of game no later than 10:00 a.m. Tuesday of the same week. If a member cancels after the R.S.V.P. deadline they are still expected to pay for the meal that had been ordered. **Royce Dunn**

[royce4084@gmail.com](mailto:royce4084@gmail.com) 704-325-3598



### Samba Day is the Third Thursday of each month. Oct. 17<sup>th</sup> 11:30am to 3pm

**Lunch and Samba begins at 11:30 a.m. CANASTA IS NOT OFFERED.** Lunch, dessert, beverages and an afternoon of fun-filled Samba is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, **please call Chris Beckom on her cell A.S.A.P. at 1-254-285-1611**. To join in the fun, contact Chris at [beckomgc@outlook.com](mailto:beckomgc@outlook.com)

## Games Nights @ Hickory Airport

### Wednesday, Oct 9<sup>th</sup>, 6pm to 9pm @ the Hickory Airport.

**Samba and Games Night** is generally held on the second Wednesday of each month at the Hickory Regional Airport. All games are welcome. We will play your choice of games - Samba, Dominoes, Rummikub, Cribbage, Mah Jongg, Euchre, Bridge or your choice. **CANASTA IS NOT OFFERED**. Cards and dominoes will be provided. Please bring any other game you want to play. We are looking forward to another fun-filled evening this month. Cost: \$8, includes a catered dinner SERVED PROMPTLY AT 6:00 P.M! Players will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Tuesday, you still must pay the \$8 charge! Please bring exact change. Reserve your spot with Martha Conrad at [marthaconrad@charter.net](mailto:marthaconrad@charter.net).



### Canasta and Games Night will be held on Wednesday, October 25th at 6:00 p.m. at the Hickory Regional Airport.

We are looking forward to seeing everyone this month, so come eat dinner and play the game of your choice. We offer Rummikub, Bridge, Canasta, Mah jongg, Dominoes, or any game you choose! **SAMBA IS NOT OFFERED AT CANASTA AND GAMES NIGHT**. Cards, Rummikub and Dominoes will be provided. Please bring any other game you want to play. I will confirm your request to play as we fill up tables of four. We are looking forward to another fun-filled evening this month. Get your group together or just come on out and try a new game. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner SERVED PROMPTLY AT 6 p.m., cost is \$8. Players **L-R** will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. the Tuesday before play, you still must pay the \$8 charge! **Please bring exact change.** Reserve your spot with Zig Kryszczuk at [zkryszczuk@yahoo.com](mailto:zkryszczuk@yahoo.com).



## Lunch Out

**Lunch Out is on Thursday, Oct 10<sup>th</sup> at 11:30 a.m. at Twisted Oak American Bar and Grill in Statesville, NC.** Newcomers last visit was May 2017 and members were pleased with the restaurant and customer service. Enjoy soups, salads, sandwiches and their signature dish of shrimp and grits. The interior is brick and exposed wood, providing a warm and relaxing setting. Lunch is in a private room so members can visit without a lot of distractions. The downtown Statesville location is central to many businesses and shops. TWISTED OAK AMERICAN BAR and GRILL, 121 North Center Street, Suite 104, Statesville, NC [www.twistedoakbarandgrill.com](http://www.twistedoakbarandgrill.com), 980-223-8186  
**R.S.V.P. to: Francine Gissy @ [fgissy32@gmail.com](mailto:fgissy32@gmail.com) or (828) 578 - 8488, DEADLINE: Tuesday, October 8, 2019**



## Mah Jongg

### Another winner!!!!!!

Linda Fedder became the fourth player in our group to win every hand on our 2019 card - a serious accomplishment less than six months after she started play on the card. Many mah jongg clubs don't attempt to win all 66 hands on the card, but we do at Newcomers because it forces us to explore and conquer the most challenging hands. If you want to learn mah jongg, come watch us play to see if you'd like to sign up for lessons. We play on the second floor of **Pinecrest retirement center at 1:30 pm Tuesdays and 10:30 a.m. Fridays.** You may borrow one of the club's introductory manuals, "A Beginners Guide to American Mah Jongg," by contacting Dianne Straley at [dfwhit@gmail.com](mailto:dfwhit@gmail.com)



## Rummikub

**Tuesday, Oct 15<sup>th</sup> 6pm to 9:30pm Location: To be announced**

Rummikub is a fast moving rummy tile game for everyone ~ male and female, beginner or experienced player, young and old. Players make sets of tiles with the same numbers in different colors or build runs of tiles in the same color. The game is a combination of luck and strategy, but it is very easy to learn. Please contact Michele LeGrand if you have questions, [exermom@gmail.com](mailto:exermom@gmail.com). Will usually meet at member's homes. The hostess will provide a dessert and drinks. Everyone is welcome. Please R.S.V.P. to the hostess by 10 p.m. the night before the game so that they are sure to have enough tables, etc.



## Shooting

Newcomers Shooting will take place on **Tuesday, October 8th at 6:30 pm and on Thursday, October 24th at 12 noon.** We shoot at the **Springs Road Gun Club** on Springs Road in Hickory. Their website is [www.springsroadgunclub.com](http://www.springsroadgunclub.com). They offer gun rentals and a wide variety of training classes. If you are a shooter or are interested in learning to shoot, we would love to have you join us. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. For more information, contact **Vince LeGrand at [legravin@gmail.com](mailto:legravin@gmail.com)**



## Team Cuisine

Team Cuisine seems to be the kind of supper club that suits NCV members. Each meal is a one-time event, just like the rest of the NCV activities, so anyone is welcome to participate. In 2019, we have held four dinners with a per person cost of roughly \$25 for cocktail, wine and a scrumptious four course meal. For 2020, we have menu planners eager to craft a dining experience for the months of February, April, June, August, and October.





## SPONSOR HIGHLIGHT.....L.I.M.B.S Physical Therapy

**We highlight our NEWEST sponsor in this months "Sponsor Highlight" John Saul P.T., in his own words:**

"I moved down here from Southern Maryland after selling my office condo in spring of 2016. My research for land to retire and my quest for a medical career paralleled in ways that I felt were divinely driven...so thankful and humble for the paths chosen! My grandfather was a surgeon in Philadelphia(my birthplace)...I believe those "gene pools" have powerful connections with the mind,body, and spirit. After college and the reality that medical school was unattainable due to my B+ grades(not all A's) I started work as a surgical orderly. My physical therapy interests began when I started to wonder what happened to all my young patients after their surgeries?! That was the beginning of my professional "hunger"; although my Dad said it was when I went hunting with him as a youngster and witnessed him gutting a deer?! All I know is I have had a passion in my career for over 40 ears and would like to continue on a small part-time level. Thank you for your curiosity! John Saul P.T. **WELCOME JOHN**

## QUARTERLY CHARITY



Our quarterly charity **October to December** is the U. S. Marine Corps' TOYS for TOTS. The mission of the US Marine Corps TOYS for TOTS program is to collect **new, unwrapped** toys as Christmas gifts to needy children in the community. The primary goal of Marine Toys for Tots is, through the gift of a new toy, to help bring the joy of Christmas and send a message of hope to America's less fortunate children. **During this quarter, unwrapped toys may be brought to any Newcomers function.** The U.S. Marine Corps will provide Christmas barrels around the community. Last year the Newcomers filled the barrels more than any other local organization! Thank You for your support.

## BIRTHDAYS

### Birthdays in October

Lonny McSherley	10/2
William Boyd	10/3
Zig Kryszczuk	10/3
Edward Sawicki	10/3
Cindi Williamson	10/3
Mike Sigmon	10/5
Susan McGowen	10/8
Karen Peppers	10/9
Kathy Bethany	10/11
Linda Monroe	10/13
Rege Duralia	10/14
Cathi Montgomery	10/16
Tom Hilliker	10/20
Larry Goonan	10/21
Shari Kidd	10/21
Linda Dunn	10/23
Scott Ireland	10/23

### More October Birthdays

Bob Stone	10/23
Connie Yokum	10/27
Christine Almeida	10/28
Shirley Moore	10/28
Cindi Williamson	10/30
Louise Mason	10/31

### Birthdays in November

Richard Brands	11/4
Bob Kidd	11/5
Christine L. Pfingst	11/6
Jim Young	11/6
Pat Connor	11/7
Heather Taliaferro	11/15
Susan Reese	11/24
Sandi Shear	11/26
Kathleen Rozea	11/27
Dottie Demarest	11/29

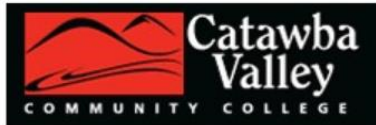


**New Members**



***Welcome, Rebecca Alt from Hyattsville MD***

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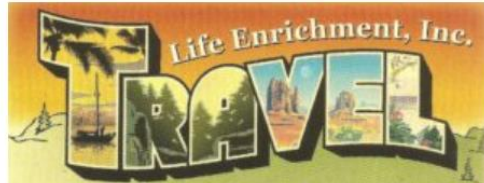
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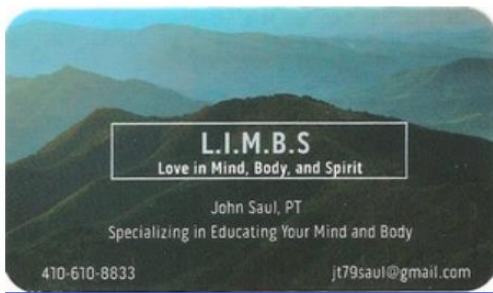
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## FUN STUFF

### Fall Word Search



ACORN  
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JACKET

LEAF  
PUMPKIN  
RAKE  
SCHOOL



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**"FALL"**

Name \_\_\_\_\_

### IN LOVE WITH SUDOKU

3	1	9		6		5	4	
4								
8	2		9		4		3	6
		1	5		3	8	2	4
5								
		2			1	6		
7	5		1	3	8			2
						3		8
	8	3		4		7	1	

Use the numbers 1-9 to solve the fall Sudoku puzzle. Remember that no row, column, or box of 9 may have the same number more than once.



**Hope this helps you FALL in  
love with problem solving!**



## Officers, Directors, Activity Chairs and Committees

<b>Officers</b>	<b>Position</b>
Delilah Bragg	President
Sandi Shear	Vice President
Dale Pfingst	Treasurer
	Secretary
Dianne Straley	Past President
<b>Directors</b>	
Amy Chizen	
Shari Kidd	
Adra Kryszczuk	
Suzie Matthews	
<b>Activity</b>	<b>Chair</b>
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Canasta and Games Day	Lori Gervasio, Linda and Royce Dunn
Canasta and Games Night	Patsy Lang, Janet Rudisill, Zig and Adra Kryszczuk
Charity Coordinator	Suzie Matthews
Coffee & Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri & Ed Stewart
Events Committee	Francine Gissy (chair), Amy Chizen, Dottie Demarest, Mary Ellen Glover, Shari Kidd, Jon Kiser, Patsy Lang, Kevin McCutcheon, Audrey Rozzelle, Sharon Snelling and Dianne Straley.
Items of Interest	Bob Jones
Hospitality	Sharon Snellings, Carol Sawicki, Judy Dostall
Lunch out	Chuck Bethany, Francine Gissy
MahJongg	Dianne Straley
Membership	Sandi Shear
Members Helping Members	
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	Chris and George Beckom, Hedy Pausa
Samba and Games Night	Shari Kidd, Martha Conrad, Mary Ellen Glover, Audrey Rozzelle
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	Chris and John Almeida, Jon Kiser and Rob Herman
Webmaster Team	Adra Kryszczuk (site and calendar), Greg Gervasio (site advisor)

Last, but not least.....*"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."*