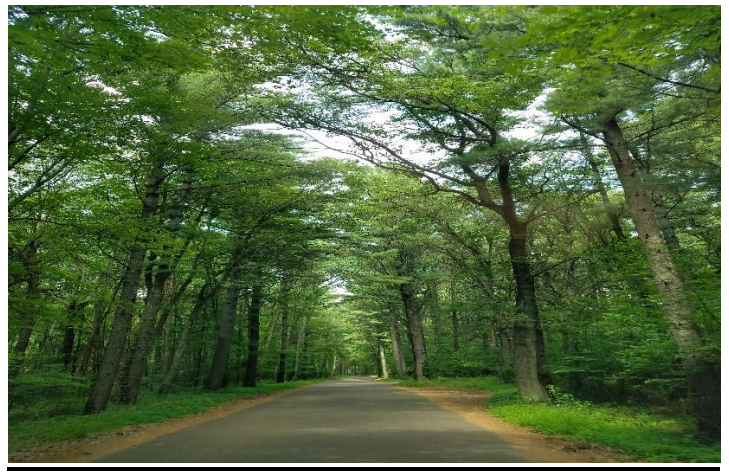


Newcomers of Catawba Valley
2425 North Center Street
#169

Hickory, NC

www.newcomersofcv.com

SEPTEMBER 2019



President's Column

Hello Newcomers!

Despite being a newcomer, I am embracing being a North Carolinian. As such, I feel it is my duty to share the culture and marvels of the state. Since arriving, friends and family have visited EVERY month. Some to check in, some that were passing through and some to see the area. So far, time restraints have limited me to mostly a small area around Catawba County, but I have a great deal more exploring to do in order to be the best tour guide. I have taken advantage of many of Bob Jones' "Items of Interest" (thanks Bob for the heads up on the Waldensian Festival). The latest visitor came with a list of things to check out. On that list were things like tasting Cheerwine and Sundrop, eating at Bojangles, going to Blowing Rock, seeing mountains, eating boiled peanuts, and seeing lightning bugs and cicadas. There are a lot of new things to enjoy here (even the little things) and it is great to belong to the Newcomers group in order to share and find these experiences. You can see from our monthly newsletter the variety of our activities and involvement in the community. Brenda Ireland deserves a great big 'Thanks 'for providing an outstanding newsletter every month. As many of you know, she even produces the newsletter when she is on the road! That in itself is pretty incredible since traveling provides multiple challenges (especially this year) that she wouldn't normally encounter at home. Great job Brenda in providing a newsletter that keeps us informed of the Newcomers activities.

Enjoy September!

Delilah Bragg
President
Newcomers of Catawba Valley



Special Events

Oh, go take a hike! – No, really!

What: A Hike in the Woods

When: Monday, October 7, 2019

Rain date: Monday, October 21, 2019

Where: Riverbend Park

<https://www.catawbacountync.gov/county-services/parks/general-information/locations-and-directions/>

Time: Meet at 9:45 AM, Hike 10:00 AM – Noon

Details: Riverbend Park has many paths and Harlan and Amy Chizen would like to take you on a hike there. The trails are through the woods, with some hills, some flat areas, some wetter areas, and some grassy areas. Obviously, the trail conditions will be dependent on recent weather conditions. Since we have walked these paths and feel that there are 3 distinct levels of walking trails, we ask that you sign up for a walk that would best fit your interests. There are no paved paths. We will split up into groups with a leader for each group and head out. There are bathrooms at the parking area only. There are benches along the paths for resting.

What to bring: Water, walking stick if you use one and a hat to ward off insects. Wear good walking shoes! Keep in mind you carry what you bring with you.

Lunch: You can bring a lunch and sit at the picnic tables by the entrance, or go to the tables at the water's edge. If you prefer, The Crossroads Grill is nearby on Route 16.

Dogs on leashes are welcome.



RSVP: Email chizenamy@gmail.com or call 860-428-6786. Please include your name and contact information. Also include if you would prefer the easiest hike: mostly wide and level dirt paths; mid-level hike: more hilly and wet spots; or harder level hike: narrow paths, rocks and exposed roots, and hilly.



Friday, December 6, 2019 for the
Newcomers Holiday Party
Details to come later.



September Program and General Meeting

Learn how to avoid the tricks and fraudulent practices of con artists at Newcomers monthly meeting at 10:30 a.m. Sept. 11 at the Hickory Regional Airport.
Sgt. Eric Page of the Catawba County Sheriff's Office will talk about scammers who use the internet and phone to find victims. Don't be one!

Monthly Events

BOOK CLUB

Book Club is currently reading Spark of Life Jodi Picoult. In the novel, a warm fall day starts like any other at the Center—a women's reproductive health services clinic—its staff offering care to anyone who passes through its doors. Then, in late morning, a desperate and distraught gunman bursts in and opens fire, taking all inside hostage. After rushing to the scene, Hugh McElroy, a police hostage negotiator, sets up a perimeter and begins making a plan to communicate with the gunman. As his phone vibrates with incoming text messages he glances at it and, to his horror, finds out that his fifteen-year-old daughter, Wren, is inside the clinic.
Book Club meets every other month on the 4th Wednesday of the month (our next meeting is Sept 25), at Women's Resource Center at 1:30 p.m. Amy Chizen will facilitate our discussion. The Coordinator is Mary Bucy at mebucy@hotmail.com

BOWLING

The days are getting shorter, the children have returned to school, and the temperature is getting a little cooler... that can mean only one thing... It's time for Newcomers Bowling!
As we have for the last few years, we will bowl at Pin Station on Business 321 (aka Northwest Blvd.) in Newton. We will bowl on alternate Thursdays beginning October 10th. There will be 10 minutes of practice beginning at 6:20 pm with the games beginning at 6:30 pm.
We are not a sanctioned league; there are no teams. We bowl for fun, socialization, and to get a little exercise. Maybe you haven't bowled in 20, 30 or more years; don't be shy. We have bowlers of all abilities and levels of experience.
The cost is \$8.00 per person for 3 games.
If you don't have bowling shoes, they can be rented for \$1.50.
Our "season" will run for 15 sessions beginning on October 10th and ending on April 23rd:

Bowling 2019-2020

Alternate Thursdays

October	10th, 24th
November	7th, 21st
December	5th, 19th
January	2nd, 16th, 30th
February	13th, 27th
March	12th, 26th
April	9th, 23rd

BRIDGE

September		October	
Monday Sept. 2nd	Holiday	Wednesday Oct. 2nd	Carol Parker
Wednesday Sept. 4th	Phyllis Kane	Monday Oct. 7th	Margie Dickey
Monday Sept. 9th	Helen Woodyard	Monday Oct.14th	Helen Woodyard
Monday Sept. 16th	Carolyn Eanes	Wed Oct. 16th	Susan Perkins
Wednesday Sept. 18th	Kathy Rozea	Monday Oct. 21st	Laurie Johnsen

COFFEE & CONVERSATION

An informal gathering over a cup of coffee, tea, etc., and a pastry or meal. We are introducing Newcomers to the different coffee and tea places in the area. Usually the last Friday of each month.

For September we'll go to **Whisk and Barrel in Newton**. This place was recommended to me by a newcomer. Looks like a good place for lunch and coffee with dessert. We'll meet on Friday the 27th at 1 pm. **It's located at 31 N. College Ave.** Let Sheri Binning know if you can come or just show up, ronald.binning@gmail.com

DOMINOES

WHEN: Tuesday September 3rd

WHERE: Hickory Airport

TIME: 6 PM (Plan to arrive by 5:45)

We will be playing Chicken Foot!! The cost is **\$8.00 per person, plus \$1.00 for the "kitty"** (Optional). **A thru I ** will be asked to provide desserts.** The dinner menu will be: Cranberry Orange Chicken, roasted potatoes, tossed salad, rolls & butter. Tea, coffee, and ice water will be provided. Please email Bob Jones at itsmerb@charter.net OR call 828-228-0506. Once you make your reservation, you will be obligated to pay the caterer for your meal—whether you attend or not, unless you cancel before the deadline of Sunday September 1st at 6:00 PM.

Bob Jones Ed & Cheri Stewart

GAMES DAYS

Canasta & Games Day on Thursday, September 5th at 11:30 a.m. at the Hickory Regional Airport. Join us for lunch and the game of your choice (canasta, mah jongg, Rummikub, dominoes, etc.). For lunch, back by popular demand, Crosswind Café will serve Cajun Chicken Pasta wit bread sticks & salad. The usual beverages (coffee, tea, water) will be available.

The cost for lunch and games is \$8; games only is \$3. Some of the games will have a pot. Please R.S.V.P. to me at royce4084@gmail.com no later than 6 p.m. Monday, September 2nd. Let me know whether or not you want lunch and your first and second choice games. If you cancel after this time, you must still pay for the \$8 lunch. Thank you.

Let's play! Royce Dunn royce4084@gmail.com 704-325-3598



goodbye, august
hello, september



Samba Day

When : Thu, September 19, 11:30am - 3:30pm

Where : Hickory Regional Airport, 3101 9th Avenue Dr NW, Hickory, NC 28601 ([map](#))

Samba Day is the Third Thursday of each month. Lunch and Samba begins at 11:30 a.m. **CANASTA IS NOT OFFERED.** Lunch, dessert, beverages and an afternoon of fun-filled Samba is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please call Chris Beckom on her cell A.S.A.P. at 1-254-285-1611.

To join in the fun, contact Chris at beckomgc@outlook.com

GAMES NIGHTS

Samba and Games Night

Wed, September 11, 6pm - 9pm @ Hickory Regional Airport

Samba and Games Night is generally held on the second Wednesday of each month at the Hickory Regional Airport. All games are welcome. We will play your choice of games - Samba, Dominoes, Rummikub, Cribbage, Mah Jongg, Euchre, Bridge or your choice. **CANASTA IS NOT OFFERED.** Cards and dominoes will be provided. Please bring any other game you want to play. We are looking forward to another fun-filled evening this month. Cost: \$8, includes a catered dinner **SERVED PROMPTLY AT 6:00 P.M!** Players will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. Tuesday, you still must pay the \$8 charge! Please bring exact change. Reserve your spot with Martha Conrad at marthaconrad@charter.net.

Canasta and Games Night will be held on **Wednesday, September 25th at 6:00 p.m.** at the Hickory Regional Airport. We are looking forward to seeing everyone this month, so come eat dinner and play the game of your choice. We offer Rummikub, Bridge, Canasta, Mah jongg, Dominoes, or any game you choose! **SAMBA IS NOT OFFERED AT CANASTA AND GAMES NIGHT.** Cards, Rummikub and Dominoes will be provided. Please bring any other game you want to play. I will confirm your request to play as we fill up tables of four. We are looking forward to another fun-filled evening this month. Get your group together or just come on out and try a new game. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner **SERVED PROMPTLY AT 6 p.m.**, cost is \$8. Players **E-K** will bring desserts. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the deadline of 10:00 a.m. the Tuesday before play, you still must pay the \$8 charge! **Please bring exact change.** Reserve your spot with Zig Kryszczuk at zkryszczuk@yahoo.com.



LUNCH OUT

When: Thu, September 12, 11:30am - 1:30pm

Where: Root & Vine, 139 W Union St, Morganton, NC 28655

This month we are going on a "road trip" to Morganton where we will be dining at a great local restaurant, "Root and Vine," at 11:30 a.m. on September 12. If you are not familiar with this restaurant, it is located at 139 West Union Street. You can review the excellent and varied menu and find the directions by going to their website <http://rootandvinerestaurant.com>

Weather permitting; we will dine under large shade trees in their comfortable outdoor patio area. If you attended the last Lunch Out here, the weather was great, and everyone had good time. However, should the weather be uncooperative, our fall back is to dine inside in one of their other dining areas. Please send your R.S.V.P. to bethanycw@charter.net by noon on September 9, 2019 so that I can remind the restaurant that we are coming.

MAH JONGG

Club members play at 1:30 p.m. Tuesdays and 10:00 am on Fridays at Pinecrest Retirement Center, 915 29th Ave. NE, Hickory. We play the American version, it's more challenging than canasta and less mentally taxing than bridge. Contact me and we will arrange a time for you to take lessons or just watch several of us play. Lots of fun! Dianne Straley, dfwhit@gmail.com

RUMMIKUB

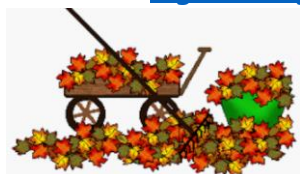
When : Tue, September 17, 6:00pm - 9:30pm **Location** TBA

Rummikub is a fast moving rummy tile game for everyone ~ male and female, beginner or experienced player, young and old. Players make sets of tiles with the same numbers in different colors or build runs of tiles in the same color. The game is a combination of luck and strategy, but it is very easy to learn. Please contact Michele LeGrand if you have questions, exermom@gmail.com. Will usually meet at member's homes. The hostess will provide a dessert and drinks. Everyone is welcome. Please R.S.V.P. to the hostess by 10 p.m. the night before the game so that they are sure to have enough tables, etc.

SHOOTING

Location: Springs Road Gun Club, 3462 Springs Rd NE, Hickory, NC 28601, USA ([map](#))

In September, Newcomers will have shooting on Tuesday, Sept. 10th at 6:30 pm and on Thursday, Sept. 26th at 12 noon. We shoot at the Springs Road Gun Club on Springs Road in Hickory. Their website is www.springsroadgunclub.com. They offer gun rentals and a wide variety of training classes. If you are a shooter or are interested in learning to shoot, we would love to have you join us. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. For more information, contact Vince LeGrand at legravin@gmail.com



TEAM CUISINE

Team Cuisine seems to be the kind of supper club that suits NCV members. Each meal is a one-time event, just like the rest of the NCV activities, so anyone is welcome to participate. In 2019, we have held four dinners with a per person cost of roughly \$25 for cocktail, wine and a scrumptious four course meal.

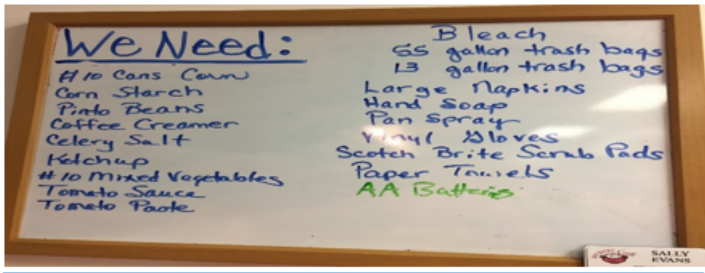
For 2020, we have menu planners eager to craft a dining experience for the months of February, April, June, August, and October.

For 2019, we have one more Team Cuisine dinner, **An Autumnal Feast, planned by Betty Stone for October 12th at 5pm.** We will announce the menu soon and accept reservations shortly after that. We aim for tables of eight. Administrators Chris Almeida and Jon Kiser collect the reservations, ask for hosts, and then make random assignments to host homes large and small. No one has any expectations beyond friendly enjoyment of a planned meal. The same food can be served whatever way the host comes up with—from picnic table to buffet with lap trays to placemats in the kitchen to white tablecloth in the dining room. We thrive on the freedom of experimentation!

Members Helping Members

The focus of this support group within Newcomers is to coordinate assistance for members and their immediate families who might need help due to illness, surgery, hospitalization, death, etc. Types of assistance could include hospital and home visits; help with errands and grocery shopping; transportation for shopping and doctor visits; providing books and/or reading to someone; preparing meals; sending cards, etc. The committee currently includes Betty Schwartz. For more information, contact **Betty at bettytsch69@gmail.com**

Quarterly Charities



As the only Soup Kitchen in Hickory, we serve an average of 215 people, 325 plates daily---plus a providing safe shower facilities, take-home groceries, and much more. Each year HSK participates in a variety of events to raise funds and awareness, collect goods and more. We rely on volunteers to make our mission a reality...can you land a hand?? HSK has a WISH LIST board...and a photo of the current board is just above!! **Please note that HSK GLADLY takes donations of cash and checks.....they are gratefully accepted!!!!**

Board Member, Suzie Matthews has spoken to Austin Pearce @ HSK, and he states HSK has a budget of a mere \$2000 a year to pay 4 workers, and they have up to 20 volunteers a day with 7 people on the serving line. Austin said that he learned that people DO WANT YO WORK! So doughnuts and coffee are offered in am. Some of these people walk 45 minutes to get to the soup kitchen by 6:00 am! A shuttle leaves the center at 6:00 am taking g people to jobs.

In July, HSK had a grand opening for its new program, "HOPE"....Helping Opportunities for People and Employers. This program actually started in January of this year, involves HSK working with employment agencies, like Manpower, to help people who need work, and also to help those who have a job, but need transportation, get matched up with volunteer drivers who drive them in a van purchased from Steve White Motors. This is such a great program. Please open your hearts and pantries to donate items to Hickory Soup Kitchen.

<https://hickorysoupkitchen.org/>

Birthdays

Birthdays in September

Rose McLaughlin	9/5
Cherie Stewart	9/6
Lisa Travis	9/7
Beth Osbahr	9/8
Bob Dennis	9/7
Priscilla Carney	9/11
Elizabeth Strickland	9/13
Adra Kryszczuk	9/14
Therese Winslow	9/14
Debbie Wrigley	9/15
Paige Straley	9/16
Lori Allen	9/17
Jane Duralia	9/17
Nancy W. Prushinski	9/17
Richard Wagman	9/17
Dell Liggett	9/18
Carole Reising	9/19
Walter Murawski	9/20
Victoria Staton	9/22
John Schafer	9/23
John Bates	9/24
Haydee Pujdak	9/25
Mary Bucy	9/26
Lynne Montgomery	9/26
Francine Gissy	9/28
Ron Glover	9/29

Birthdays in October

Lonny McSherley	10/2
William Boyd	10/3
Zig Kryszczuk	10/3
Edward Sawicki	10/3
Mike Sigmon	10/5
Susan McGowen	10/8
L. Conway	10/9
Karen Peppers	10/9
Kathy Bethany	10/11
Linda Monroe	10/13
Rege Duralia	10/14
Cathi Montgomery	10/16
Tom Hilliker	10/20
Larry Goonan	10/21
Shari Kidd	10/21
Linda Dunn	10/23
Scott Ireland	10/23
Bob Stone	10/23
Bob Mersinger	10/24
Connie Yokum	10/27
Christine Almeida	10/28
Shirley Moore	10/28
Cindi Williamson	10/30
Louise Mason	10/31



Sponsor Highlight.....Linda Meares/Caldwell Banker

Linda Mears joined Newcomers earlier this year and says she has been a Hickory resident for over 30 years. She and her husband have raised English Pointers and showed Hackney ponies, and she has been in Real Estate for 11 years. Some of her accomplishments are being a Diamond Award Winner for 7 of the last 8 yrs. A Diamond Award is given to the top 10% of all agents in Coldwell Banker based on office size. Linda treasures her clients and tries to maintain a relationship with them over the years. She is always easy to reach, call, text or email: Mobile: 828-612-7386 Location: 127 1st Ave NE, Hickory, 28601 lindameares@CBBH.com New nest, Empty nest...give her a call, she can help!!

NEWCOMERS OF CATAWBA VALLEY----SPONSORS



Hickory Community Theatre



Lake Hickory Adventures



Viewmont Healthsmart Pharmacy



The Hickory Hop



Trade Alley Art



Granite Falls Brewery



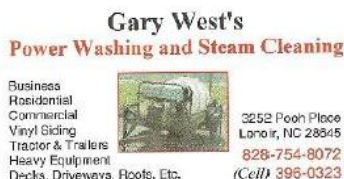
Heaven's Best Carpet Cleaning



Chad Burel, Edward Jones Investing



Crosswind Café



Gary West's Power Washing



Life Enrichment Travel, Inc



Select-Tech



Trent Jolley, Farm Bureau Insurance



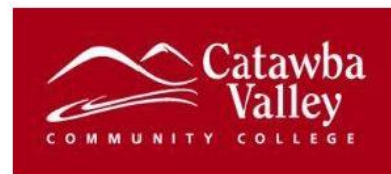
Hickory Real Estate Group



Catawba County Chamber of Commerce



Susan VanFleet, Van Fleet Aviation



Catawba Valley Community College



U. S. Marine Corps



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Ice Cream Flavors

Y	M	T	R	L	C	H	O	C	O	L	A	T	E
A	S	K	C	A	R	T	E	S	O	O	M	E	T
P	Y	V	A	N	I	L	L	A	S	N	O	T	E
M	K	D	E	T	D	E	A	C	F	A	N	A	A
C	A	T	N	L	I	N	N	A	O	C	O	O	E
O	K	P	O	A	A	G	O	D	K	E	A	E	T
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- COTTON CANDY
- PAPLE WALNUT
- PECAN
- BANANA
- TIGER TAIL
- MOOSE TRACKS
- COCONUT
- ROCKY ROAD
- GREEN TEA
- FUDGE
- REESES
- CHOCOLATE
- VANILLA

✕ Around The World

ACROSS

- 1. US volcano, Mount ... (2,6)
- 5. Supersonic planes
- 7. Taj Mahal city
- 8. Cambridge & Oxford universities
- 9. Treeless Arctic zone
- 12. Coniferous tree found in Europe
- 15. Vienna is there
- 19. Croatian capital
- 21. Peninsula in southwest England
- 22. Manchurian river
- 23. Central attraction of Piccadilly Circus
- 24. Region that includes Japan, China and Korea (4,4)

DOWN

- 1. Roughly built settlements, ... towns
- 2. Large African antelope
- 3. Nasty disease named after a river in the Democratic Republic of the Congo, ... virus
- 4. Underground train system
- 5. City of northwest India
- 6. People from Stockholm
- 10. Scotland's monster lake, Loch ...
- 11. German industrial region
- 12. Washington-based spy group (1,1,1)
- 13. Italy's Leaning Tower of ...
- 14. Kuwaiti ruler

1			2		3		4		5			6
7					8							
9		10		11								
					12		13		14			
15			16		17							18
							19		20			
21									22			
23					24							

- 15. Native American tribe
- 16. Sport played at Wimbledon
- 17. Earth's glacial period (3,3)
- 18. Portugal and Spain
- 19. Bantu peoples of Natal
- 20. West African nation

Officers, Directors, Activity Chairs and Committees

Officers	Position
Delilah Bragg	President
Sandi Shear	Vice President
Dale Pfingst	Treasurer
	Secretary
Dianne Straley	Past President
Directors	
Amy Chizen	
Shari Kidd	
Adra Kryszczuk	
Suzie Matthews	
Activities chair	
Book Club	Mary Bucy, Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Charity Coordinator	Suzie Matthews
Coffee and Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri and Ed Stewart
Events Committee	Francine Gissy (chair), Amy Chizen, Mary Ellen Glover, Dottie Demarest, Shari Kidd, Jon Kiser, Kevin McCutcheon, Patsy Lang, Haydee Pujdak, Audrey Rozzelle, Sharon Snelling, and Dianne Straley
Canasta and Games Day	Lori Gervasio, Linda and Royce Dunn
Canasta and Games Night	Patsy Lang, Janet Rudisill, Zig and Adra Kryszczuk
Items of Interest	Bob Jones
Historian	Connie Yokum
Hospitality	Sharon Snellings
Lunch out	Chuck Bethany, Francine Gissy
Mahjongg	Dianne Straley
Members Helping Members	Betty Schwartz, Christi Austin
Membership Package	Sandi Shear
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Amy Chizen
Rummikub	Michele LeGrand
Samba Day	Chris and George Beckom, Hedy Paussa
Samba and Games Night	Shari Kidd, Martha Conrad, Mary Ellen Glover, Audrey Rozelle
Shooting Practice	Vince LeGrand
Sponsors	Brenda Ireland
Team Cuisine	John and Christine Almeida, Rob Herman and Jon Kiser
Webmaster Team	Greg Gervasio, (site), Adra Kryszczuk (calendar)



.....last but not least.....

There is no angry way to say bubbles.....