

**NEWCOMERS OF CATAWBA
VALLEY**
2425 North Center Street #169,
Hickory NC 28601
www.newcomersofcv.com
July 2018



Presidents Column

Hello Newcomers,

It's July here in the piedmont of NC and that means it's terribly hot outdoors. We have learned it is best to spend time outside in the early mornings before the temperatures rise and a light breeze may exist in the shade of the trees.

Once the heat of the day arrives we take shelter in the cool air and many of our members gather to laugh and play Bridge, Mah Jongg, Rummikub, Dominoes or Canasta. In addition to card games we invite you to enjoy coffee and conversation dates and lunch out to local restaurants, or practice your shooting.

This month we will be adding the new card game called Samba to our Games Day which occurs the first Thursday of each month. When signing up for games day please let the coordinator which game you would like to play and a second choice. As with all of our games we offer learning tables, so just let the coordinators know if you wish to learn a new game.

Many thanks to all our activity coordinators that provide consistent weekly activities and thanks to our Special Events Team and our Program Coordinator for amazing monthly speakers.

Hats off to our many individual members that were coordinating last month's trips to West Jefferson, Biltmore and Charlotte. This month watch for details for a tour and lunch of Abernethy Laurels, Lunch at the Boone Inn with "Horn of the West," show, Movies at Silver Fork Winery, an exciting upcoming Summer Soiree.

It's our volunteers that make our club outstanding and allows our members enjoy these long hot days of summer. Everyone is welcome to contribute to our club. Thank You.

*Carol Hoover, President,
Newcomers of Catawba Valley*



Monthly Events

July Program and General Meeting

Lenoir-Rhyne University president Fred Whitt will speak to Newcomers on Wednesday, July 11, at Hickory Regional Airport. Dr. Whitt became the private college's 12th president on Feb. 1, 2017, coming from Appalachian State University where he started ASU's health science college - now that Boone university's second largest college. Whitt was instrumental in forming an alliance between ASU and Wake Forest University's School of Medicine. LR is making major pushes in its health sciences program, with the national accreditation of its Master of Public Health and its first graduation of students in its new Physicians Assistant program. It has announced plans to offer degrees in Family Nurse Practitioner and Doctorate of Nursing Practice. Dr. Whitt is a native of Mount Holly. His talk will begin at 10:30 a.m.

Volunteer Opportunity presented at July General Meeting

Carol Hoover has been contacted by **Rachel Heck**, the Mentoring Program Coordinator of the Council on Adolescents about their program and the need for Volunteers. Rachel will be giving a brief presentation after our General Meeting and Program on July 11th.

The Lunch Buddy Program was started in Catawba County 2011 to help reach students who are identified by school personnel as being at-risk of potentially dropping out of school. They service all three public school systems equaling up to nine middle schools and two high schools. We have over 120 children each school year who, once a week, meet with their mentors for a lunch period and discuss things like social life, education, extra-curricular activities, etc.

In her presentation Ms. Heck will provide a brief overview of the program and give some statistics on the success of their students over the years as well as encourage our members to participate as a Lunch Buddy. Members will have the option to sign up for any school in the county for the coming school year. The goal this year is to provide mentors for over 150 students.



Newcomers Summer Soiree on Aug 17th

Mark your calendar for a special evening of dining, dancing, and donating to some very worthwhile charities. On Friday, August 17th, Newcomers will hold a Summer Soirée at the Catawba Country Club in Newton from 6:00 p.m. – 11:00 p.m. The Soirée committee has been very busy planning an evening complete with social hour, buffet dinner, and a disc jockey that will play all of your favorite dance songs. The cost for the dinner is only \$30 (including tax and tip) per person for members; \$35.00, for guests. A cash bar will be available. There also will be a raffle for a free 2019 Newcomers membership! Tickets will be \$1.00 each or 6 for \$5.00. Proceeds will be split among the charities we have selected.

That night, we are asking you and your guests to donate to charities that help children and teens in need throughout the Unifour area.

Give any amount you choose to **Teen Christmas** and/or the **Children's Advocacy Center in the county where you live**.

Teen Christmas serves 400 low income teens each year. These are teens who may be homeless, pregnant, and/or living in a family with little or no money for Christmas presents. They are referred and qualified through their school, ensuring they are truly in need. This is an all-volunteer effort, supported by businesses and churches throughout the area, with 100% of your donation going to buy gifts! Please make your check payable to the United Way and write Teen Christmas on the "for" line.

The **Children's Advocacy Centers** provide many services for children who are victims of child abuse and neglect. They cover judicial, medical, and mental health support for the victims, as well as community educational programs, especially in the schools. They work closely with law enforcement, district attorneys, and the department of social services. All are accredited in North Carolina. Donations may be made payable to the organization in the county where you live:

- Alexander County – Dove House
- Burke County – Gingerbread House of South Mountain Children & Family Services
- Caldwell County – Robin's Nest
- Catawba County - Children's Advocacy and Protection Center

Put the check in an envelope, write the name of the organization you selected on the front, and drop it in the box at the door that night!

So, get ready to invite your friends, dress up, put on your dancing shoes, send in your reservations, bring your checks to help these children, and join us for this unique evening! A flier at the end of this newsletter has all the details about where to send your reservation. Can't attend? You may send your donation to Gloria Berg. Her address is on the flier. If you have questions, please contact one of the committee members: Karen Schafer, chairperson; Joyce Dennis; Gloria Berg; Connie Yokum; Miki Valkanoff; Hedy Paussa; or Carole Reising. We look forward to a fun evening with you and yours!

Lunch Out

The Newcomers Monthly Lunch Out that will be held at **11:30 a.m. on July 12th** at Friday Friends Restaurant located at 315 Sanford Drive, Morganton. For those of you who are not familiar with the restaurant you can review their menu using the following link: www.fridayfriendsmorganton.com. Please send your R.S.V.P. to bethanycw@charter.net by noon on Monday, July 9th so that I can remind the restaurant that we are coming. I hope you will join us and enjoy great food, company, conversations, as well as help support one of our great new local restaurants. Hope to see you soon.

Coffee and Conversation

Sheri wants Ice Cream so on **Friday July 27th at 2:00 p.m.** she's taking us to 16/90 T'ville Scoops. T'ville Scoops offers many frozen treats, including hand-dipped premium ice cream in 24 flavors, waffle cones, dipped cones (you can add nuts or sprinkles), sundaes, floats, shakes, banana splits, and more. The shop is selling high quality 16 percent (or higher) butter fat ice creams, with most supplied by the Greenwood brand and a few by Hershey's premium line. The Greenwood Company has allowed T'ville Scoops to be the only vendor that stocks the flavor known as "Mammaw's Apple Pie" ice cream. And it's been a huge hit. In response to customer demand, T'ville Scoops has added black cherry ice cream. Let Sheri Binning know if you can come or just show up, ronald.binning@gmail.com.

Shooting

There is a group of Newcomers who head out to the gun range twice a month for target shooting. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. If you are a shooter or are interested in learning to shoot, we would love to have you join us. We shoot at the Springs Road Gun Club on Springs Road in Hickory. Their website is www.springsroadgunclub.com. They offer gun rentals and a wide variety of training classes. For June, Newcomers Shooting will be on **Tuesday, July 10th at 6:30 pm and on Thursday, July 26th at 12 noon**. Contact Vince LeGrand for further information at legravin@gmail.com.

Monthly Games in July

Bridge

Monday, July 2 nd	Joyce Sykes
Wednesday, July 4 th	HOLIDAY
Monday, July 9 th	Joyce Sykes
Monday, July 16 th	Susan Perkins
Wednesday, July 18 th	Schafer/Berg

New Members: Please contact **Gloria Berg** (glomcberg@hotmail.com) for details about Bridge or how to be put on the substitute list.

Canasta and Lunch

Daytime Canasta is the **Third Thursday** of each month, and will be on **July 19th**. Lunch and canasta begins at 11:30 a.m. Lunch, dessert, beverages and an afternoon of fun-filled Canasta is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please call Brenda Ireland on her cell A.S.A.P. at 828-639-2881. To join in the fun, **contact Brenda at** brenheart@gmail.com

Dominoes

Tuesday July 31st at the **Hickory Airport at 6 p.m.** Plan to arrive by 5:45. Dinner will be served promptly at 6 p.m. in order to allow us finish by 9 p.m. Once again, its time to play Dominoes. Whether you've played before, or want to learn, come and enjoy an evening of fun . The cost is \$7 per person, plus \$2 for the "kitty" (optional). Players A-D will provide desserts. R.S.V.P. to **Bob Jones at** itsmerbj@charte.net .

Games Day

Beginning with the July Games, we will add Samba to the list of games.

Join us for lunch and games on **Thursday, July 5th at 11:30 a.m. (10 a.m. for Samba players)** at the Hickory Airport for samba, canasta, Rummikub, dominoes, Mah Jongg or other games suggested by members. Cost will be \$7 for lunch or \$3 for just games. No desserts are offered or required; however, members may choose to bring a dessert to share. If a player cancels after the deadline, he/she must still pay for the \$7 lunch. **R.S.V.P.s** must be received no later than **6:00 p.m. on July 2nd to Haydee**

Pujdak (hpujdak@gmail.com).

New Game SAMBA

More than half our canasta players have learned to play Samba, which more than one player has called "canasta on steroids." The club will offer its first Samba games on Thursday, July 5, and again on Wednesday, July 11, when this exciting game is one of several choices of games to play at the airport. Because these games take longer, Samba players will arrive early to give them a head start. They should be ready to play at 10 a.m. on July 5, and then break for lunch at 11:30 as players of other games arrive. Then the Samba players will continue their games after lunch as canasta, rummikub, dominoes, Mah jongg, etc., get started. We will follow a similar schedule on Wednesday, July 11. Samba players should be ready to play at 4:30 p.m., then break for dinner. Then all games will start - and Samba will resume - after dinner. The club is providing playing cards, shufflers, scoresheets and the center card holder for Samba; players must provide their own wooden racks. Once we get an idea of how many people want to play Samba, the club will likely offer it on other days. To learn Samba, contact Shari Kidd at kidd915sl@gmail.com.

Games Nights

Wednesdays, **#1** July 11 (contact Shari) and **#2** July 25 (contact Lori) at 5:30 p.m. Hickory Regional Airport, 3101 9th Avenue Drive Northwest, Hickory, NC 28601
We are looking forward to seeing everyone at the games nights this month, so come eat dinner and play the game of your choice. We offer Rummikub, Canasta, Mah jongg, Dominoes, and new this year Pinochle and Euchre. Get your group together or just come on out and try a new game. Samba players should be ready to play at 4:30 p.m., then break for dinner. Then all games will start - and Samba will resume - after dinner. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner SERVED PROMPTLY AT 6 p.m., cost is \$7. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the indicated deadline you still must pay the charge!

P.S. We are looking for people that want to play SPADES ♠ AND HEARTS ♥
R.S.V.P. to Shari Kidd at kidd915sl@gmail.com and Lori Gervasio at ljgerv@yahoo.com

Mah Jongg

Come learn to play Mah jongg. Club members play twice weekly at Pinecrest Retirement Center, 915 29th Ave. NE, Hickory. Would-be players get their first "lesson" by watching us play. If they decide the game is for them, I schedule lessons. I tell interested people that American Mah Jongg is easier than bridge and harder than canasta – and it stretches the brain! We play at 1:30 p.m. **Tuesdays** and 10:30 a.m. **Fridays**.

Dianne Straley, dfwhit@gmail.com

Rummikub

Rummikub will be on Tuesday, July 17th at 6:00 p.m. at Wynnshire Ridge clubhouse hosted by Dianne Straley. Rummikub is a fast moving rummy tile game. Players make sets of tiles with the same numbers in different colors or build runs of tiles in the same color. The game is a combination of luck and strategy, but it is very easy to learn. Our host this month is Dianne Straley. Please R.S.V.P. to Dianne at dfwhit@gmail.com by Monday, July 16th.

Bowling

Newcomers Bowling has ended for the 2017/2018 season. Bowling will resume in the Fall. We bowl at Pin Station in Newton on Business 321 6:30 p.m. For more information their website is: www.pinstationbowling.com. We bowl 3 games each session and the cost is \$8.00. We start bowling at 6:30 p.m. on every other Thursday. They open the lanes for practice at 6:20 p.m. If you don't have your own bowling shoes and ball, rental shoes are available for a fee and balls are available for free. We don't have teams...every bowler is his/her own team. The focus is on camaraderie and getting some exercise, not competition. We have bowlers of all skill levels.

Book Club

July 25th at 1:30 p.m. Book Club meets every other month on the 4th Wednesday of the month at the Women's Resource Center. Our selections for 2018 are posted on the web site. Coordinators are Mary Bucy (mebucy@hotmail.com) and Donna McDermott (mcnona52gmail.com). We are currently reading Extra-Ordinary Adventures: a Novel by Daniel Wallace. Discussion leader is Sue Asp. This book tells the story of Edsel Bronfman who works as a junior executive shipping clerk for an importer of Korean flatware. He lives in a seedy neighborhood and spends his free time with his spirited mother. Things happen to other people, and Bronfman knows it. Until, that is, he gets a call from operator 61217 telling him that he has won a free weekend at a beachfront condo in Destin, Florida. But there is a catch: the offer is intended for a couple, and Bronfman has only seventy-nine days to find someone to take with him. The phone call jolts Bronfman into motion, initiating a series of truly extraordinary adventures as he sets out to find a companion for his weekend getaway. Open at last to the possibilities of life, Bronfman now believes that anything can happen. And it does.

On the Road

JULY 9th

Tour of Abernethy Laurels in Newton starting at 10:30 a.m. and followed by lunch. Deadline to RSVP is July 1st. Contact Rob Hartsell @ rhartsell@uchas.org. Abernethy Laurels, an award-winning continuing care retirement community in Newton, invites you for a lunch, a preview of our campus and informal conversation on the advantages of living in a senior living community. Be our guest on July 9th, at 10:30 a.m. and enjoy learning about maintenance-free living and our new state-of-the art health and rehabilitation center. We look forward to seeing you!

JULY 18th

Dinner at the Boone Inn and "Horn of the West," outdoor play. Dinner at 5:00 p.m. followed by the play. Contact: Susan Reese at sereese62@gmail.com. The group rate is **\$22.61 each**, which includes tax and tip. I have reserved a room upstairs (There is NO elevator to the upstairs!) with a maximum capacity of 50. *They can also accommodate folks downstairs if there are a few that cannot climb stairs. (Please let me know if you cannot climb stairs, so that I can let the INN know how many will be sitting downstairs.)*

AUGUST 21st

Tour Montreat and explore Black Mountain

Save the date for a tour of Montreat...a secluded village deep in a mountain cove near Black Mountain. It's best known for Montreat College, Montreat Conference Center and as the Rev. Billy Graham's home. The tour will be led by Hal Demarest (Dottie Demarest's brother), a current resident of Montreat. After the tour, we will drive down the road for lunch (at an eatery of your choice) in Black Mountain--The Little Town that Rocks--and a chance to stroll through the attractive Town Square and the downtown historical district, as well as browse unique locally-owned shops and art galleries. Or you can go for a leisurely walk around Lake Tomahawk, minutes from downtown. Mark your calendars, talk to your Newcomer friends and plan a trip to "The Front Porch of Western North Carolina." You will receive more details soon.

Members Helping Members

The focus of this support group within Newcomers is to coordinate assistance for members and their immediate families who might need help due to illness, surgery, hospitalization, death, etc. Types of assistance could include hospital and home visits; help with errands and grocery shopping; transportation for shopping and doctor visits; providing books and/or reading to someone; preparing meals; sending cards, etc. The committee currently includes Betty Schwartz. For more information, contact Betty at betty69@gmail.com.

Making a Difference: Third Quarter Charity / Robin's Nest

ROBIN'S NEST is a nationally accredited Children's Advocacy Center. Here child victims of sexual and severe physical abuse are provided child-specific services that include compassionate forensic interviews, medical examinations, counseling and advocacy services. Providing these services at a single site helps decrease the trauma these children face, speed the healing process, and increase the likelihood of conviction of offenders. Since we opened **Robin's Nest** in July 2011, we have provided services to over 1,000 children. Because of the support we receive we are able to pursue justice, provide hope and healing for the young, innocent victims of child abuse.

WISH LIST

GIFT CARDS

\$10 Wal-Mart Gift Cards

\$10 Grocery Store Gift Cards (Fair Value, Food Lion)

SNACKS

Juice Boxes

Individual Size Snack Packs - Chips, Cookies, Gummy Snacks, Applesauce, Crackers, Little Debbie

GENERAL SUPPLIES

Copy Paper (8½x11), Paper Towels, Toilet Tissue, 13 Gallon Tall Kitchen Bags, Liquid Antibacterial Hand Soap, Antibacterial Cleaning Wipes, Antibacterial Spray Cleaner, Air Freshener Spray, Lysol. Heavy Duty Paper Plates, Plastic Utensils (Forks, Spoons, Knives), 12-oz Styrofoam Coffee Cups, K-cups for Keurig.

Sponsor Spotlight

Here is another in a series of articles highlighting the sponsors who support the Newcomers of Catawba Valley, so this is a reminder to our members to check the sponsor page first when you need a service. There is a separate "Sponsors" tab on our website.

The Catawba Science Center offers a multitude of activities year-round for all ages. Pet the baby sharks and stingrays. The aquarium has examples of the world's aquatic ecosystems. The planetarium has laser shows. The exhibits change every so often so you can go back and see new things. Say hello to the giant tortoises while you visit. Please check out all of the really cool attractions on their web page.

When you click on any sponsor's ad, you will automatically be taken to that sponsor's web page. I also want to remind you that if you use one of our sponsors, please make sure to thank them for sponsoring the Newcomers of Catawba Valley.

Adra, for the Web Team

Birthdays

Birthdays in July		Birthdays in August	
Rose Arant	7/6	Suzie Matthews	8/2
Audrey Rozzelle	7/8	Phyllis Kane	8/4
Bob Williams	7/9	Dennis Chalk	8/6
Barbara Womack	7/11	Bob Wolgemuth	8/6
Kitty Clark	7/15	Ed Stewart	8/7
Bernadette Coffey	7/16	Josette Kippenhan	8/10
Jane Woodward	7/18	Pett Brands	8/12
Cindy Donahue	7/21	Jim Earl	8/19
Tara Smith	7/24	Brenda Ireland	8/19
Ed Dodzian	7/29	Patricia Mozgala	8/19
John Dybus	7/30	Martha Conrad	8/21
Marvin Yokum	7/30	Richard Dickey	8/21
		Bryan Swann	8/21
		Dawn Remus	8/24
		Greg Dostall	8/25
		Jon Snellings	8/25
		Helen Woodyard	8/25
		Bob Remus	8/27
		Joanie Taliaferro	8/27
		Joyce Sykes	8/28
		Carol Sawicki	8/29
		Donna Wilson	8/29
		Chuck Fahrenholz	8/30
		Wyn Flo	8/30

Please email Brenda Ireland at brenheart@gmail.com if your birthday is not listed or if you would prefer that your birthday **not** be listed

New MEMBERS

Teresa Love Kay from Savannah, TN
Becky Thomas and Bob Seamans from Roswell, Georgia
Patrick and Susan Leininger from Washington DC
Dan & Gail Miller, returning members

A BIG Welcome to all!!!

Contacts and Contributors

Officers, Directors, Activity Chairs and Committees

Officers	Position
Carol Hoover	President
Joe Paussa	Vice President
Vince LeGrand	Treasurer
Brenda Ireland	Secretary
Dianne Straley	Past President
Directors	
Mary Bucy	
Shari Kidd	
Adra Kryszczuk	
Dale Pfingst	
Activities	Chair
Book Club	Mary Bucy and Donna McDermott
Bowling	Vince LeGrand
Bridge	Gloria Berg
Charity Coordinator	Joe Paussa
Coffee & Conversation	Sheri Binning
Dominoes	Bob Jones, Cheri & Ed Stewart
Events Committee	Francine Gissy (chair), Dottie Demarest, Cindy Donahue, Mary Ellen Glover, Shari Kidd, Patsy Lang, Kevin McCutcheon, Haydee Pujdak, Audrey Rozzelle, Sharon Snelling and Dianne Straley.
Daytime Canasta	Chris Beckom, Hedy Paussa
Games Day	Haydee Pujdak
Games Night #1	Shari Kidd, Martha Conrad
Games Night #2	Lori Gervasio, Shari Kidd
Items of Interest	Bob Jones
Historian	Connie Yokum
Hospitality	Michele LeGrand, Carol Sawicki
Lunch out	Chuck Bethany
Mah Jongg	Dianne Straley
Members Helping Members	Betty Schwartz, Christi Austin
Newsletter Editor	Brenda Ireland
Programs	Dianne Straley
Publicity	Denise Bukovan
Rummikub	Michele LeGrand
Shooting Practice	Vince LeGrand
Charities	Joe Paussa
Sponsors	Dale Pfingst
Webmaster Team	Greg Gervasio, (site), Adra Kryszczuk (calendar) and Michele LeGrand (roster)



....and last, but NOT least....a closing thought....

"To succeed in life you need three things: a wishbone, a backbone, and a funny bone"