



NEWCOMERS OF CATAWBA VALLEY
2425 North Center Street #169, Hickory NC 28601
www.newcomersofcv.com

August 2017

President's Column

Hello Newcomers,

At our last meeting several members mentioned to me how impressed they were with the wide variety of interesting activities and meeting programs we are doing. If you were at the last program and meeting on July 12, you know after the hilarious and informative presentation by Dr. Bob Hart about Hart Square. We discussed buying the sought after tickets as a group for the one-day festival on Saturday Oct 28. Dianne Straley will send out an email on September 1 announcing the details of the ticket purchase. This will be a real treat so mark your calendars.

During the open mic section of our meeting, we heard members speak about our Blowing Rock Homes tour, a trip to Greenville, SC for the best view of the total solar eclipse on August 21st and a Seaplane Fly-In on Lake Hickory on Saturday, Oct 7th.

On August 26 we look forward to our annual Pool Party and pot luck dinner, yum. Our August 9 general meeting and program will be about aging issues - falls, strokes, heart attacks and what we should do until the EMTs get there. Talk about variety!

When you hear about this list and consider that each and every day our members have opportunities to meet with others, laugh, share and throughout the month play Bridge, Canasta, Dominoes, Rummikub, Mah Jongg, target practice, discuss books and dine out together. As a volunteer based organization I am also impressed with our club members and our many volunteers that help organize activities. Yes it's true as many members have told me, we are very lucky to have this amazing club.

Carol Hoover
President,
Newcomers Club of Catawba Valley



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Officers

President –
Carol Hoover

Vice President –
Joe Paussa

Treasurer –
Vince LeGrand

Recording Secretary –
Francine Gissy

Past President-
Dianne Straley

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Adra Kryszczuk

Carole Reising

Shari Kidd

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Reese

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Book Club –
Sue Asp, Betty Schwartz

Bowling –
Vince LeGrand

Bridge –
Gloria Berg

Dominoes –
Cheri & Ed Stewart

Canasta –
Chris Beckom,
Brian Hoover, Hedy
Paussa

Charity Coordinator–
Joe Paussa

Coffee & Conversation
Sheri Binning
Games Nights–
Shari Kidd

Games Day-
Lori Gervasio

Items of Interest –
Bob Jones

Hospitality –
Michele LeGrand, Carol
Sawicki

Lunch Out –
Chuck Bethany

Mah jongg –
Dianne Straley

Members Helping
Members –
Betty Schwartz

Rummikub –
Michele LeGrand

Shooting and Bowling –
Vince LeGrand

Events Committee -
Carol Hoover, Dianne
Straley, Dottie Demarest,
Cindy Donahue, Patsy
Lang, Kevin McCutcheon,
Haydee Pudjak, Audrey
Rozzelle and Sharon
Snelling

Web Team –
Brian Hoover,
Adra Kryszczuk,
Michele LeGrand

Happy Birthday to Our Members

August		September	
Donna Major	08/02	Joe Strickland	09/01
Suzie Matthews	08/02	Cherie Stewart	09/06
Phyllis Kane	08/04	Ed Stewart	09/06
Dennis Chalk	08/06	Lisa Travis	09/07
Mike Tarnowski	08/06	Beth Osbahr	09/08
Bob Wolgemuth	08/06	Bob Dennis	09/09
Josette Kippenhan	08/10	Rob Herman	09/11
Pett Brands	08/12	Elizabeth Strickland	09/13
Jim Earl	08/19	Adra Kryszczuk	09/14
Brenda Ireland	08/19	Therese Winslow	09/14
Patricia Mozgala	08/19	Paige Straley	09/16
Martha Conrad	08/21	Hazel Benau	09/17
Richard Dickey	08/21	Jane Duralia	09/17
Bryan Swann	08/21	Deborah Godwin	09/17
Dawn Remus	08/24	Richard Wagman	09/17
Greg Dostall	08/25	Carole Reising	09/19
Jon Snellings	08/25	Dolores Tarnowski	09/20
Helen Woodyard	08/25	John Schafer	09/23
Bob Remus	08/27	John Bates	09/24
Joyce Sykes	08/28	Haydee Pujdak	09/25
Carol Sawicki	08/29	Mary Bucy	09/26
Donna Wilson	08/29	Lynne Montgomery	09/26
Chuck Fahrenholz	08/30	Joanne Colton	09/28
Wyn Flo	08/30	Francine Gissy	09/28
		Ron Glover	09/29

Please email Susan Reese at sereese62@gmail.com if your birthday is not listed or if you would prefer that your birthday not be listed.

General Meeting and Program 10:30 a.m. Hickory Airport

Our **August** speaker will be Sharon Smith RN, MSN. Sharon is a wellness nurse, will who talk about health issues facing seniors at our General Meeting, on **August 9th**, 10:30am at the Hickory Airport at the monthly meeting of Newcomers of Catawba Valley. Smith works at Catawba Valley Medical Center's Health First program. She teaches CPR and first aid classes. Her talk at will also advise people what to do for a victim until EMTs arrive.

The presentation is open to the public.

Newcomers meets at Hickory Regional Airport, 3101 9th Avenue Drive NW.



Maureen Jones

Newcomers said goodbye to Maureen on June 29, 2017. Maureen was an active, long-time member of the club along with Bob, her husband of almost 50 years. From the time they joined the club, she was involved. Maureen was instrumental in getting the "Food for Thought" program going. She and Bob were, for a couple of years, running the Evening Social Committee, helping to set up the monthly events in people's homes. You would regularly see Maureen's smiling face at the Coffee and Conversation venues - she always had something to say! For a couple of years, they were the couple who scheduled Newcomers' Lunch Out, but Bob would tell you, "Ask Maureen!" Most recently, Maureen and Bob had taken on the responsibility of running the club's Dominoes games when that activity was moved from a private home to the Hickory Airport.

Maureen had great organizing skills and had, for the past few years, kept track of the club's vast supply of products needed for the many social events hosted by our members. Many of us fondly recall Maureen preening over winning at Dominoes at Shari Kidd's kitchen table - and she did win often! Also, Maureen's desserts at Dominoes and the many social events she and Bob attended are legendary. Her recipes live on in many of our member's homes. Maureen would have been 70 on August 4th. She is survived by her husband Bob, two sons, Steven, with granddaughters Madison and Delaney, and Scott, with wife Jill, and grandchildren Gavin and Ella and her special rescue dog, Precious. She will be missed by us all and we wish Bob hope and healing in the days ahead.



We wish Joe & Shirley Strickland all the best, as they say "Hello Charlotte" and "Farewell Hickory"



Neighbors and bridge players said goodbye to Joe and Shirley Strickland at a pot luck luncheon at the home of Kathy and Mike Rozea. The Stricklands are moving back to Charlotte after 10 years in Hickory. Both were very involved in the Newcomers' bridge clubs and they were always fun to play cards with. They are moving to a senior living community where they can continue their bridge playing and a variety of other activities. They will be missed!

NCV Schedule
Weekly

Every Tuesday afternoon (1:30-4) and Friday morning (10:30-1) – Mah Jongg
Every other Thursday (approximately) – Bowling (6:30-9:30) [September thru April]

Monthly

- 1st Monday - Daytime Bridge (1-4 p.m.)
- 1st Tuesday – Night Dominos (6-10 p.m.)
- 1st Wednesday - Daytime Bridge (1-4 p.m.)
- 1st Thursday – Day Games (11:30 a.m.-3:30 p.m.)
- 2nd Monday - Daytime Bridge (1-4 p.m.)
- 2nd Tuesday - Night Shooting (6:30-8:00 p.m.)
- 2nd Wednesday - Daytime General Meeting (10 - 11:30 a.m.)
- 2nd Wednesday - Games Night #1 (6-10 p.m.)
- 2nd Thursday - Day Lunch Out (11:30 a.m.-1:30 p.m.)
- 3rd Monday - Daytime Bridge (1-4 p.m.)
- 3rd Tuesday - Night Rummikub (6-10 p.m.)
- 3rd Wednesday - Daytime Bridge (1-4 p.m.)
- 3rd Thursday Daytime Canasta (11:30 a.m.-3:30 p.m.)
- 4th Wednesday - Daytime Board Meeting (10 a.m.- noon)
- 4th Wednesday - Book Club (1:30-3:30) [*except November - 3rd Wednesday*]
- 4th Wednesday - Games Night #2 (6-10 p.m.)
- 4th Thursday - Daytime Shooting (noon- 2 p.m.)
- 4th Friday - Daytime Coffee and Conversation (2-4 p.m.)

Note from the President:

Events at the Hickory Airport

I am pleased to report that the Hickory airport has been very responsive to our recent requests for more tables, a screen for presentations and allowing us to add a second storage cabinet for our games supplies at no cost. We use this same location often and storing all of our games material there is super helpful so our coordinators don't have to haul them around town.

The airport charges \$75 for the use of the room. We have the option to pay for the room by collecting funds per person from those attending events to pay for the room rental. Or we may purchase a meal from Cross Wind Café instead of paying rental costs if we have a minimum of 15 persons purchasing the meal. While we admit it's not a fine dining establishment, we have opted for the purchase of meals so that members at least get something for their payment, and enjoy each other's company while eating, and members don't have to prepare or pay to eat out before coming for games events, and then still need to pay for the room rental. We understand some members might not want to purchase the meal on any particular date so we charge for the room so that all members attending help contribute collectively to the rental of the room.

We have been working on a meal rotation so the same meals are not repeated back to back by different coordinators. We are also working with Cross Wind Café to identify meals our members enjoy and those we wish to take out of the rotation. We are currently offering the following:

Daytime Canasta - entrée, sides, drinks and desserts for \$10.
\$5 rental fee if not having the meal.

Dominos - entrée, sides, and drinks with members bringing desserts \$7.00.
\$3.00 rental fee.

Games Nights - entrée, sides, & drinks & members bringing desserts \$7.00.
\$3.00 rental fee.

Games Day - light meal of sandwiches with salad or soup, no dessert \$5.50.
\$3.00 rental fee

The board is actively seeking other venues for our events. While it's helpful to have our games events at the Airport because we store a large quantity of equipment in our locked storage cabinets, we do not have the same constraints for other socials or our general meeting. The board is seeking information about other venues that provide food and some that will allow us to rent for a small fee, and bring our own food and drinks for pot luck socials. Watch for a special general meeting location this coming October 11 in Asheville at the Governor's Western Residence!

If you live in a community with a clubhouse that might be available to us with your help or have other ideas about venues across our area, please let me know.

Thank you. Carol Hoover, President



Sponsor Spotlight

Here is another in the series of articles on the sponsors who support Newcomers of Catawba Valley -- a reminder to our members to check the sponsor page **first** when you need a service. You will find Sponsors listed under the 'About Us' tab on the Newcomers website.

Edward Jones / Chad Burel. Chad is another super-involved member of Newcomers. As an Edward Jones financial Advisor, he believes it's important to invest his time to understand what you're working toward before you invest your money. It's also important to understand the level of risk you're comfortable accepting when investing so he can balance it with the steps necessary to reach your long-term goals. Whether you're planning for retirement, saving for college for children or grandchildren, or just trying to protect the financial future of the ones you care for the most, he will work together with you to develop specific strategies to help you achieve your goals. He will also monitor your progress to help make sure you stay on track or determine if any adjustments need to be made. Throughout it all, he is dedicated to providing you top-notch client service

When you click on any sponsor's ad, you will automatically be taken to that sponsor's web page. I also want to remind you that if you use one of our sponsors, *please* make sure to thank them for sponsoring the Newcomers of Catawba Valley.

Adra, for the Web Team

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Catawba Valley Newcomers Quarterly Charity - July through September

Exodus Homes

Helping people break out of the bondage of destructive lifestyles, addiction and incarceration.

Exodus Homes is a faith-based United Way agency, offering transitional and permanent supportive housing for homeless recovering addicts, alcoholics, and formerly incarcerated people returning to our community from treatment programs and prison. Exodus Homes has a comprehensive array of services to meet the physical, emotional, and spiritual needs of our residents. Exodus Homes currently has 62 beds with 8 program locations. We have four major programs: **Supervised Independent Living * Prison Ministry and Post Incarceration Aftercare * Family Preservation and Family Reunification * Exodus Works Social Enterprises.**

There is an extensive list on their website (*see the 'Charities' tab on the Newcomers webpage*) but the major items we can provide are:

Clothing in good condition, including X-large sizes for men and women	Dishes, silverware, cups, glasses, pots, pans, other kitchen items, etc.	Welcome packets with personal hygiene items for men and women
Household items of all kind in good condition	Recreational equipment/games/board games	Linens, pillows, comforters for beds
Laundry detergent and bleach	Bibles and inspirational materials	First aid supplies
Cleaning supplies	Latex gloves	Office supplies
Audio cassette players	Basketballs, footballs	Magazine subscriptions
Outdoor play equipment	Toys	Seasonal decorations

Exodus Homes also accepts household furnishings, appliances, vehicles in fair condition, electronics, TVs, VCRs and DVD players. Bring your donations to club events or to their home office at 122 8th Ave. Dr. SW or call 828-324-4870 for pick-up. And, of course, tax deductible donations (money) in any amount.

Upcoming Events

Blowing Rock Art in the Park Trip – Saturday August 12



If you have never been to Art in the Park or Blowing Rock, you are in for a treat! You are invited to join us for a day trip to explore downtown Blowing Rock and enjoy their Art on the Park event. Here is a link to the web site <http://blowingrock.com/artinthepark/>. Enjoy a day with new friends exploring, talking, shopping and dining.

We will meet at the Hickory Airport to carpool at 9AM. With plans to park at the Wallingford Street parking deck. I plan to leave Blowing Rock after lunch however some may wish to stay longer or explore the area on their own. Cone Manor off the nearby Parkway is worth seeing as well as the famous Blowing Rock itself. Another option is to park at the Tanger Outlet Mall in Blowing Rock and take the shuttle bus that runs every 20 minutes from that parking lot. There is a lot to do in Blowing Rock! Here is a link to some of the artist work that will be on display. Special Artist: Jewelry artist Julie Simon of Jewels by Julie <http://jewels-by-julie.com>.

Please RSVP by no later than Wednesday Aug 9th let me know when you sign up if you want to car pool, can drive others or will drive yourself. Thank you.

Dottie Demarest at fallintoabook@mac.com

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Dominoes



The games are held at the Hickory Airport, on the first Tuesday of the month at 6:00 p.m., **August 1st**. Crosswind Cafe caters dinner, for \$7 per person. Deadline for making reservations is 6:00 p.m. on Sunday night! Once you make your reservation, you will be obligated to pay for your meal--whether you attend or not! We will be playing "Chicken Foot." There will be a learning table for those of you who want to learn, or brush up on your skills.

Please R.S.V.P. to, Bob Jones at itsmerbj@charter.net.

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Games Day

Join us for a light lunch and games on **Thursday, August 3rd , at 11:30 a.m.** at the Hickory Airport for Canasta, Rummikub, Dominoes, Euchre, Pinochle, Mah Jongg or other games suggested by members. Cost will be **\$5.50** for a light lunch. No desserts are offered or required however members may choose to bring a dessert to share if they desire. If a member cancels after the deadline they are still expected to pay for the meal that had been ordered.

Please R.S.V.P. to **Lori Gervasio** at ljgerv@yahoo.com

Lunch Out



Back by popular demand, the August Newcomers Monthly Lunch Out will feature a "road trip" to Rutherford College, where we will feast at the famous JD's Smokehouse. If you have not experienced their BBQ, you have missed one of the very best in the area. The restaurant is located at 500 Malcolm Blvd, in Rutherford College (across from SECU). (Note, my GPS sometimes says Connley Springs but it's the same place.) Please review their website (www.jds-smokehouse.com) for their yummy choices and be ready to chow-down on **August 10, 2017**. For those who have not eaten at JD's before, you need to order and pay as you enter the restaurant and then you go find a table. Because the restaurant is very popular and only open Thursday thru Saturday and does not accept reservations, our group needs to take a little different approach to our Monthly Lunch Out. JD's opens at 11:00, **so we need to assemble our group at 11:00** and we will go through the line at 11:15 so that we can try to beat the lunch crowd and get one of the larger seating areas. Because of the crowds, late stragglers may not be able to sit with the main group so please try to arrive before 11:15. Please send your **R.S.V.P.** to bethanycw@charter.net by noon on August 7 so that I can remind the restaurant that we are coming. Because this location may be a problem for some to get to, let me know if you have space available to car-pool or if you need a ride to the restaurant. For a more casual and scenic drive you may want to try NC 70 rather than I-40. I hope you will join us and enjoy great BBQ, company, conversations, and help support one of our great local restaurants. See you soon.

Chuck Bethany



Games Nights

Wednesdays, August 9th and August 23rd, 6:00 p.m. – 10:00 p.m.

Hickory Regional Airport, 3101 9th Avenue Drive Northwest, Hickory, NC 28601

We are looking forward to seeing everyone at one or both of the game nights this month, so come eat dinner and play the game of your choice. We offer Rummikub, Canasta, Mah jongg, Dominoes, and new this year Pinochle and Euchre. Get your group together or just come on out and try a new game. Please note on your R.S.V.P. the game you wish to play. Play includes a catered dinner, cost is **\$7**. We must pay the caterer for each meal ordered, so if you make reservations and do not cancel before the indicated deadline you still must pay the charge!

BTW: We are looking for people that want to play SPADES ♠ AND HARTS ♥
R.S.V.P. to Shari Kidd at kidd915sl@gmail.com.

Rummikub



Rummikub will be held at the home of **Susan Reese** on Tuesday, **August 15th**.
For more information, please check the website or contact **Michele LeGrand** at exermom@gmail.com.

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Daytime Canasta



Daytime Canasta is the **third Thursday** of each month, **August 17th**. Lunch and canasta begin at **11:30 a.m.** Lunch, dessert, beverages and an afternoon of fun-filled Canasta is \$10. If you don't want to have lunch, you can play cards and enjoy dessert and beverages for only \$5. Don't know how to play? There is always a learning table offered for those who want to learn or simply brush up on their skills. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please **call Chris Beckom on her cell A.S.A.P. at 254-285-1611**. To join in the fun, contact **Chris** at beckomgc@outlook.com.

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Mah Jongg



What is the best way to learn American mah jongg? Watch a few games and then take lessons. If you are curious about this fun game, come watch Newcomers play on the second floor of the Pinecrest retirement center, 915 29th Ave. NE, Hickory. We play at 1:30 p.m. **Tuesdays** and 10:30 a.m. **Fridays**. You will find mah jongg a good mental exercise. It is harder than canasta and easier than bridge. You do not have to remember what tiles have been played because they are right there, face up, on the table.

A bit of exciting news: Player **Virginia Charlton** earned a big recognition from our group. She completed her list of 64 mah jongg hands in less than four months. Many of us take 10 months to successfully play all 64 hands - or we never do! Congratulations Virginia!
For information about mah jongg, contact Dianne Straley at 308-4282 or dfwhit@gmail.com.

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5th Annual Newcomers Pool & Spa Party!!

Saturday, August 26th – Rain or Shine

From 5:00 PM until ???

Pics from the 2016 Party



Potluck at the LeGrand's home in Newton

More details to follow.

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(ICE CREAM) and Conversation



We will be having **Ice Cream** again in **August**. We will be going to **Lake Hickory Scuba and Marina** in Alexander County. We'll sit outside on the dock overlooking the boats and the lake. They have a very nice view there. We'll go **Friday, August 25th, at 2 pm.**

Sheri



Bridge Schedule

AUGUST

Wednesday, August 2nd
Monday, August 7th
Monday, August 14th
Wednesday, August 16th
Monday, August 21st

Carol Parker
Karen Schafer
Adra Kryszczuk
Kathy Durand
Norma Leimbach

New members: please contact **Gloria Berg** (glomcberg@hotmail.com) for details about bridge or how to be put on the substitute list.

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Bowling

Newcomers Bowling has finished for the season. It will resume in the Fall (**late September /early October**). Any member of Newcomers who would like to give bowling a try is welcome to join us. For additional information about Newcomers Bowling, contact **Vince LeGrand**, legravin@gmail.com or **828-466-8218**.

We bowl at Pin Station in Newton on Business 321 (also known as Northwest Boulevard) directly across from the Catawba County Government Complex. For more information their website is: www.pinstationbowling.com. We bowl 3 games each session and the cost is \$8.00.

We start bowling at 6:30 p.m. on every other Thursday. (There are some breaks around the holidays). They open the lanes for practice at 6:20 p.m. If you don't have your own bowling shoes and ball, rental shoes are available for a fee and balls are available for free.

We don't have teams...every bowler is his/her own team. The focus is on camaraderie and getting some exercise, not competition. We have bowlers of all skill levels.

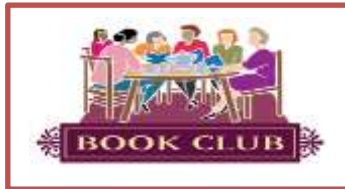
Target Shooting



There is a group of Newcomers who head out to the gun range twice a month for target shooting. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. If you are a shooter or are interested in learning to shoot, we would love to have you join us. We shoot at the **Springs Road Gun Club** on Springs Road in Hickory. Their website is www.springsroadgunclub.com. They offer gun rentals and a wide variety of training classes.

We currently shoot at **6:30 p.m.** on the **second Tuesday**, of each month, at **NOON**. This month it's **August 8th**, and at **NOON** on the **fourth Thursday**, of each month. This month it's on, **August 24th**. Contact **Vince LeGrand** for information on shooting legravin@gmail.com or **828-466-8218**.

Book Club



On July 26th, Book Club members were honored to have visiting local author Angela Pisell as their guest. Angela's novel "Love from the Inside" was the subject of discussion and it was such a wonderful experience to hear of her experiences and emotions as she wrote this very compelling book. Book Club will meet next on **Sept. 27th** at the Womens Resource Center when we will discuss "**Carolina Gold**" by Dorothy Love. *The story revolves around a southern woman who returns to rebuild her family's rice plantation after the devastation of the Civil War. She finds it in ruins, her former slaves have been freed, and she has very little money.* While this can be classified as a love story, the book does paint a vivid picture of the difficulties experienced in the south as it tried to rebuild following the war. The discussion will be led by **Betty Schwartz**.

Members Helping Members



The focus of this support group within Newcomers is to coordinate assistance for members and their immediate families who might need help due to illness, surgery, hospitalization, death, etc. Types of assistance could include hospital and home visits; help with errands and grocery shopping; transportation for shopping and doctor visits; providing books and/or reading to someone; preparing meals; sending cards, etc. The committee currently includes **Betty Schwartz**. For more information, contact Betty at bettysch69@gmail.com.



Ride Sharing

Newcomers of Catawba Valley encourages members who may be unable to attend any of our functions due to lack of ride or nighttime driving issues to notify the event coordinator or any other club member for assistance. There are members throughout the area and we are always happy to be sure everyone is able to attend our activities. It's a great way to meet members who live nearby!

Members attending events alone



Single members are always welcome at **any** Newcomer event! As a matter of fact, the club has more than 40 members who are single. We also have member that attend events without their spouse. Want someone accompany you to an event? Please contact the event coordinator or a board member; we'll connect you with others who'll be going. Please let us know how we can help you enjoy the events of your club.

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Sharing what you know



Would **YOU** like to teach a workshop? So many club members have wonderful skills to share.

Maybe you could lead a class/walk in bird identification. Maybe you could get us started on researching our family history with a genealogy workshop. Maybe we can come to your kitchen and learn how to make sushi. You have lots of skills. Let's share them.

Contact **Dianne Straley**, dfwhit@gmail.com, if you have an idea for sharing your talents.

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Items of Interest

Information **must be submitted no later than noon on Wednesday of each week**. As always, I want to hear from you if you run across any interesting things. If you aren't familiar with "Items of Interest", go to our web site for guidelines for submission rules. The web site is: newcomersofcv.com. Click on "[About Us](#)", & then on "[Items of Interest](#)". Please feel free to browse our website, and see what we have to offer! If you select our "Sponsors" page, you will see those businesses that offer us support. You can then access their web sites by clicking on their individual icons. If you respond to any of these business ads, *PLEASE* mention that you saw their ad on our website. This is how we get sponsors to continue to support us for the future.



Mary & Andy Bucy from Westminster, MD

Cathi & John Montgomery from Reston, VA

Susan Fontyn from Gaithersburg, MD