



NEWCOMERS OF CATAWBA VALLEY
2425 North Ctr. St. #169, Hickory NC 28601
www.newcomersofcv.com

July 2016

Officers

President –
Carol Hoover

Vice President –
Monty Matthews

Treasurer –
Vince LeGrand

Secretary –
Pam Moody

Past President-
Diane Straley

Directors
John Bates
Adra Kryszczuk
Bob Jones
Shari Kidd

Chairpersons

Book Club –
Sue Asp,
Betty Schwartz

Bowling –
Vince LeGrand

Bridge –
Gloria Berg

Canasta –
Margaret Clayton,
Martha Conrad, Joyce
Dennis

Charity Coordinator–
Joe Paussa

Coffee & Conversation
Sheri Binning

President's Message

Hello Newcomers,

Thanks to you, our club is thriving. In 2016, we have had a record number of new members join. Some of our members have moved here within the last year while others have lived here for 60 years. We welcome all to come, join and play with us.

We now have 233 members. Our club reaches members that live all across the area including Hickory 136, Granite Falls 28, Taylorsville 19, Newton 7, Conover 6, Hudson 4, Valdese 2, Mooresville 2 and one member even lives in Florida and enjoyed one of our game nights in May.

Did you know when our club started it was only women? A sign of the times back then. Men now are important members regularly participating in activities such as tours, Canasta, Rummikub, Dominos, shooting, bowling, hiking, lunch out, coffee and conversation, theater, music and trips.

We are very lucky to have a vibrant club with caring and fun members. There is strong research that says staying active and having social connections helps us stay healthy. I hope you will enjoy the special events we have planned this month, as well as our ongoing monthly and weekly activities. A quote from Henry Cloud: "If you want to become healthy, you have to surround yourself with a group of people that are getting healthy, and you have to be connected to a community that is doing what you want to do."

Thank you to all of the newcomers for your participation and for making our club special.

Carol Hoover
Newcomers President



Evening Socials
Shari Kidd

Game Nights–
Shari Kidd

Items of Interest–
Bob Jones

Hospitality –
Michele LeGrand,
Carol Sawicki

Lunch Out –
Chuck Bethany

Mah Jongg–
Dianne Straley

Members Helping
Members –
Betty Schwartz,
Kay Norusis

Shooting and Bowling–
Vince LeGrand

Mexican Train –
Shari Kidd

Special Events –
Shari Kidd

Rummikub–
Michele LeGrand

Busy Hands–
Collette Wronek

Web Team –
Brian Hoover,
Adra Kryszczuk,
Michele LeGrand

In memory of our Newcomer member Al Beck

Newcomers of Catawba Valley said goodbye to our member Al Beck on June 4, 2016. Our hearts are sad and our thoughts are with his loving wife Barb, their children Christine, Daniel (wife Bridget), and Emily and his precious granddaughter Elin. Al was active member of Newcomers Club and he is seen smiling in photos of several holiday parties, fall socials, Putting on the Ritz special event and dressed up at a Halloween party. Al even helped the magician at 2014 Holiday party with his magic. Many newcomers will have happy memories of Al while touring Latta Plantation, and cheering on teams at the Super Bowl tailgate gate party and Crawdad Game. Al, who had ALS, cheered on several of our members who volunteered to have buckets of icy water dumped on their heads at an ALS fundraiser at the airport. Barb and Al moved to NC in 2010 after Al retired from a successful career with the IRS after his service to his county. Al loved cars and auto racing. He was an avid Chicago Bears fan and enjoyed listening to the oldies. He liked boating on the lake and traveling was one of his passions. He loved to cook and was active in his church. We miss Al and applaud his spirit and love of life. We wish our member Barb strength in the days ahead.



Happy Birthday to Our Members

July	August
6 – Rose Arant 9 – Bob Williams 11 – Barbara Womack 15 – Kitty Clark 15 – Terry Yow 16 – John Major 19 – James Earl 21 – Cindy Donahue 28 – Jane Woodward 30 – Marvin Yokum	2 – Suzie Matthews 2 – Donna Major 4 – Maureen Jones 4 – Phyllis Kane 6 – Charles “Bob” Wolgemuth 7 – Edward Stewart 10 – Josette Kippenhan 10 – Pam Moody 12 – Pettway Brands 13 – Thomas Jacquot 19 – Patricia Mozgala 21 – Richard Dickey 21 – Martha Conrad 21 – Bryan Swann 23 – Melrose “Mel” Wagner 25 – Helen Woodyard 25 – Jon Snellings 28 – Joyce Sykes 29 – Donna Wilson 29 – Carol Sawicki 30 – Chuck Fahrenholz 30 – Wyn Flo

Please email Pam Moody at moodmom@charter.net if your birthday is not listed or if you would prefer that your birthday not be listed.

General Meeting and Program Wednesday July 13, 2016 10:30 a.m. Hickory Airport

Physician Assistant program

Lenoir-Rhyne University is taking a major step forward in its health science department with the start this year of a physician assistant program.

You can hear its founder, professor Richard Ball, talk about the new program at our next monthly meeting, Wednesday, July 13.

Our meeting starts with a coffee and snacks at 10:30 a.m. at Hickory Regional Airport, 3101 9th Ave. Dr. N.W., about a half-mile from the Crawdads' stadium.

More than 30 students are enrolled in the 27-month program, which awards a master's of science degree in Physician Assistant studies. It has an provisional accreditation and a capacity of 48 students.

Dr. Ball has 35 years' experience as a practicing physician assistant, chiefly in emergency medicine. He was an Air Force medical corpsman during the Vietnam War. He is chair and founding director of the LR program.



**July Evening Social
Boat Party
Saturday, July 16
Rain Date, Sun. 7/17
4:30 p.m. – Dusk**

Sign up now for the Newcomers' boat party hosted by the Schwartzs on July 16. This promises to be an evening of fun, food, and friendship as always. We currently have nine boats with captains. You must sign up now because seating is limited -- first come, first serve. We will board the boats around 4:30 p.m. for a ride on Lake Hickory. Your captain will determine the exact departure place and time. By 6:00 p.m. we will tie up in slips at the Plantation Point docks for a potluck dinner, etc. Wear your bathing suit and bring a towel if you would like to swim!

RSVP: **Betty Schwartz at 828-495-8702 or bettyesch69@gmail.com.** Be sure to sign up early as seating is limited. Boats will be captained by Hoover, Ferry, Montgomery, Laufer, Martorano, Schwartz, and Schafer. When you RSVP, please include your phone numbers (home and cell), email. You will receive an email the week prior to the party, confirming all the details.

Food: It is easiest to bring "finger foods" or "picnic style" foods. There will be limited cooler space and no way to heat anything, so plan accordingly. **Bring enough food for 12+ people.** Boat owners will provide a few simple snacks for the boat tour. Food assignments by first initial of your last name are as follows:

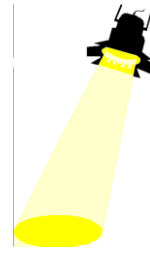
- A – I Desserts
- J – R Side Dishes
- S – Z Main Dish

Beverages: Everyone, including boat owners, must **bring ALL of your own beverages** (both alcoholic and non-alcoholic).

Paper Goods: Paper goods, eating utensils, cups, garbage bags will be provided.

Plan B: In case of inclement weather, the party will be held the next day following the same protocol.

Need to Cancel??? We anticipate a waiting list since space is limited. If you need to cancel for any reason, *please* let Betty know as soon as possible so someone else can have your spot.



Sponsor Spotlight

This is another in a series of articles highlighting the sponsors who support the Newcomers of Catawba Valley, so this is a reminder to our members to check the advertiser page first when you need a service. You will find them listed first under the Resource tab.

Tri-City Electric, rated A+ with the BBB, offers a wide range of electricity-related services from wiring during construction to snaking wires and installing new switches, outlets, and lights post construction to enhance your Hickory area home or building. Whatever your project, Tri-City Electric can help power that new kitchen or bath, relocate or expand your breaker panel, or update wiring to increase your family's safety and meet North Carolina electric codes.

When you click on any advertiser's ad, you will automatically be taken to that advertiser's web page. I also want to remind you that if you use one of our advertisers, please make sure to thank them for advertising with us.

Adra
for the Web Team



Quarterly Charity

Our new Quarterly Charity will be the Women's Resource Center. Some of their needs are

Toothbrushes
Toothpaste
Shampoo and Conditioner
Deodorant
Feminine Products
Toilet Paper
Kleenex
Dental Floss
Shaving Razer
Paper Towels

Laundry Detergent
Ajax or Comet
Toilet Bowl Cleaner
Floor Cleaner (Pine sol, Pine Powde)
Windex
Dish Soap Liquid
Paper Towels (Rolls)
Bleach
Dryer Sheets

The personal pantry at the Women's Resource Center provides women and their families with the basics that can not bbe purchased with food stamps.

Joseph M. Paussa
Cell 315-263-8229

Ride Sharing

As a group, Newcomers of Catawba County wants to encourage members who may be unable to attend any of our functions due to lack of ride or nighttime driving issues to be sure and notify the event coordinator or another club member for assistance. We have members throughout the area and we are always happy to be sure everyone is able to attend our activities. It is also a great way to meet members we who may live nearby!

Tour Sierra Nevada Brewery

You're invited to take a 90-minute, free tour of Sierra Nevada Brewery with Newcomers on Tuesday, July 26.

The good news: The brewery is located in the mountain-cool town of Fletcher, south of Asheville, about 90 minutes from Hickory.

The bad news: The tour capacity is only 20 people.

We have to check in (with a photo ID) no later than 3:45 p.m. for our 4 p.m. tour.

You can eat lunch or dinner in the brewery's taproom, either before or after the tour. The brewery has a garden, hiking trails, amphitheater, bocce courts, cornhole games, fire pit, etc.

See their website at www.sierranevada.com.

If you want to go, email tour organizer Lee Wagoner no later than July 12: leewag@charter.net.

Save the date of Saturday, Aug. 6 for a field trip to uptown Charlotte.

Longtime Charlotte residents Dianne and Paige Straley will lead the way. More details will be announced later but put the date on your calendar.

What's ahead:

- 1) carpool from Hickory
- 2) Park at a suburban light-rail stations (near Billy Graham Parkway) and ride the train to uptown. You will love the train and the chance to avoid looking (and paying) for parking in the city.
- 3) explore uptown sites or visit one of several museums...the NASCAR Hall of Fame, the Mint Museum of Craft and Design, the Bechtler Modern Art Museum, Museum of the New South. You choose.
- 4) have lunch uptown and ride the train back to your car.
- 5) return to Hickory.
- 6) those who want to stay late can catch a baseball game (vs. Norfolk) at 6 p.m. at the beautiful downtown ball park.

Game Nights

Wednesday, July 13 & Thursday, July 21 at 6:00pm, Hickory Airport

We are looking forward to seeing everyone at one or both of the game nights this month, so come eat dinner and play the game of your choice. Canasta, dominoes, rummy cube, and mahjong are regularly played. Get your group together or just come on and try a new game. Please note on your RSVP the game you wish to play. RSVP to Adra Kryszczuk adraellen@yahoo.com or call 828-324-8613

Lunch Out

Hi Folks,

The Newcomers Monthly Lunch Out for July will feature a "road trip" to the great BBQ restaurant in Rutherford College, JD's Smokehouse. If you have not experienced their BBQ, you have missed one of the very best in the area. The restaurant is located at 500 Malcolm Blvd, in Rutherford College (across from SECU). (Note, my GPS sometimes says Connelly Springs but it's the same place.) Please review their website (www.jds-smokehouse.com) for the yummy choices and be ready to chow-down on July 7, 2016. For those who have not eaten at JD's before, you need to order and pay as you enter the restaurant and then you go find a table.

Because the restaurant is very popular and only open on Thursday thru Saturday and does not accept reservations, our group needs to have a little different approach to our Monthly Lunch Out. JD's opens at 11:00, so we will assemble our group at 11:00 and we will go through the line at 11:15 so that we can try to beat the lunch crowd and get one of the larger seating areas. Because of the crowds, late stragglers may not be able to sit with the main group so please try to arrive before 11:15.

Please send your **RSVP** to bethanycw@charter.net by noon on July 1st so that I can remind the restaurant that we are coming. Because this location may be a problem for some to get to, let me know if you have space available to car-pool or if you need a ride to the restaurant. For a more casual and scenic drive you may want to try NC 70 rather than I-40. I hope you will join us and enjoy great BBQ, company, conversations, and help support one of our great local restaurants. See you soon.

Chuck Bethany

Bridge

JULY

Monday, July 4th	HOLIDAY
Wednesday, July 6th	Karen Schafer
Monday, July 11th	Pat Mozgala
Monday, July 18th	Joyce Sykes
Wednesday, July 20th	Kathy Durand



New members: please contact Gloria Berg (glomcberg@hotmail.com) for details about bridge or how to be put on the substitute list.

Coffee and Conversation

It's time for Ice Cream and Conversation! We'll go to Dianne's Dairy Center in Newton on Friday the 29th at 1 pm. They close at 2:30. Contact Sheri Binning at ronaldbinning@gmail.com

Mexican Train Dominoes



July 5 at 6:00pm

Place: Adra Kryszczuk home at 609 41st Ave Ct NW in Hickory.

Bring a snack to share and your favorite beverage, as well as \$2.00 for the Kitty.
RSVP to Adra at adraellen@yahoo.com or call **1-828-324-8613 (h)** by July 2nd.

Book Club

The Newcomers Book Club meets every other month on the 4th Wednesday of the month, at the Women's Resource Center at 1:30pm. Our next meeting will be, **July 28th** when we will meet to discuss *All the Light We Can Not See* by Richard Doerr. This book tells the parallel stories of a blind girl in France and an orphan boy in Germany during World War II and how their paths crossed. Betty Schwartz will be the moderator.

We invite anyone to come & discuss this book with us.

Daytime Canasta

Afternoon lunch and canasta will be held on **Thursday, July 28 at 11:30 am**. Canasta, lunch, dessert, and a beverage is \$10 & canasta with just dessert and a beverage is \$5. Don't know how to play. There is always a learning table if people indicate they need to brush up or learn the game. All Newcomer members, men and women, are welcome. We like to start playing the game right at noon, so please be considerate of others and get to the airport on time. If an emergency arises, please **call Martha Conrad on her cell ASAP at 828-234-8955**. To join in the fun, contact **Martha at marthaconrad@charter.net** or call her at home for more information at **828-495-4599**.

Mah Jongg



Newcomers play American mah jongg twice weekly at Pinecrest retirement center, 915 29th Ave. NE Come look over our shoulders to see if you are interested in learning this fun game. We often describe it as easier than bridge and harder than canasta.

Our games start at 1:30 p.m. Tuesdays and 10:30 a.m. Fridays.
Call Dianne Straley, 308-4282, for information.

Contact Dianne Straley, 308-4282 or dfwhit@gmail.com, with questions



Shooting and Bowling

There is a group of Newcomers who head out to the gun range twice a month for target shooting. And, in keeping with Newcomers tradition, we generally go for a bite to eat after we shoot. If you are a shooter or are interested in learning to shoot, we would love to have you join us. We shoot at the **Springs Road Gun Club** on Springs Road in Hickory. Their website is www.springsroadgunclub.com They offer gun rentals and a wide variety of training classes.

We currently shoot at **6:30 PM on the second Tuesday (July 12)** of each month and at **noon on the fourth Thursday (June 28)** of each month. Contact **Vince LeGrand** for information on shooting legravin@gmail.com or **828-466-8218**.

Bowling is taking the summer off but if you are interested in the **Newcomers Bowling League**, this fall contact Vince.

Busy Hands Activity Group

Busy Hands will be taking the summer off. You are encouraged to continue to use the Westmont Senior Center on Thursdays if you would like to do so.

Rummikub

Rummikub is taking the summer off. If any questions please contact Michele LeGrand at exermom@gmail.com for more information about Rummikub.



Items of Interest

Information must be submitted by noon on Wednesday of each week. As always, I want to hear from you if you run across any interesting things. **If you aren't familiar with "Items of Interest", go to our web site for guidelines for submission rules. The web site is: newcomersofcv.com.** Click on "**Resources**", & then on "**Items of Interest**". **Please feel free to browse our website, and see what we have to offer!!** If you select our "Sponsors" page, you will see those businesses that offer us support. You can then access their web sites by clicking on their individual icon. **If you respond to any of these business ads, PLEASE mention that you saw their ad on our website.** This is how we get advertisers to continue to support us for the future. Thanks, Bob Jones itsmerbj@charter.net

Members Helping Members

The focus of this support group within Newcomers is to coordinate assistance for members and their immediate families who might need help due to illness, surgery, hospitalization, death, etc. Types of assistance could include hospital and home visits; help with errands and grocery shopping; transportation for shopping and doctor visits; providing books and/or reading to someone; preparing meals; sending cards, etc. The committee currently includes Kay Norusis and Betty Schwartz. For more information, contact Betty at betty60@gmail.com.