



NEWCOMERS OF CATAWBA VALLEY

2425 North Ctr. St. #169, Hickory NC 28601 www.newcomersofcv.com

October 2013

Officers

President -Bob Wolgemuth

Vice President (Membership) – John Bates

Treasurer – Vince LeGrand

Secretary – Barb Beck

Directors

Past President-Kathy Rozea

Publicity – Lynne Montgomery

Programs – K. Norusis, D. Straley

Activities Coordinator - Adra Kryszczuk

Ad-Hoc -Bob Jones

Chairpersons

Book Club -S. Asp & B. Schwartz

Bowling - V. LeGrande

Bridge -Gloria Berg

Canasta – C. Reising, C. Parker, B. Schwartz

Charity Coordinator – Bates & Glover

Coffee & Conversation - S. Binning

Evening Socials – R. Wolgemuth, C. Yokum



Hello Everyone!

It's hard to believe that summer is just about over. It is time to welcome Fall into our life.

We had a great month in September which was full of activities. Thanks to Candy Sand for planning our fun day at Shelton Winery which included a winery tour, wine tasting, and a delicious lunch! We also had a great outing at Sim's Bar-B-Que on September 28. We have Murder Mystery Dinners on the agenda for October 4th and 5th. We also have BBQ/Bingo at the Rozea's home which is scheduled for October 26. We have our General meeting on October 9th at 10:00 AM at the Hickory Airport. Please always check our calendar for a full list of the activities for the month.

We are going to soon enter the holiday season. Wow, we have Halloween, Thanksgiving, and of course Christmas. Watch for emails concerning our holiday party which will take place on December 8th! It is always a very nice evening.

I hope you all have a great October and look forward to seeing you all at our events.

Bob Wolgemuth

Game Night - D. Straley, C. Knobloch

Items of Interest- Bob Jones

Historian -Kathy Rozea

Hospitality – M. LeGrand & ME Glover

Lunch Out – Marianne Merrill

Mah Jongg -Sonja Bridgwood

Members Helping Members -B. Schwartz

Men's Activities - Vince LeGrand

Mexican Train -S. Kidd & C. Parker

Special Events - C. Sand & V. Pray

Webmaster – Gary Schwartz

Happy Birthday to Our Members:

October	November		
3 - Zig Kryszczuk 3 - Edward Sawicki 6 - Benny Eanes 13 - Linda Monroe 14 - Rege Duralia 21 - Shari Kidd 23 - Nancy Moses 27 - Connie Yokum 28 - Shirley Moore	3 - Dick Martin 6 - Bob Kidd 7 - Pat Connor 9 - Karen Catel 10 - Jeannette Masterson 11 - Phil Norusis 19 - Eric Cody 27 - Kathy Rozea		

Please email Barb Beck at <u>ahbbjb@aol.com</u> if your birthday is not listed.









October 2013								
Sun.	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.		
		1	2	3	4	5		
		6:30 pm Mexican Train	1:00 pm Bridge 7:00 pm Bowling	11:30am Lunch at Bistro Roca	10:30 am MahJongg	Murder Mystery Dinners		
6	7 10:00 am Busy Hands 1:00 pm Bridge	8 6:30 pm Rummikub 6:30 pm Shooting	9 10:00 am General Meeting	10	11 10:30 am MahJongg	12		
13	14 1:00 pm Bridge	15	16 1:00 pm Bridge 7:00 pm Bowling	17 6:00 pm Game Night	18 10:30 am MahJongg	19		
20	21 10:00 am Busy Hands 1:00 pm Bridge	22	23 10:00 am Board Meeting 1:30 pm Book Club	24 11:30 am Lunch/Canasta 12:00 pm Shooting	25 10:30 am MahJongg 2:00pm Coffee & Conversation	5:30pm BBQ/Bingo at Rozea's		
27	28 6:30 pm Bridge	29	30 7:00 pm Bowling	31				

GENERAL MEETING/WELCOME COFFEE

Our next **General Meeting** will be on **October 9th** at **10:00 am** at Crosswinds Café inside the Hickory Airport. Our speaker will be Yueling Yu, a local Tai Chi instructor. Tai Chi is a traditional Chinese mind-body exercise consisting of intricate exercise sequences designed for relaxation, balance and health. It has a long history in China and is now practiced throughout the world, often recommended as a means to lower blood pressure, reduce stress and ease tension.

Yueling Yu was born in China and developed an interest in martial arts at a young age. She moved to the United States in 2001 and has taught Tai Chi in Hickory since 2005.

The 4th quarter charity is the Alexander County Domestic Violence Center in Lenoir. Their needs are the same as for all women and children's shelters. Paper towels, toilet paper, diapers, toothpaste and toothbrushes, hair brushes, shampoo, conditioner, laundry detergent, dish detergent and also \$10 Wal-Mart gift cards would be very much appreciated. They are also setting up a new area to distribute clothing in good condition for women and children. I'll check on items they specifically need for Thanksgiving, and at Christmas, they have an Angel Tree and I will bring some of those requests to our general meeting in December. Needed items can be brought to the general meeting. Thank you for your support in helping this charity.

WEEKLY ACTIVITIES REPORT

My thanks to everyone for keeping me up-to-date on the items to be added to our club activities calendar on the web site. I consider my job a work in progress, so please bear with me. The web calendar is always as current as the information provided. You can see the full details of each activity by clicking on the title. You can also print a weekly or full monthly list of the activities for future reference. To all committee heads: please continue to provide me with current information relative to dates, places and time of your activities. This ensures that our members have immediate access to the most current information. Thank you so much! I welcome your comments and suggestions for improvement. Adra Kryszczuk - adraellen@yahoo.com

EVENING SOCIALS

October 4-5 - Mystery Dinners

October 26-BBQ & Bingo at the Rozea's

5:30 Social, 6pm Dinner, 7pm BINGO. Prizes awarded for winner of each game. Looking for 2 or 3 couples to help out on that evening. Call Kathy Rozea if you can help: 828-495-7939 or email: krr510@yahoo.com. Thanks.

November -omitted

December 8-Holiday party Crown Plaza Newton Room in Piedmont Bldg. 6:00 pm

January OPEN

February 22--Gala chaired by Kay Norusis

March-out to eat at a local restaurant

If you have any suggestions for January, please let Connie Yokum <u>cyokum@charter.net</u> or Robyn Wolgemuth <u>wolgemuth@embargmail.com</u> know. We appreciate it.

COFFEE AND CONVERSATION

Once a month, Newcomers meet, usually in the afternoon, to share a beverage and just chat. Watch your email for news on the October 25 gathering. For more information, contact Sheri Binning. ronald.binning@gmail.com

LUNCH CLUB

October's lunch will require a drive up to Blowing Rock. We will have our lunch on **October 3** at Bistro Roca. The restaurant has asked me if we can arrive at **11:30** instead of 11:45. On Trip Advisor it is ranked #4 of 39 restaurants in Blowing Rock. We had a Newcomer's lunch there over a year ago and I think we all enjoyed our drive and lunch up to beautiful Blowing Rock. RSVP to Marianne Merrill. merrill marianne@yahoo.com

CANASTA

Do you want to learn how to play canasta? On our regular "canasta Thursday," we have a table set up to help new players learn the rules of the game. Haven't played in a long time? You can also take advantage of the "learning table" to brush up on your playing. This month's canasta and lunch at the Hickory Airport will be on **Thursday, October 24 at 11:30 am**. Lunch and canasta is \$10 and canasta only is \$5. For more information or questions, please contact Carole Reising at creising@embarqmail.com

NEWCOMERS DAYTIME BOOK CLUB

The next book club meeting will be <u>Wednesday</u>, <u>October 23 at 1:30 pm</u> at the Women's Resource Center. Our book for discussion will be *John Adams* by Pulitzer Prize winning author David McCullough. The book follows the life of the first Vice-President and second President of the United States, friend and foe of such American luminaries as Benjamin Franklin and Thomas Jefferson.

It's also book selection time! At the October discussion, we will be looking for book suggestions for our next readings as well as asking for volunteers to make the final selections. Sue Asp will be coordinating the selection process and we will need two to three people to assist her. We'll also finalize plans for the December meeting date at our October meeting. Contact Betty Schwartz for more information bettysch69@qmail.com

GAME NIGHT

The next Game Night will be **October 17 the Hickory Airport at 6:00 pm**. Come join us, bring a friend, have dinner and play a game of your choice. Since we have to commit to a number for dinner, all no shows will be responsible for paying for their reserved meal. An email will be sent out each month with the cost and menu for dinner. For information, contact Dianne Straley or Cathy Knobloch.

MAHJONGG

Daytime MahJongg is on Friday mornings @ 10:30 at Bistro 127. Please contact Sonja Bridgwood for more information or if interested in learning how to play. This is a fun, fast-paced game.

BRIDGE

OCTOBER SCHEDULE Wednesday, Oct. 2nd Monday, Oct. 7th Monday, Oct. 14th Wednesday, Oct. 16th Monday, Oct. 21st

Evening Bridge Monday, October 28th @6:30 p.m.

New members: please contact Gloria Berg (gloridge.) for information about bridge.

MEN'S ACTIVITIES (though not limited to men)

We are still holding our two shooting sessions a month in spite of the ammunition shortage. Join us on Tuesday, October 8 at 6:30 pm or Thursday, October 24 at 12:00 pm.

The Newcomers Bowling League starts on Wednesday, October 2. Contact Vince LeGrand for information on shooting or bowling. legravin@gmail.com

MEXICAN TRAIN DOMINOES

Tuesday, October 1, 6:30 p.m.

Please bring a snack to share and your favorite beverage as well as \$2.00 for the kitty. RSVP by Monday, Sept 30: Carol Parker carpark41@yahoo.com

Place: Shari Kidd's home at 5495 Gunpowder Drive, Hickory, NC 28601

RUMMIKUB

Rummikub will be held at the home of Diane Hain on **Tuesday, October 8 at 6:30 pm**. Please let her know by Friday, October 4, if you will be able to attend so she can make the necessary arrangements. You can call her at 828-234-6182 or email her at msdchain@gmail.com

Thank you, Diane, for hosting! Please think about hosting on November 12. See ya'll there!

BUSY HANDS

This handwork group will meet the first and third Mondays of each month at 10:00 am at Habitat for Humanity. Bring any handwork including knitting, crocheting, tatting, embroidery, scrapbooking, beading, etc. Any kind of handwork you can carry with you! Coffee will be provided and everyone is welcome. Contact Collette Wronek at sewalot38@hotmail.com or 704-530-1767.

ITEMS OF INTEREST

Information <u>must</u> <u>be</u> <u>submitted</u> <u>by</u> <u>noon</u> <u>on</u> <u>Wednesday</u> <u>of</u> <u>each</u> <u>week</u>. As always, I want to hear from you if you run across any interesting things. If you aren't familiar with "Items of Interest", go to our web site for guidelines for submission rules. The web site is: newcomersofcv.com

Once at this site, you will need to click on "Resources", & then click on "Items of Interest".

Please feel free to browse our website, and see what we have to offer!! If you select our "Sponsors'" page, you will see those businesses that offer us support. You can then access their web sites by clicking on their individual icon. If you respond to any of these business ads,

PLEASE mention that you saw their ad on our website. This is how we get advertisers to continue to support us for the future. Thanks, Bob Jones itsmerbj@charter.net

MEMBERS HELPING MEMBERS

The focus of this support group within Newcomers is to coordinate assistance for members and their immediate families who need help due to illness, surgery, hospitalization, death, or other problems. The committee contacts any recommended member to get approval before offering member support and to identify the type of assistance needed. Once specific assistance is identified and approved by the family, the committee sends out requests to the membership.

Types of assistance include hospital and home visits; help with errands and grocery shopping; transportation for shopping and doctor visits; providing books and/or reading to someone; preparing meals; sending cards, etc. Monetary donations are excluded. Newcomer members may contact any committee person. The committee currently includes Betty Schwartz (chairperson), Carol Parker, De Martin and Sonja Bridgwood.

"WANTED" - Advertisers for our Website

If you know of any business or service company that would like to link up with our website as a sponsor, please notify Bob Jones. The ads run for twelve months after signup which can be at any time during the year. Thank you.

Sim's BBQ





